



“Groceries to Go”

Senior Services of Alexandria is pleased to announce the addition of our newest program, Groceries to Go, a grocery delivery service available to seniors living in the City of Alexandria. This program is an important addition to SSA’s larger Senior Nutrition Program and complements SSA’s mission *to foster independence and self-sufficiency, enabling seniors within the City of Alexandria to age with dignity.*

To be eligible you must:

- Be a resident of the City of Alexandria
- Be at least 60 years old
- Have a debit, credit, or EBT card
- Have difficulty shopping on your own



Highlights of the program include:

- No delivery fee.
- No minimum order required; however, a maximum may apply.
- Groceries are delivered every other Thursday.
- Groceries are ordered based off of *your personal shopping list*.
- We ask that you be available to accept the groceries between 10:30 a.m. and 12:30 p.m. on the grocery delivery day.
- Our volunteers deliver all groceries to your home and into your kitchen, and if requested to do so, will put groceries away and loosen lids as needed.

Seniors interested in this program may contact SSA directly by calling (703) 836-4414, x119 or by emailing: groceries@seniorservicesalex.org

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