

ALEXANDRIA FIRE DEPARTMENT
2016 Candidate Physical Abilities Schedule

Please Read This Carefully Note the Sunday Date

Date	Time	Session Type	Time by Last Name Initial
Wednesday, March 9	17:00 – 21:00	Orientation 1	Open to All
Saturday, March 12	08:00 – 12:00	Orientation 2	Open to All
Wednesday, March 16	17:00 – 21:00	Orientation 3	Open to All
Saturday, March 19	08:00 – 12:00	Orientation 4	Open to All
Wednesday, March 23	17:00 – 21:00	Conditioning	Open to All
Wednesday, March 30	17:00 – 21:00	Conditioning	Open to All
Sunday, April 3	08:00 – 12:00	Conditioning	Open to All
Wednesday, April 6	17:00-21:00	Mandatory Timed Run Through	TBD
Saturday, April 9	08:00 – 12:00	Mandatory Timed Run Through	TBD
Wednesday, April 13	17:00 – 21:00	Mandatory Timed Run Through	TBD
Saturday, April 16	08:00 – 12:00	Mandatory Timed Run Through	TBD
Wednesday, April 20	17:00 – 21:00	Mandatory Timed Run Through	TBD
Saturday, April 23	08:00 – 12:00	Mandatory Timed Run Through	TBD
Wednesday, April 27	17:00 – 21:00	Mandatory Timed Run Through	TBD
Saturday, April 30	08:00 – 12:00	Mandatory Timed Run Through	TBD
Wednesday, May 4	17:00 – 21:00	Practice	Open to All
Saturday, May 7	08:00 – 12:00	Practice	Open to All
Wednesday, May 11	17:00 – 21:00	Test	TBD
Saturday, May 14	08:00 – 12:00	Test	TBD

Date	Time	Session Type	Time by Last Name Initial
Wednesday, May 18	17:00 – 21:00	Test	TBD
Saturday, May 21	08:00 – 12:00	Test	TBD
Wednesday, May 25	17:00 – 21:00	Test	TBD
Saturday, May 28	08:00 – 12:00	Test	TBD

CPAT LOCATION

14725 Flint Lee Road, Chantilly VA, 20151