

County Health Rankings Summary - Alexandria, VA

[Complete rankings available at www.countyhealthrankings.org](http://www.countyhealthrankings.org)

INDICATORS	ALEXANDRIA 2011	ALEXANDRIA 2012	ALEXANDRIA 2013	VIRGINIA 2013	NATIONAL BENCHMARK*
OVERALL RANK	6	6	8		
HEALTH OUTCOMES RANK	6	6	8		
Mortality Rank [Weight: 50%]	6	7	9		
Premature death (Years of Potential Life Lost)[50%]	5,091	5,005	5,139	6,362	5,317
Morbidity Rank [Weight: 50%]	12	13	11		
Health status ("poor or fair health") [10%]	10%	10%	10%	14%	10%
Number of poor physical health days/ month [10%]	2.2	2.4	2.4	3.2	2.6
Number of poor mental health days/ month [10%]	2.3	2.2	2.1	3.1	2.3
Low birthweight [20%]	7.5%	7.5%	7.5%	8.3%	6.0%
HEALTH FACTORS RANK	22	16	12		
Health Behaviors Rank [Weight: 30%]	6	3	2		
Tobacco (Adult smoking) [10%]	16%	13%	10%	18%	13%
Adult Obesity [7.5%]	21%	20%	20%	28%	25%
Physical Inactivity [2.5%]		18%	18%	24%	21%
Excessive Drinking [2.5%]	22%	19%	20%	16%	7%
Motor vehicle crash death rate [2.5%]	7	6	6	11	10
Sexually Transmitted Infection Rate (chlamydia) [2.5%]	359	370	354	385	92
Teen birth rate (age 15-19) [2.5%]	52	58	48	32	21
Clinical Care Rank [Weight: 20%]	71	47	52		
Uninsured adults <age 65 [5%]	20%	13%	15%	15%	11%
Primary care physicians ** [3%]			1,329:1	1,356:1	1,067:1
Dentists** [2%]			1,442:1	1,811:1	1,516:1
Preventable hospital stays [5%]	48	45	49	58	47
Diabetic screening [2.5%]	79%	77%	81%	86%	90%
Mammography screening [2.5%]	59%	63%	66%	66%	73%
Socioeconomic Factors Rank [Weight: 40%]	27	19	23		
High school graduation** [5%]			82%	88%	
Some college [5%]	80%	80%	81%	67%	70%
Unemployment [10%]	4.7%	4.8%	4.8%	6.2%	5.0%
Children in poverty [10%]	14%	14%	15%	16%	14%
Inadequate Social Support [2.5%]	15%	14%	14%	18%	14%
Single Parent Household [2.5%]	32%	33%	33%	30%	20%
Violent Crime Rate [5%]	270	231	208	233	66
Physical Environment Rank [Weight: 10%]	131	128	30		
Air Pollution - daily fine particulate matter** [2%]	3 (days)	3 (days)	12.4	12.5	8.8
Drinking Water Safety [2%]				8%	0%
Access to recreational facilities [2%]	12	11	11	10	16
Limited access to healthy foods** [2%]			0%	4%	1%
Fast Food Restaurants [2%]		45%	46%	50%	27%

* 90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years due to changes in definition.

Notes: Rankings out of 133; Blank values reflect unreliable or missing data

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