



HEALTH SERVICES RESOURCE GUIDE CITY OF ALEXANDRIA

Dear Friend:

Navigating the health care system can be challenging for everyone, but it is especially difficult for those with limited resources. The Healthy Communities Access Program (HCAP) is a grant program dedicated to improving this situation. Overseen by a coalition of more than 20 local public and private providers, the program is working to make health care services for low income and uninsured Alexandria residents more coordinated, efficient and effective.

HCAP includes four key components:

- streamlined eligibility through a shared database
- creation of a specialty care referral system to improve care management, coordination and follow-up
- “patient navigator” (outreach worker) training
- improved access to health care services for the underinsured and uninsured

The Health Services Resource Guide is designed to help you, the “patient navigators” on the front lines, help your clients find the care they need when they need it. The guide includes a complete listing of health care resources available to Alexandria residents, the services offered, and how to access them. It also includes information about area hospitals, local primary care clinics and where to find financial assistance.

Our complex health care system can be daunting to those individuals traditionally on the outside, often in crisis, and without the means to pay for the help they need. The Health Services Resource Guide aims to reduce this confusion by putting the necessary resources at your fingertips so you can direct your clients through the system seamlessly and efficiently.

We hope you find it a useful tool as we work together to improve health care services for all Alexandria residents.

Sincerely,

Charles Konigsberg, Jr., MD, MPH
Health Director, Alexandria

Kenneth Kozloff, FACHE
Administrator, Inova Alexandria Hospital

Co- Chairs
Healthy Communities Access Program

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HCAP Service Integration Committee Members

Veronica M. Aberle, MSN, RN (*Co-Chair*)
Deborah L. Bowers, RN, C, MSN
Melinda Gray, BSW
Alexandria Health Department

Ann T. Moore
Alexandria Department of Human Services

Mike Gilmore, PhD
Carol Layer, LCSW
Liz Wixson, LCSW
*Alexandria Department of Mental Health,
Mental Retardation & Substance Abuse*

Kristin Langlykke, RN, MSN
Arlandria Health Center

Mary Martin
Chris Woodard
Carpenter's Shelter

Donna Bain, FNP-C
The Child & Family Network Centers

Charlene Douglas, PhD, RN (*Co-Chair*)
George Mason University

Anne Hooper
Inova Alexandria Hospital

Silvia Portillo
Tenants & Workers United

Ronda Wright
*Northern Virginia Community College
Medical Education Campus*

Lyn S. Hainge, MS
HCAP Program Director

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*For additional copies of this guide, call the Alexandria Department of Human Services, 703-838-0901, or the
Alexandria Health Department, 703-838-4872. Updates or corrections, call 703-838-4872.*



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How to Use This Guide

The Health Services Resource Guide includes a complete listing of local health care resources for your clients. It is organized as follows:

- resources serving City of Alexandria residents
- resources serving residents from neighboring jurisdictions, including Fairfax and Arlington counties (For help with who lives where, see “A Note About Zip Codes,” below.)
- a list of hospitals located in the Alexandria vicinity
- a list of primary care clinics located in neighboring jurisdictions
- a directory of related resources for help with child care and pre-school, homelessness, pharmacy services (including local discount drug programs) and eye care
- financial resources, including information about local hospitals’ charity care policies
- an alphabetical index

A Note About Zip Codes

Your client’s zip code will determine where he or she is eligible to receive services, but zip codes can be tricky, especially in our populous region. To determine your client’s correct jurisdiction, refer to the list of zip codes below, or visit the United States Postal Service Web site at www.usps.com and enter the street address.

City of Alexandria zip codes include:

- 22301
- 22302
- 22304
- 22305
- 22314

Clients residing in these zip codes are eligible for services listed on pgs. 6 – 39.

Fairfax County zip codes include:

- 22303
- 22306
- 22307
- 22308
- 22309
- 22310
- 22315

Refer clients in these zip codes to the Fairfax County Coordinated Services Information Line: 703-222-0880. A social worker will conduct an assessment and direct your client to the appropriate Fairfax County resource. (See page 41.)

Alexandria and Fairfax share these zip codes:

- 22311
- 22312

Go to www.usps.com and enter the street address to determine your client’s jurisdiction.

Special note: a few addresses on South Columbus Street in the Arlington zip code 22206 are actually in the City of Alexandria. To determine your client’s correct jurisdiction, go to www.usps.com and enter the street address.



Federal Poverty Guidelines

Federal poverty guidelines are issued annually by the U.S. Department of Health and Human Services and the Census Bureau. Based on household size and income, they are used to determine financial eligibility for certain federal, state and local programs. Charitable agencies also use the guidelines in setting eligibility for their services to low-income individuals.

In areas of the country where the cost of living is higher than average, such as the metropolitan Washington region, local governments and charitable organizations may adjust their eligibility requirements by adding a certain percentage amount to the federal poverty guidelines (e.g. 150%, 200%, etc.). This is a more realistic measure of the local cost of living and helps ensure that people receive the help they need. Many of the agencies listed in this referral guide use this method to determine eligibility for their programs and services.

Federal poverty guidelines are updated each January. For more information about how the guidelines are determined, or to see the current guidelines, visit the U.S. Department of Health and Human Services Web site at: <http://aspe.hhs.gov/poverty/index.shtml>.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Health Department
4480 King Street
Alexandria, VA, 22302

Contact Information:

Phone: 703-838-4400
Fax: 703-838-4038
<http://alexandriava.gov/city/health/>
www.alexhealth.com

Purpose of Agency:

The Alexandria Health Department is one of 35 district health departments within the Virginia Department of Health serving City of Alexandria residents. Its mission is to protect and promote the health of all citizens and visitors.

Locations:

Main Office (see details on page 8)

4480 King Street
Alexandria, VA, 22302
Phone: 703-838-4400
Fax: 703-838-4038

Adolescent Clinic (see details on page 10)

3701 W. Braddock Road
Alexandria, VA 22302
703-519-6006
<http://alexandriava.gov/city/health/adolescent.html>

Dental Clinics (see details on page 12)

4480 King Street, 1st Floor
Alexandria, VA, 22302
Child Dental Clinic
703-838-4400, ext. 203 or 245
Adult Dental Clinic
703-838-4400, ext. 203 or 245
http://www.alexhealth.org/medical_services.html#dental



Flora Krause Casey Health Center (see details on page 14)

1200 N. Howard Street

Alexandria, VA 22304

<http://alexandriava.gov/city/health/floracasey.html>

For appointments:	703-519-5982
General information:	703-519-5979
Fax:	703-519-5981

- | | |
|--|---------------|
| ▪ Eligibility | ext. 248, 250 |
| ▪ General Medicine/Nursing | ext. 260 |
| ▪ HIV Services | ext. 211 |
| ▪ Nursing Home/ Personal Care Screenings | ext. 255 |
| ▪ Prenatal (Maternity) Care | ext. 262 |
| ▪ Social Worker | ext. 220 |



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Health Department Main Office
4480 King Street
Alexandria, VA, 22302

Contact Information:

Phone: 703-838-4400 (specific services are listed below)
Fax: 703-838-4038
<http://alexandriava.gov/city/health/>
www.alexhealth.com

Business Hours:

8:00 am – 4:30 pm

Staffing:

The offices of the health director, nursing director and program supervisors, administrator, environmental health director, and dental director are located at King Street. A variety of health professionals provide prevention, health protection and care services, disease surveillance, health education, and environmental health services, as well as administrative services such as vital records, budget and management, and service eligibility.

Population Served:

City of Alexandria residents

Services:

- Alexandria Teen Pregnancy Prevention Program (ATPPP)
- Child Health (well and sick care)
- Communicable Disease Control/Surveillance
- Dental Clinic (adult and child)
- Environmental Health
- Family Planning
- HIV/AIDS Testing and Services
- Immunizations (adult and child)
- Pregnancy Testing
- Public Health Nursing/Case Management
- Refugee Services
- Sexually Transmitted Infection Clinic
- TB Clinic
- Vital records
- WIC (Women, Infants, and Children Nutrition Program)



Walk-in Clinics:

Eligibility required for most clinical services

- **Child Health** (newborn infants and sick infants/children only; eligibility required): Monday – Friday, register by 9am
- **HIV Testing/Counseling:** Wednesday 2:00 – 3:30; Thursday 9:00 – 10:30am, 5:00 – 6:30 pm
- **Immunizations:** Monday 1:00 – 6:00 pm, Tuesday 1:00 – 4:00 pm, Wednesday 8:00 – 11:00 am
- **Pregnancy Testing:** Monday/Wednesday 2:00 – 4:00 pm; Tuesday/Thursday 9:00 – 11:00 am
- **STI Clinic:** Wednesday 4:00 – 6:00 pm
- **TB Clinic:** Risk Screening/PPD: Monday 1:30 – 4:30 pm; Tuesday 8:30 – 11:00 am

Languages/Interpreter Service Available:

Fully bilingual in Spanish for most programs with competency in other languages. Telephone interpreter service is available.

Eligibility Requirements:

Eligibility varies with service provided. The Health Department may require information about family size and income to determine eligibility and fees (if any). Fees are based on a sliding scale, some services are free and many require Alexandria residency.

Insurance / Fees:

Accepts Medicaid and Medicare; fees are determined on an income-based sliding scale

Other Information:

A shuttle service (Diamond Transportation) operates between the King Street Health Department and the Braddock Road Metro station, leaving Braddock Metro every hour on the half hour, beginning at 7:30 a.m. This service leaves the King Street Health Department every hour on the hour, ending at 5 p.m. Additional van service operates between the King Street location, the Flora Krause Casey Health Center, the Adolescent Clinic and the Arlandria Health Center.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Health Department Adolescent Clinic
3701 W. Braddock Road
Alexandria, VA 22302

Contact Information:

703-519-6006

<http://alexandriava.gov/city/health/adolescent.html>

Purpose of Agency:

The Adolescent Health Center provides health care services to adolescents.

Staffing:

Physician, nurse practitioner, counselors and support staff.

Population served:

Adolescents, age 12 through 19, who are residents in the city of Alexandria

Services:

The following require parental consent:

- Physicals (routine/school/sports/work)
- Treatment (minor illness or injury)
- Immunization

The following do not require parental consent:

- Health education (diet/exercise/stress reduction)
- Counseling (personal/family substance abuse)
- Confidential HIV testing and counseling
- Family planning and pregnancy testing
- Sexually transmitted disease testing and treatment

Languages / Interpreter Services Available:

Some Spanish spoken with telephone interpreter service available

Eligibility Requirements:

Serves youth, ages 12 – 19, whose parents or guardians reside in the City of Alexandria.

Insurance / Fees:

All services are free.

Hours:

By appointment or walk-in, Monday – Friday: 11 a.m. – 5:00 pm.



Other Information:

A shuttle service (Diamond Transportation) operates from the King Street Health Department and the Braddock Road Metro station, leaving Braddock Metro every hour on the half hour beginning at 7:30 a.m., and leaving the King Street Health Department every hour on the hour, ending at 5 p.m. Additional van service operates between the King Street location, the Flora Krause Casey Health Center, the Adolescent Clinic and the Arlandria Health Center.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Health Department Dental Clinics (adult and child)
4480 King Street, 1st Floor
Alexandria, VA, 22302

Contact Information:

Child Dental Clinic
703-838-4400, ext. 203 or 245
Adult Dental Clinic
703-838-4400, ext. 203 or 245
http://www.alexhealth.org/medical_services.html#dental

Staffing:

Dentists and oral health professionals

Population served:

Income-eligible adults and children

Services:

Child Dental Clinic

Preventive dental care services and education for children ages 3 to 21, includes cleaning, fluoride, sealant, complete oral examinations, filling and extraction. Services are by appointment only.

Adult Dental Clinic

Emergency dental care available for adults, with denture program for adults 60 years and older. All services are by appointment only.

Languages / Interpreter Services Available:

Telephone interpreter service is available.

Insurance / Fees:

Accepts Medicaid and Medicare. Fees are income-based on a sliding scale.

Hours:

By appointment only, Monday through Friday

Other Information:

A shuttle service (Diamond Transportation) operates from the King Street Health Department and the Braddock Road Metro station, leaving Braddock Metro every hour on the half hour beginning at 7:30 a.m., and leaving the King Street Health Department every hour on the hour,



ending at 5 p.m. Additional van service operates between the King Street location, the Flora Krause Casey Health Center, the Adolescent Clinic and the Arlandria Health Center.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Health Department Flora Krause Casey Health Center
1200 N. Howard Street
Alexandria, VA 22304
<http://alexandriava.gov/city/health/floracasey.html>

Contact Information:

For appointments: 703-519-5982
General information: 703-519-5979
Fax: 703-519-5981

- Eligibility ext. 248, 250
- General Medicine/Nursing ext. 260
- HIV Services ext. 211
- Nursing Home/ Personal Care Screening ext. 255
- Prenatal (Maternity) Care ext. 262
- Social Worker ext. 220

Purpose of Agency:

The Casey Health Center offers a limited range of specialty and general medical services for those who are medically and administratively eligible.

Staffing:

Physicians, nurses, pharmacists and paraprofessional support staff

Population Served:

Adults with acute and chronic illnesses; prenatal and maternity care for eligible residents

Services:

- Adults: limited primary care services for adults with diagnosed chronic disease such as diabetes or hypertension.
- Prenatal (maternity) care: outpatient medical management of uninsured and Medicaid-eligible routine and high-risk pregnant women and teens in the City of Alexandria by physicians, midwives and public health nurses.
- Medicaid/FAMIS enrollment
- Kaiser Bridge Program enrollment

Languages / Interpreter Services Available:

Fully bilingual in Spanish, with telephone interpreter service available



Eligibility Requirements:

Services provided by the Health Center may require certain eligibility information, including family size, income and Alexandria residency.

Insurance / Fees:

Income limit, sliding fees, accepts Medicaid and Medicare

Hours:

Monday – Friday: 8 a.m. – 4:30 p.m.
Most services are by appointment only.

Other Information:

A shuttle service (Diamond Transportation) operates from the King Street Health Department and the Braddock Road Metro station, leaving Braddock Metro every hour on the half hour beginning at 7:30 a.m., and leaving the King Street Health Department every hour on the hour, ending at 5 p.m. Additional van service operates between the King Street location, the Flora Krause Casey Health Center, the Adolescent Clinic and the Arlandria Health Center.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Community Services Board
(City of Alexandria Department of Mental Health, Mental Retardation and Substance Abuse)

Contact Information:

Intake: 703-838-6400, TTY: 703-838-5054

Emergency Services: 703-838-6400

Detox Center: 703-838-4482

E-mail: acsb@alexandriava.gov

<http://alexandriava.gov/mhmrsa/>

Purpose of Agency:

The Community Services Board is responsible for policy and budget direction, project development, and program oversight for publicly funded mental health, mental retardation and substance abuse services. Its mission is to provide effective and cost-efficient services that measurably improve the quality of life for Alexandrians with mental illness, mental retardation and substance abuse problems.

Staffing:

Services are provided by departmental staff or contracted private agencies.

Population Served:

City of Alexandria residents

Locations:

720 North Saint Asaph Street, Alexandria

- Alexandria Community Services Board Administrative Offices
 - 703-838-4455
 - TTY 703-838-6400
- Acute/Emergency Care Services
 - 703-838-6400
- Child, Family and Prevention Services Administrative Offices
 - 703-838-4455
- Public Information, Volunteers and Human Rights
 - 703-838-4455

2355-A Mill Road, Alexandria

- Substance Abuse Services
 - 703-838-4525
 - TTY 703-838-4235
- 24-Hour Non-Medical Drug and Alcohol Detoxification Services (2355-C)



- 703-838-4482, 24-hour phone line
- TTY 703-838-4235

4480 King Street, Alexandria

- West End Club (Sixth Floor)
 - 703-838-4706
- Parent Infant Education Program (Fifth Floor)
 - 703-838-5067
 - TTY 703-838-5054
- Extended Care Administrative Offices
 - 703-838-5011

3105 Colvin Street, Alexandria

- Mental retardation sheltered, supported and competitive employment
- Mental retardation case management
 - 703-519-5932
 - TTY 703-370-5138
- **Intellectual Disability Services**
 - 703-838-6400

Services:

- Individual and family therapy
- Case management
- Testing, diagnosis and medication
- 24-hour drug, alcohol and emergency mental health service
- Residential programs and day support
- Vocational programs and job placement
- Specialized programs for infants, children and adults
- Community education and substance abuse prevention programs
- Intellectual disability services

Languages / Interpreter Services Available:

Services are available in several languages.

Eligibility Requirements:

Must be a resident of the City of Alexandria

Insurance / Fees:

There is a charge for most services based on individual/family income. Payment plans are available and services are not denied due to inability to pay.

Hours:

Most services are available Monday – Friday, 8 a.m. to 5 p.m. Evening appointments are available during the week for mental health and substance abuse services.



Substance Abuse Services are available Monday-Thursday, 7 a.m. to 9 p.m. and Friday, 7 a.m. to 5 p.m. Methadone Substance Abuse Services are available Monday –Friday, 7 a.m. to 11 a.m. and Saturday –Sunday, 7:30 a.m. to 9:30 a.m.

Detoxification services and emergency mental health services are available 24 hours a day.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Department of Human Services
2525 Mount Vernon Ave.
Alexandria, VA 22301

Contact Information:

Phone: 703-838-0700
Fax: 703-836-2355
<http://alexandriava.gov/humanservices/default.aspx>
e-mail: dhs@alexandriava.gov

Purpose of Agency:

The Department of Human Services serves the diverse needs of Alexandria's citizens by promoting economic and social independence and self-sufficiency.

Population Served:

City of Alexandria residents

Divisions/Offices:

Division of Social Services/Eligibility (see details on page 21)

2525 Mount Vernon Ave.
Alexandria, VA 22301
Phone: 703-838-0700
Fax: 703-519-5984
www.alexandriava.gov
e-mail: dhs@alexandriava.gov

Family Services Division

Emergency Services

<http://alexandriava.gov/humanservices/info/default.aspx?id=8016>

Public Assistance

Phone: 703-838-0700

Office on Aging and Adult Services (see details on page 23)

2525 Mount Vernon Ave.
Alexandria, VA 22301
Phone: 703-838-0920
Fax: 703-549-1382
<http://alexandriava.gov/humanservices/info/default.aspx?id=8002>
e-mail: dhs@alexandriava.gov



Children and Youth Services

Child Care Information Services

Phone: 703-838-0750

Child Abuse & Neglect Complaints 24-hour number

Phone: 703-838-0800

Youth Services

Phone: 703-838-0990

Employment Services

Phone: 703-838-4316

Office of Community Services (see details on page 25)

2525 Mount Vernon Ave

Alexandria, VA 22301

Phone: 703-838-0901

Fax: 703-836-2104

www.alexandriava.gov

e-mail: dhs@alexandriava.gov



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Department of Human Services Division of Social Services/Eligibility
2525 Mount Vernon Ave.
Alexandria, VA 22301

Contact Information:

Phone: 703-838-0700
Fax: 703-519-5984
<http://alexandriava.gov/humanservices/default.aspx>
e-mail: dhs@alexandriava.gov

Purpose of Agency:

The Eligibility Division provides financial and medical assistance to eligible Alexandria City residents. The goal is to help citizens become self-sufficient.

Staffing:

Eligibility workers

Population Served:

Adults and children

Services and Programs:

- General relief (waiting list in place)
- Medicaid
- State and Local Hospitalization (SLH)
- FAMIS (Family Access to Medical Insurance Security Plan)

Languages / Interpreter Services Available:

Bilingual Spanish staff available, with language line for other languages.

Eligibility Requirements:

Varies according to program



Hours:

Monday – Friday: 8 a.m. – 5 p.m. Applications accepted until 3 p.m.

NOTE: On Thursdays, eligibility workers are available beginning at 1 p.m.

Other Information:

Interviews are not required for Medicaid, SLH and FAMIS programs. Applications available by phone or at front desk and may be returned by mail or in person.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Department of Human Services Office on Aging and Adult Services
2525 Mount Vernon Ave.
Alexandria, VA 22301

Contact Information:

Phone: 703-838-0920

Fax: 703-549-1382

<http://alexandriava.gov/humanservices/info/default.aspx?id=8002>

e-mail: dhs@alexandriava.gov

Purpose of Agency:

The Office on Aging and Adult Services (OAAS) serves Alexandria's elderly, as well as those with disabilities. There is special emphasis on low-income individuals and those most at risk of being institutionalized.

Staffing:

Social workers, nutritionist

Population Served:

The OAAS serves seniors, aged 60 and older, and permanently disabled adults, aged 18 and older, who are residents of the City of Alexandria.

Services:

- Adult protective services
- Aging network
- City and consumer information
- Counseling services
- Legal services
- Special transportation
- In-home services
- Long-term Care Ombudsman Program
- Residential services/assisted living
- Nursing home and personal care screening
- Adult day services
- Senior centers
- Day treatment centers
- Emergency and checking services
- Employment and income assistance
- Food and nutrition
- Health services
- Housing



- Legal and income tax assistance
- Recreational/educational/social activities
- Services for the disabled
- Utilities assistance
- Volunteer programs

Languages / Interpreter Services Available:

Bilingual in Spanish, with telephone interpreter service available in other languages.

Eligibility Requirements:

Eligibility varies with the service provided.

Insurance / Fees:

Fees vary with the service provided.

Hours:

Monday – Friday: 8 a.m. – 5 p.m.

Adult Protective Services after-hours, toll-free hotline: 1-888-832-3858



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Department of Human Services Office of Community Services
2525 Mount Vernon Ave
Alexandria, VA 22301

Contact Information:

Phone: 703-838-0901
Fax: 703-836-2104
www.alexandriava.gov
e-mail: dhs@alexandriava.gov

Purpose of Agency:

The Office of Community Services (OCS) provides a variety of short-term and crisis services ranging from emergency shelter and housing to financial assistance for Alexandria residents.

Staffing:

OCS is staffed by a team of community service specialists, housing specialists and eligibility workers.

Population Served:

City of Alexandria residents

Services:

- ALIVE! (Alexandrians Involved Ecumenically) liaison
- Emergency food assistance
- Referrals to clothing resources
- Homeless shelter screening and referral
- Rental assistance
- Utility assistance
- Transportation assistance (limited)
- Dental clinic screening and referral
- Prescription assistance (limited)
- Referrals to prescription assistance programs
- Referrals for eye exams and eyeglasses
- Referrals for donated furniture deliveries
- Burial assistance

Languages / Interpreter Services Available:

Bilingual Spanish staff available, with telephone interpreter service available for other languages.



Eligibility Requirements:

Eligibility varies according to the service provided.

Insurance / Fees:

Fees vary according to the service provided.

Hours:

Interviews are initiated on a walk-in basis during the following hours:

Monday, Tuesday, Wednesday, Friday: 8 a.m. – 3 p.m.

Thursday: 1 – 3 p.m.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Office on Women
421 King Street, Suite 400
Alexandria, Virginia 22314

Contact Information:

Phone: 703-746-5030

Fax: 703-838-4976

<http://alexandriava.gov/women/>

24-hour Hotlines:

Domestic Violence and Stalking: 703-838-4911

Sexual Assault: 703-683-7273

Alexandria Campaign on Adolescent Pregnancy:

Phone: 703-746-3131

Purpose of Agency:

The Alexandria Office on Women (OOW) provides 24-hour emergency shelter to battered women and their children.

Staffing:

22 staff members available

Population Served:

All residents of the City of Alexandria

Services:

- The Domestic Violence Program has a Battered Women's Shelter that offers emergency housing and food at a confidential location for Alexandria women and their children who have been abused or who are threatened with abuse. Emergency shelter for pets is also available through a partnership with the Alexandria Animal Welfare League. The program also offers court advocacy, crisis counseling, safety planning and support groups for domestic violence survivors.
- The Sexual Assault Response and Awareness (SARA) Program offers support to victims of sexual assault, as well as their families and friends. Services include medical and legal advocacy, crisis and clinical counseling, support groups and self-defense classes.
- Community education on topics ranging from assertiveness and conflict resolution to financial management, employment services and teen pregnancy prevention. The OOW provides a "building healthy relationships" curriculum for all fifth, seventh, ninth and tenth graders in Alexandria City Public Schools. The curriculum is available to others by request.



- Employment services, including help with resume writing, interviewing and career counseling.
- Referral to legal and social services, financial aid, housing, employment and child care in the Alexandria area.
- Project STEPOUT/Project MANHOOD, an after-school mentoring program for Alexandria youth, promoting strong self-esteem and healthy relationships.
- The Alexandria Campaign on Adolescent Pregnancy (ACAP) guides a citywide effort to prevent adolescent pregnancy and promote positive youth development.
- Mammography and other diagnostic procedures offered free of charge to women who are underinsured or uninsured and cannot afford them. Breast cancer early detection and prevention education also provided.
- OOW coordinates annual special events including Salute to Women Awards (March), Take Our Daughters and Sons to Work Day (April), Healthy Teen Lifestyles Summit (May), and The Walk to Fight Breast Cancer (October).

Languages/Interpreter Services Available:

Spanish-speaking crisis counselors are available, along with other language interpreters through the language line, 24 hours a day.

Insurance / Fees:

All services are provided free of charge.

Hours:

Emergency services and hotlines are available 24 hours a day, seven days a week. Office hours are Monday- Friday, 8 a.m. to 5 p.m.

Other Information:

The location of the Battered Women's Shelter is not disclosed for safety reasons. Clients should call 703-746-5030 for details.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Alexandria Neighborhood Health Services, Inc.
2 East Glebe Road
Alexandria, VA 22305

Contact Information:

Phone: 703-535-5568
Fax: 703-535-1583
www.anhsi.org

Purpose of Agency:

The centers provide primary health care and a medical home for men, women and children.

Services:

- Newborn, Infant and Well Child Exams
- Pediatric Sick Visits
- Women's Health and Gynecology
- Family Planning
- General Medicine
- Routine Physical Exams
- Immunizations for Children and Adults
- Acute Illness Care
- Chronic Disease Management
- Mental Health Counseling
- Family Support and Case Management Services
- Dental Care
- Access to Discounted and Free Medications
- Health, Nutrition and Parenting Education
- Enrollment in Child Health Insurance

Eligibility Requirements:

Target population includes patients with incomes between 100 and 250 percent of the federal poverty level, although there are no income or residence requirements and anyone seeking care is welcome.

Insurance / Fees:

Accepts Medicaid (including Amerigroup and Healthkeepers Plus HMOs), FAMIS, Medicare and most commercial insurance. Sliding-scale fees are based on verified income.



Staffing:

Depending on the site, staff may include physicians (internists, gynecologist, pediatricians), dentists, family nurse practitioners, social workers, registered nurses, registered medical assistants, and administrative staff.

Languages / Interpreter Services Available:

Staff available who speak Spanish, Urdu, French and Amharic

Population Served:

Target population includes residents of Arlandria. However, all who need services are welcome.

Hours:

See each location for specific hours.

NOTE: The Health Center is closed every third Thursday of the month, from 7:30 a.m.- 1 p.m.

Locations:

Arlandria Health Center for Pediatrics (see details on page 31)

3804 Executive Avenue, Apt. D1
Alexandria, VA 22305
Phone: 703-519-1725
Fax: 703-519-1738

Arlandria Health Center, Mental Health and Family Support Services (see details on page 32)

3802 Executive Avenue, Apt. D1
Alexandria, VA 22305
Phone: 703-535-7930
Fax: 703-535-7950

Arlandria Health Center for Adult Medicine and Women’s Health (see details on page 33)

2 East Glebe Road
Alexandria, VA 22305
Phone: 703-535-5568
Fax: 703-535-1583

www.anhsi.org



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Arlandria Health Center for Pediatrics
3804 Executive Avenue, Apt. D1
Alexandria, VA 22305

Contact Information:

Phone: 703-519-1725
Fax: 703-519-1738

Eligibility Requirements:

Target population includes patients with incomes between 100 and 250 percent of the federal poverty level, although there are no income or residence requirements and anyone seeking care is welcome.

Insurance / Fees:

Accepts Medicaid (including Amerigroup and Healthkeepers Plus HMOs), FAMIS, Medicare and most commercial insurance. Sliding-scale fees are based on verified income.

Staffing:

Staff includes pediatricians, dentists, family nurse practitioners, social workers, registered nurses, registered medical assistants, and administrative staff.

Population Served:

Target population includes residents of Arlandria. However, all who need services are welcome.

Services:

- Pediatrics (well child, acute and chronic illness)
- Physical exams
- Immunizations
- Diagnostic screening for cognitive, physical and developmental delays
- Health education
- Parenting education and outreach
- TB screening
- Dental care (by referral)
- Medicaid/FAMIS enrollment (Project Connect)

Hours:

Monday: 8 a.m. – 6 p.m., Tuesday, Wednesday, Friday: 8 a.m. – 5 p.m., Thursday: 8 a.m. – 6 p.m. NOTE: Hours subject to change. Walk-in services available daily.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Arlandria Health Center, Mental Health and Family Support Services
3802 Executive Avenue, Apt. D1
Alexandria, VA 22305

Contact Information:

Phone: 703-535-7930
Fax: 703-535-7950

Eligibility Requirements:

Target population includes patients with incomes between 100 and 250 percent of the federal poverty level, although there are no income or residence requirements and anyone seeking care is welcome.

Insurance / Fees:

Accepts Medicaid (including Amerigroup and Healthkeepers Plus HMOs), FAMIS, Medicare and most commercial insurance. Sliding-scale fees are based on verified income.

Staffing:

Staff includes physicians, family nurse practitioners, social workers, registered nurses, registered medical assistants, and administrative staff.

Population Served:

Target population includes residents of Arlandria. However, all who need services are welcome.

Services:

- Case management
- Psychological and emotional support through individual, couple and family counseling and art and play therapy with children
- Support groups
- Psycho-educational groups, including life skills training
- Parenting education
- Dental Health

Hours:

Monday, Wednesday, Friday: 9:00 a.m. – 5 p.m., Tuesday, Thursday: 9:00 a.m. – 7 p.m.
NOTE: Hours are subject to change. Patients are seen by appointment. Walk-in services available daily for case management.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Arlandria Health Center for Adult Medicine and Women's Health
2 East Glebe Road
Alexandria, VA 22305

Contact Information:

Phone: 703-535-5568
Fax: 703-535-1583

Eligibility Requirements:

Target population includes patients with incomes between 100 and 250 percent of the federal poverty level, although there are no income or residence requirements and anyone seeking care is welcome.

Insurance / Fees:

Accepts Medicaid (including Amerigroup and Healthkeepers Plus HMOs), FAMIS, Medicare and most commercial insurance. Sliding-scale fees are based on verified income.

Staffing:

Staff includes internists, gynecologist, dentists, family nurse practitioners, social workers, registered nurses, registered medical assistants, and administrative staff.

Population Served:

Target population includes residents of Arlandria. However, all who need services are welcome.

Services:

- Well woman care
- Physical exams
- Care of adults with chronic illness
- Immunizations (adults)
- TB screening
- Family planning
- Pregnancy testing and referrals
- Post-partum exams
- Gynecology
- Dental care (by referral)

Hours:

Monday, Friday: 7:30 a.m. – 5 p.m., Tuesday, Wednesday, Thursday: 7:30 a.m. – 7 p.m.

NOTE: Hours are subject to change. Patients are seen by appointment.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Family Care Medical Center
4810 Beauregard St.
Alexandria, VA 22312
and
13168 Centerpointe Way #101
Woodbridge, VA 22193

Contact Information:

Alexandria

703-730-2000 or 703-670-9615

Woodbridge

703-916-1211 or 703-916-1213

Purpose of Agency:

The Center is a comprehensive, full service, outpatient facility providing a complete range of internist and pediatric care, health status evaluation and treatment for all age groups.

Services:

- Urgent Care
- Injuries
- Lacerations
- Orthopedic care
- Pediatrics
- Internal medicine
- Well baby exam
- School physicals
- Sports physicals
- Employment/executive physicals
- VDOT/workman physicals
- Immigration physicals
- Immunizations
- Pharmacy
- Lab
- X-ray
- EKG
- GYN/PAP/cancer screen

Languages / Interpreter Services Available:

Bilingual services available.



Insurance / Fees:

Call for more information.

Hours:

Alexandria

Monday – Friday: 10 a.m. – 8 p.m.

Saturday: 11 a.m. – 4 p.m. (by appointment only)

Woodbridge

Monday, Tuesday, Thursday: 9 a.m. – 6:30 p.m.

Wednesday, Friday: 9 a.m. – noon

Saturday: 9 a.m. – noon



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Northern Virginia Community College Medical Education Campus
6699 Springfield Center Drive
Springfield, VA 22150-1913

Contact Information:

703-822-6626

www.nvcc.edu/medical

Purpose of Agency:

The Medical Education Campus Clinical Network makes available high quality, affordable health care and dental services to a dynamic and culturally diverse population. As part of Northern Virginia Community College, the clinics provide educational opportunities to students in the nursing and allied health programs.

Staffing:

Physicians, nurse practitioners, RNs, medical assistants, dentists, dental assistants, nursing students, dental hygiene students and volunteers

Population Served:

Uninsured and underinsured

Services:

- Chronic disease management for diabetes, hypertension, asthma and cholesterol
- Dental hygiene and restorative services, fillings and simple extractions
- Physicals: school, athletic and general health (children under 18 must be accompanied by a parent or legal guardian)
- Sick care for children and adults (common, minor ailments only)
- Vision care services
- Women's services including breast and cervical cancer screenings, and pregnancy testing

Languages / Interpreter Services Available:

Limited interpreter services are available.

Eligibility Requirements:

Services are specifically for the uninsured and underinsured.

Insurance / Fees:

Insurance cards are not accepted. Call the clinic at 703-822-6626 for current fees.



Hours:

Primary Care Clinic (703-822-6626)

Hours vary and appointments are required.

Dental Clinic (703-822-6655)

Monday- Friday: 8:30 a.m. - 4:30 p.m. Appointments are required.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Northern Virginia Family Service
5249 Duke Street
Suite 308
Alexandria, VA 22304
and
10455 White Granite Drive (main office)
Suite 100
Oakton, VA 22124

Contact Information:

Alexandria: 703-370-3223
Oakton: 703-385-3267
www.nvfs.org

Purpose of Agency:

Northern Virginia Family Service (NVFS) works to empower individuals and families to improve their quality of life, and promotes community cooperation and support in responding to family needs.

Staffing:

Staff is located in both the Alexandria and Oakton offices.

Population Served:

Northern Virginia residents, including those living in the City of Alexandria

Services:

The following services are available to City of Alexandria residents:

- *Alexandria Medication Access Program*
Helps low income individuals with chronic medical conditions access free medications from pharmaceutical companies.
- *Counseling*
Both individual and family counseling are available from licensed therapists.
- *Construction Training Opportunities Program (CTOP)*
A free, five-week construction training program that provides marketable skill credentials and immediate, entry-level, full time employment opportunities in construction work for unemployed, unskilled or low income adults.
- *Healthy Families*
Provides parenting guidance and education to first-time families. Family support workers visit expectant parents at home, help mothers keep prenatal appointments and promote healthy pregnancies. After birth, weekly family visits help parents understand their child's development needs.



- *Early Head Start*
Early Head Start is a federally funded community-based program serving low-income expectant mothers and families with infants and toddlers. The mission of EHS is to promote healthy prenatal outcomes, enhance the development of very young children, and promote healthy family functioning.
- *Housing Assistance Program (HAP)*
Offers both short- and long-term housing assistance to people living with HIV/AIDS, as well as individuals with unexpected emergencies or health-related issues.
- *Transitional Housing*
Provides two years of housing for families, as well as life skills training, financial planning and counseling to enable self-sufficiency.
- *Training Futures*
24-week program providing office skill training and internships leading to permanent jobs with health benefits.
- *Vehicles for Change*
Provides clients with refurbished, used cars for a nominal fee.
- *Ways to Work*
Provides low interest loans to help low income families purchase or maintain a vehicle to remain employed, or buy other items to preserve self-sufficiency.
- *Daily Money Management Program (DMMP)*
The Daily Money Management Program goal is to help older people maintain their independence by helping them to manage their daily finances.
- *Special Foster Care*
Special Foster Care provides temporary, quality, family settings for children with special needs. As a result, the children are given the opportunity to develop to their fullest potential.
- *Equipping Teens*
Equipping Teens is based on the Equip model, a proven group approach for teens that integrates anger management with other important goals for teens.
- *Tobacco Use Prevention Program for Youth (TUPPY)*
Tobacco Use Prevention Program for Youth is an education-based program that teaches groups of young people about the negative consequences of drug use and the benefits of a drug-free lifestyle.

Languages / Interpreter Services Available:

All programs are bilingual in Spanish.

Eligibility Requirements:

Eligibility varies by program. Call for information.

Insurance / Fees:

Fees vary by program. Call for information.

Hours:

Hours vary by program. Call for information.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name of Agency:

Inova Partnership for Healthier Kids

Contact Information:

Phone: 703-321-1990

Fax: 703-321-1999

www.inova.org/phk

Purpose of Agency:

Inova Partnership for Healthier Kids (PHK) is a school-oriented outreach program dedicated to connecting uninsured children to FAMIS, FAMIS Plus or a local health care safety net provider.

Staffing:

Six full-time employees

Population Served:

Uninsured children

Services:

Referral and application assistance

Languages / Interpreter Services Available:

Bilingual in Spanish and other languages

Hours:

Monday – Thursday: 8:30 a.m. – 7 p.m.

Friday: 8:30 a.m. – 5 p.m.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Alexandria Resource Listing**

Name/Address of Agency:

Queen Street Clinic
1000 Queen Street
Alexandria, VA 22312

Contact Information:

Phone: 703-299-9701
Fax: 703-299-9703

<http://www.queenstreetclinic.com/>

Purpose of Agency:

The clinic offers lower cost medical care for men, women and children, focusing on those without health insurance.

Staffing:

Family nurse practitioner, with physician consultation and review

Population Served:

Men, women and children of all ages

Services:

- Care for acute and chronic illness
- Care for minor injuries
- Physical exams
- Well baby, well child and well woman checkups
- Lab work
- Imaging (X-rays, MRIs, CT Scans, etc.).
- TB skin tests

Languages / Interpreter Services Available:

Clinic staff is bilingual in Spanish.

Eligibility requirements:

None

Insurance / Fees:

The cost is \$60 per visit, with additional fees for lab tests and screenings.

Hours:

Monday – Friday: 8 a.m. – 3 p.m.



All services are by appointment. Same-day appointments are available during the week. Walk-ins can be accommodated with space available.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Neighboring Resource Listing**

Name/Address of Agency:

Arlington Free Clinic
Ballston Medical Center
3833 North Fairfax Drive
Suite 400
Arlington, VA 22203

Contact Information:

Client phone: 703-979-1400
Administrative Phone: 703-979-1425
Fax: 703-979-1436
Email: info@arlingtonfreeclinic.org
www.arlingtonfreeclinic.org

Purpose of Agency:

The Clinic provides access to medical care for low income, uninsured Arlingtonians.

Staffing:

13 full-time employees and 500 volunteers

Population Served:

The Clinic serves adult residents of Arlington County living at or below 150 percent of the federal poverty level.

Services:

Primary and specialty medical care, physical therapy, mental health counseling and medications

Languages/Interpreter Service Available:

Clinic staff is bilingual in Spanish.

Eligibility Requirements

Must be adult resident of Arlington County living at or below 150 percent of the federal poverty level

Insurance/Fees:

\$15 registration fee; \$5 processing fee per prescription

Hours:

Clinic hours vary and are held on Tuesdays, Wednesdays and Thursdays. Patients seen by appointment only.



Walk-in information available Monday -Friday, 1- 4 p.m.

Phone information available Monday -Friday, 10 a.m.- 4 p.m.

Pharmacy hours: Monday 2 - 5:30 p.m.; Friday 1- 5 p.m.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Neighboring Resource Listing**

Name/Address of Agency:

Fairfax County Health Department

Serves Fairfax County residents in the following zip codes:

22303

22306

22307

22308

22309

22310

NOTE: These residents may have Alexandria mailing addresses, but their zip codes are in Fairfax County.

Contact Information:

Fairfax County Coordinated Services Information Line: 703-222-0880

General information: 703-246-2411, TTY: 703-591-6435

www.fairfaxcounty.gov/hd

Purpose of Agency:

The Fairfax County Coordinated Services Information Line is a service of the Fairfax County Health Department. A social worker will conduct an assessment and direct each caller to the appropriate Fairfax County resource.

Population Served:

Fairfax County residents

Services:

Appointments necessary:

- Immunizations
- Pregnancy testing
- TB testing
- Refugee health screening
- International travel
- Prenatal and maternity services
- WIC (Women, Infants and Children)

Walk-in:

- Free STD testing (call for hours)



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Neighboring Resource Listing**

Name/Address of Agency:

Inova Juniper Program

Main Office

8001 Forbes Place, Suite 200
Springfield, VA 22151

Dumfries Office

18003 Fraley Boulevard
Dumfries Plaza
Dumfries, VA 22026

Manassas Office

8807 Sudley Road, Suite 101
Manassas, VA 20110

Mount Vernon Office

South County Center
8350 Richmond Highway, Suite 233
Alexandria, VA 22309

Herndon/Reston Office

Fairfax County Health Department
1850 Cameron Glen Drive, Suite 100
Reston, VA 20190

Contact Information:

Main Office

Phone: 703-321-2600

Fax: 703-321-2603

<http://www.inova.org/juniper/index.jsp>

Dumfries Office

Phone: 703-221-8860

Fax: 703-221-8381

Manassas Office

Phone: 703-396-8391

Fax: 703-396-8393



Mount Vernon Office

Phone: 703-704-6132

Fax: 703-704-6671

Herndon/Reston Office

Phone: 703-481-4242

Purpose of Agency:

Inova Juniper Program provides services and education for people who are HIV positive, as well as training for health professionals. The program features support groups for patients and continuing education for caregivers.

Staffing:

Staff includes a team of infectious disease physicians, nurse practitioners, physician assistants, registered nurses, licensed clinical social workers, registered dietitians, substance abuse counselors, health educators and clinical support personnel.

Population served:

All age groups: men, women, adolescents and children

Services:

Family Connection

This program provides care and services for women, children, youth and families to encourage physically, mentally, emotionally and spiritually healthy lives. The H.E.A.T. program is designed specifically for teens infected or affected by HIV/AIDS.

Clinical Programs

Inova Juniper Program provides case management to those in all stages of HIV infection. Eligible, medically indigent clients also can receive comprehensive primary medical care through the program.

Medical Services

- Medical care by a mid-level provider, nurse practitioner and/or physician assistant, or infectious disease physician
- Clinical case management by a registered nurse
- Prescription coverage
- Diagnostic testing (lab work, X-rays)
- Subspecialty care
- Gynecologic care
- Nutritional counseling, education, intervention
- Referral to clinical trials and assistance programs
- Patient education (individual or group)
- Dental care

Mental Health Services

- Case management by a clinical social worker
- Psychosocial assessments
- Substance abuse assessments, recovery counseling and referrals for long-term treatment



- Individual, couples, group and family therapy
- Support and therapy groups
- Depression and dementia screening
- Psychiatric services

Languages / Interpreter Services Available:

Spanish speaking staff is available and interpreters can be arranged for most languages.

Eligibility Requirements:

None

Insurance / Fees:

Income-based sliding scale fees; all insurance welcome



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Neighboring Resource Listing**

Name/Address of Agency:

Planned Parenthood of Metropolitan Washington
Falls Church Clinic
370 South Washington Street
Suite 300
Falls Church, VA 22046

Contact Information:

Appointment: 703-533-5651
Emergency: 703-740-5314
Fax: 703-533-2064
www.ppmw.org

Purpose of Agency:

Planned Parenthood of Metropolitan Washington (PPMW) provides quality, affordable reproductive health care for men, women and adolescents, and promotes education programs that empower all individuals to make informed and responsible reproductive choices.

Population Served:

Men, women and adolescents

Services:

- Comprehensive reproductive health services
- Teen pregnancy prevention programs
- Family planning
- Breast and cervical cancer screening
- Mammograms
- Sexually transmitted disease testing and treatment
- HIV/AIDS testing and counseling
- Peri- and post-menopause services
- Colposcopy

Languages / Interpreter Services Available:

Spanish speaking staff is available and interpreters can be arranged for most languages.

Insurance/Fees:

Care is accessible to all who need it, regardless of ability to pay. Medicaid accepted.

Hours:

Appointments are required for all services except emergency contraception, pregnancy testing, and HIV testing.



Telephone hours:

Monday – Friday: 9 a.m. – 5 p.m.

Saturday: 9 a.m. – 3 p.m.

Clinic hours:

Monday, Thursday, Friday, Saturday: 9 a.m. – 5 p.m.

Tuesday: 9 a.m. – 8 p.m.

Wednesday: 9 a.m. – 6 p.m.



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Local Hospital Listing**

Inova Alexandria Hospital

4320 Seminary Road
Alexandria, VA 22304
703-504-3000
www.inova.org/iah

Inova Fairfax Hospital

3300 Gallows Road
Falls Church, VA 22042
703-776-4001
www.inova.org/ifh

Inova Fairfax Hospital for Children

3300 Gallows Road
Falls Church, VA 22042
703-776-4002
www.inova.org/ifhc

Inova Mount Vernon Hospital

2501 Parker's Lane
Alexandria, VA 22306
703-664-7000
www.inova.org/imvh

Potomac Hospital

2300 Opitz Boulevard
Woodbridge, VA 22191
703-670-1313 or 540-659-1800
www.potomachospital.com

Virginia Hospital Center

1701 N. George Mason Drive
Arlington, VA 22205
703-558-5000
www.virginiahospitalcenter.com



**HEALTH SERVICES RESOURCE GUIDE
CITY OF ALEXANDRIA
Primary Care Clinics**

Arlington Free Clinic

Ballston Medical Center
3833 North Fairfax Drive
Suite 400
Arlington, VA 22203-1701
Phone: 703-979-1400
Fax: 703-979-1436
www.arlingtonfreeclinic.org

Arlington Pediatric Center

601 S. Carlin Springs Road
Arlington, VA 22204
Ph: 703.271.8800
Fax: 703.271.8585
www.arlpedcen.org

La Clinica del Pueblo

2831 15th Street, NW
Washington, DC 20009-4607
Phone: 202-462-4788
Fax: 202-667-3706
www.lcdp.org

Mary's Center for Maternal and Child Care

2333 Ontario Rd. NW
Washington, DC 20009
and
508 Kennedy Street, NW
Washington, DC 20011
Phone: 202-483-8196
Fax: 202-797-2628
www.maryscenter.org

Prince William Area Free Clinic

Manassas Clinic
9301 Lee Avenue
Manassas, VA 20110
Phone: 703-792-6378
Fax: 703-792-6338
www.pwcgov.org



Prince William Area Free Clinic

Smoketown Clinic

13792 Smoketown Road

Woodbridge, VA 22192

Phone: 703-792-7321

Fax: 703-792-7311

www.pwcgov.org

Whitman-Walker Clinic

1701 14th Street, NW (14th & R)

Washington, DC 20009

Phone: 202-797-3500

Fax: 202-745-0238

and

2301 Martin Luther King, Jr. Avenue, SE

Washington, DC 20020

Phone: 202-678-8877

Fax: 202-678-8099

www.wwc.org



HEALTH SERVICES RESOURCE GUIDE CITY OF ALEXANDRIA Related Services/Resources

Child Care

Alexandria City's Office for Early Childhood Development provides information on local child care resources on its Web site: <http://alexandriava.gov/dhs>. The site includes a list of approved family child care providers, licensed child care centers and half-day child care programs, before and after school programs and summer camps. It also offers general information to help parents select an appropriate child care program. Those without internet access may call 703-838-0750. Please note: the OECD does not specifically endorse any child care provider, nor does it guarantee the accuracy of the information it provides.

For information on licensed programs, including the results of recent inspections and compliance history, visit www.dss.state.va.us and click on Licensed Child Care or call the Fairfax Regional Licensing Office at 703-934-1505.

Homeless Shelters

The Alexandria Department of Human Services (DHS) operates a number of homeless shelters throughout the city. For locations and help with admissions, call the DHS Office of Community Services at 703-838-0901.

Pharmacy

Both Target (www.target.com) and Wal-Mart (www.walmart.com) offer a \$4 generic prescription program in their pharmacies. The program covers more than 300 generic drugs, including many of the most commonly prescribed medications in the U.S. Prescriptions are for a 30-day supply. Area stores include:

- Alexandria Target
3101 Jefferson Davis Hwy, Alexandria, VA 22305
Pharmacy Phone: 703-706-3852
Pharmacy Hrs: Mon. – Fri. 9 a.m. to 9 p.m., Sat. 9 a.m. to 6 p.m., Sun. 9 a.m. to 6 p.m.
- Alexandria Hybla Valley Target
6600 Richmond Hwy, Alexandria, VA 22306
Pharmacy Phone: 703-253-0019
Pharmacy Hrs: Mon. – Fri. 9 a.m. to 9 p.m., Sat. 9 a.m. to 6 p.m., Sun. 9 a.m. to 6 p.m.
- Skyline Target
5115 Leesburg Pike, Falls Church, VA 22041
Pharmacy Phone: 703-253-0022
Pharmacy Hrs: Mon. – Fri. 9 a.m. to 9 p.m., Sat. 9 a.m. to 6 p.m., Sun. 9 a.m. to 6 p.m.



- Alexandria Hybla Valley Wal-Mart
7910 Richmond Hwy, Alexandria, VA 22306
Pharmacy Phone: 703-799-9163
Pharmacy Hrs: Mon. – Fri. 9 a.m. to 9 p.m., Sat. 9 a.m. to 7 p.m., Sun. 10 a.m. to 6 p.m.

- Alexandria Wal-Mart
5800 Kingstowne Blvd, Alexandria, VA 22315
Pharmacy Phone: 703-924-8805
Pharmacy Hrs: Mon. – Fri. 9 a.m. to 9 p.m., Sat. 9 a.m. to 7 p.m., Sun. 10 a.m. to 6 p.m.

Vision Services

- **Hispanic Institute for the Prevention of Blindness**
6269 Leesburg Pike
Suite 303
Falls Church, VA 22044
703-533-7344

- **Prevention of Blindness Society of Metropolitan Washington**
Prevention of Blindness Society
Macular Degeneration Network
1775 Church Street NW
Washington, DC 20036
202-234-1010
www.youreyes.org



HEALTH SERVICES RESOURCE GUIDE CITY OF ALEXANDRIA Financial Resources

ALIVE!

ALIVE!, Alexandrians Involved Ecumenically, provides transitional housing and support services including rent, food, furniture, transportation, utilities and help with utility bills for City of Alexandria residents in need. Access the ALIVE! program by calling the Alexandria Department of Human Services, Office of Community Services, 703-838-0901.

Hospital Charity Care Eligibility Information

Inova Health System Hospitals (Inova Alexandria Hospital, Inova Fairfax Hospital, Inova Fairfax Hospital for Children and Inova Mount Vernon Hospital)

Charity Care Policy:

- Uninsured patients receive a 35 percent discount off of their total hospital charges.
- Uninsured patients not covered by Medicaid or Medicare may apply for additional financial assistance.
- Eligibility is based on family size, income and other resources and applicants are expected to exhaust all other payment sources as a condition for approval.
- Uninsured patients whose income is at or below 125 percent of federal poverty guidelines are eligible for charity care.
- A sliding fee scale is offered to uninsured patients with income between 125 and 250 percent of federal poverty guidelines.

For more information, or to determine charity care eligibility, call 703-321-2539.

Potomac Hospital

Charity Care Program:

- Uninsured or underinsured patients who do not qualify for federal or state indigent/charity care programs may be eligible for a reduction in their account balances under Potomac's Charity Care Program. This program provides uncompensated care to those patients who exhibit a need when all other means of assistance are exhausted. A discount is given to patients with documented household incomes between 100 and 400 percent of the current year's federal poverty guidelines.

Discount Program for the Uninsured/Underinsured

- Under this program, uninsured or underinsured patients who fail to qualify for the Charity Care Program described above are eligible for a percentage reduction in their account balances.

For more information about either of these programs, call 703-670-1335.

Virginia Hospital Center

Financial assistance may be an option for patients with little or no income. These funds are available for hospital services only. To determine eligibility, or learn more, call the hospital's Patient Financial Services Department at 703-558-2492.



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