

**Alexandria Public Health Advisory Commission
Minutes of the Thursday, April, 16 2015 Meeting**

5:30 – 7:00 p.m.

Fourth Floor Conference Room
Alexandria Health Department

I. Introductions and Attendance – Meredith Taylor

Present

Meredith Taylor
Keith Hearle
Rebecca Ash
Mary Dixon
Shay Holman
Mark Penn
Andrew LaVanway
Katya Wanzer
Stephen Haering, AHD
Diana Sanchez, AHD

Guests

Allen Lomax, PHA
Dan Hawkins, Mayor's Advisory Panel

II. Meeting was called to order at 5:33 p.m. A quorum was established.

III. Approval of the meeting minutes from the February 19, 2015 meeting.

- Motion to approve the minutes – Mark Penn
- 2nd to back motion – Andrew LaVanway
- Minutes were approved unanimously at 5:34 p.m.

Approval of the amended meeting minutes from the March 19, 2015 meeting

- Motion to approve the minutes – Andrew LaVanway
- 2nd to back motion – Mark Penn
- Minutes were approved, as amended, unanimously at 5:35 p.m.

IV. Update on Mayor's Advisory Panel – Dan Hawkins, Chair

- Panel was created because of the 5000-5500 uninsured Alexandrians with no place to go. This group is too rich for Medicaid and too poor to pay for out of pocket insurance. The Mayor felt strongly about this issue and major representatives from all departments are involved. The panel identified the 5000-5500 who are ineligible for Medicaid and ineligible for insurance assistance health plans. The group has been identified by zip code.
- Specialty care, dental care and mental health and behavioral services, Alexandria Health Department (AHD) and Neighborhood Health (NH) do not have the resources to provide care at affordable rates to the uninsured.
- Initial ideas have been brought up to Mayor for short term fixes. More work needs to be done for long term solutions for City of Alexandria residents. April 30 is the date to bring in the short term recommendations to the Mayor.
- Next week is the date we were looking at for the initial review of recommendations – Meredith Taylor.
 - What is the relationship between what the panel finds and the CHIP? – Andrew LaVanway
- The Community Health Improvement Plan (CHIP) speaks about affordable insurance; this is about not being able to afford it. The panel will like to fill in the gaps of the CHIP.
- Whatever the CHIP brings, the panel can spring forward – Dr. Haering

- To what extent are we applying the national standard to our problem?
– Andrew LaVanway
 - Working with NH and community health centers and they have to do A community health needs assessments to identify the unmet needs of the community. Also the expertise of the 14 panel members.
 - The Problem Solving Methodology by John Hopkins University is something we are looking at. It is a research based methodology – Dr. Haering
 - We are trying to target one specific problem. Their problems can be identified and short term problems can be helped, long term problems will be costly but the long term will benefit everyone. The goal of the panel is to maintain and improve the health of everyone.
- V. Key Findings from the INOVA Alexandria Hospital CHNA – Keith Hearle
- Presentation about the INOVA Alexandria Hospital Community Health Needs Assessment (CHNA). The CHNA is a mandate of the Affordable Care Act and was not on the Community Health Improvement Plan (CHIP). A PowerPoint presentation was handed out to the members of PHAC. This handout was an interim presentation to the INOVA Alexandria planning group which showed initiatives about problems that were found. The last assessment was done in 2013 and INOVA is gathering information to this again with the hospitals.
 - The PowerPoint shows current investments by INOVA and how a lot of the programs are centralized. It also contains the outline of the CHNA report; laying out the categories and data. 60-70 interviews were conducted and Dr. Haering and the Mayor were interviewees. The benchmarking shows that numbers were not up to Health Virginia 20/20. INOVA Alexandria is more than what is shown (referencing slide 7) as INOVA spreads into other counties. A 5% growth is projected for 55 and up population. Alexandria is expected to have 1% growth in next year.
 - Morbidity and Mortality indicators were also reviewed with INOVA Alexandria Hospital. Interviews were conducted regarding various problems. The problems that rose to the top are: lack of access to dental care, alcohol abuse, lack of collaboration among providers, and language barriers.
 - This resource is out there, the INOVA Alexandria Hospital Community Health Assessment, for anyone.
 - A planning meeting will take place next week and INOVA will start planning again.
 - One data source that has been updated is the CHSI by the CDC that has just been reissued last month and benchmarked by peer counties across the U.S. The data is based on 2014, 2013 and on, and it was published in March 2015.
 - Would like to know how CHSI made the comparisons and to see how they compared the counties. – Dr. Haering
 - Also to see the implementation strategy of INOVA Alexandria Hospital CHNA – Allen Lomax
- VI. AHD Development of a Community Health Assessment – Dr. Haering
- It is a Preventive Medicine Resident project and over 100 health indicators found using a lot of CHSI information. The Preventive Medicine Resident is wrapping up his rotation and the new BT Epi who started last Friday will be taking over the project. In the next two months this will be fully rolled out, specific to Alexandria.
- VII. Priorities Issues for 2015 – Meredith Taylor
- Open up discussion on picking some priorities for 2015.

- Supports taking on e-cigarettes. It is a keen issue and people will benefit from it and a discussion. There is a concurrent decrease with tobacco but e-cigarettes are increasing. The decrease is not as high as the increase of e-cigarettes. – Andrew LaVanway
 - Data will be released from December on e-cigarettes. School systems have added it to the prohibited items list. It is illegal to sell e-cigarettes to minors in Virginia. E-cigarettes can be sold anywhere, dollar stores are selling them. – Allen Lomax
 - Can we utilize the Inova Alexandria CHNA with our 2015 priorities? Or group priorities? Use priority number 9 and have number 5 and 6 as activities? – Rebecca Ash
 - Use priority number 10 and have number 4, as an activity – Shay Holman
 - Partnership has 4 groups under it. If there is a topic that stands out, reach out to collaborate with groups. – Allen Lomax
 - How to address lack of collaboration between everyone, with the City Council and possibly pushing that forward? – Rebecca Ash
 - AHD and NH collaborate with transferring services such as dental, Ryan White, etc. Also there is collaboration with INOVA at Casey Center and collaboration with ACPS with the Teen Wellness Center (TWC). – Dr. Haering
 - How is poor community safety related to Public Health? – Rebecca Ash
 - It shows that living in an unsafe area can cause a high stress and lead to health issues – Dr. Haering
 - Shay Holman, Andrew LaVanway supports taking on e-cigarettes. Mary Dixon supports the Commission on taking on e-cigarettes but also feels strongly about geriatrics.
 - Mark Penn supports taking on e-cigarettes and smoking, but geriatrics is becoming a major problem. Met with the Commission of Aging and there is no program in Alexandria for the in-between home to nursing home care. There are not enough nursing beds and it is extremely unsafe.
 - Rebecca Ash and Keith Hearle support taking on smoking and e-cigarettes.
 - What is it and how it affects Alexandria? – Katya Wanzer
 - Meredith Taylor supports taking on e-cigarettes and encourages more research.
 - The Substance Abuse Prevention Coalition has done some research on e-cigarettes. – Allen Lomax
- A. Alexandria Health Department (AHD) – Dr. Stephen Haering
- BT Epi is on board and PHEM interviews will take place tomorrow and will have someone soon.
 - Primary Care and Teen Pregnancy hits hard. We need a Nurse Practitioner at the TWC and position has been opened a year. If we don't get someone this round, I'll look into bumping up pay with the City.
- B. Partnership for a Healthier Alexandria (PHA) – Allen Lomax
- Meet with CEO of Chamber of Commerce.
 - Have healthy employer program "Work Well, Live Well" and person at Motley Fool has taken the lead.
 - PHA's logo has been redesigned and we are close to picking one.
 - Members of the partnership to help with the implementation of the CHIP. June will be first members meeting to take the CHIP and eight focus areas, and break out into work groups.

- C. Neighborhood Health (NH) – Keith Hearle
- Went over information about NH. FY14 independent audit showed that it was solidly in the black. Received help from INOVA to make bottom line.
 - Financed seven million dollars to purchase and remodel building at 6677 Richmond Highway.
 - HRSA inspection is next week and there will be a meeting with Board next Wednesday in regards to feedback on HRSA inspection.

- D. Department of Emergency Management – Mark Penn
- Active Shooter exercise that was previously scheduled fell through but will now occur next week. Also a hurricane exercise will happen in June.
 - Raising resources for Department of Emergency Management is being supported by the City Manager.
 - We are almost done with the non-pharmaceutical intervention planning regarding Ebola and future outbreaks.

- VIII. Updates to Our Roster – Meredith Taylor
- Discussion regarding the proposed changes to PHAC roster.
 - Motion to approve legislative and amended roster – Andrew LaVanway
 - 2nd to back motion – Rebecca Ash
 - Motion was approved unanimously at 7:04 p.m.

IX. This will be the last meeting for Shay Holman, as she is no longer the chair of the Community Services Board. A replacement is to be determined. Meredith Taylor thanked Shay Holman for her service on the Commission.

X. Motion to adjourn meeting at 7:06 p.m.

Next Meeting: May 19, 2015

Minutes Respectfully Submitted by:

Diana Sanchez

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