

STOP THE SPREAD OF COVID-19



YOUR NEIGHBORS AND LOVED ONES ARE **COUNTING ON YOU**



DO: • Stay home if you are sick!



• Cover your mouth and nose with a mask or cloth face cover when indoors or around others

• Maintain six feet of personal space

• Cover your coughs and sneezes

• Wash your hands often or use hand sanitizer



DON'T: • Attend any non-essential gatherings,
or any gatherings of over 10 people



High risk individuals may want to take additional precautions, including those over 65, those who are immunocompromised, and/or those who have an existing health condition, including chronic lung disease or moderate to severe asthma, serious heart conditions.

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