

**Community YouthMapping in the East End of Alexandria, Virginia  
2011 Summary Report  
February 2012**



Courtesy of Del Ray Patch



## TABLE OF CONTENTS

<b>Executive Summary</b>	<b>3</b>
<b>Community YouthMapping</b>	<b>5</b>
<b>Data Analysis and Summary</b>	<b>6</b>
<b>Benefits to Youth Involved in CYM Project</b>	<b>20</b>
<b>Conclusion</b>	<b>20</b>
<b>Recommendations</b>	<b>21</b>
<b>Next Steps</b>	<b>22</b>
<b>Appendix A: Community Youth Mapping Survey</b>	<b>24</b>
<b>Appendix B: Youth to Youth Survey</b>	<b>28</b>
<b>Appendix C: List of Organizations Offering Programs/Services</b>	<b>34</b>
<b>Appendix D: List of Organizations Offering Free Meeting Spaces for Youth</b>	<b>42</b>
<b>Appendix E: Executive Summary from 2010 West End CYM Project</b>	<b>44</b>
<b>Appendix F: Description of the East End</b>	<b>47</b>

## Executive Summary

In summer 2011, the Substance Abuse Prevention Coalition of Alexandria (SAPCA) and its partners sponsored their second Community YouthMapping (CYM project) to identify resources, programs and services for youth in the City of Alexandria, and to highlight gaps in those resources. The West End was mapped in 2010. The second mapping in 2011 focused on Alexandria's East End.

Sixteen Alexandria teens, called "mappers," surveyed 484 businesses, schools, faith-based and other organizations in the East End. They also conducted surveys with 114 of their peers about places to go, things to do, and what youth expect and want in the places they visit in Alexandria. Mappers provided their own input on the mapping process, their perceptions of Alexandria and whether it is a "youth-friendly" city.

The findings are qualitative because this data gathering was exploratory in nature. The study was conducted to gain insight into the programs and services offered to children, youth and families. The data were drawn from a convenience sample, i.e., a non-scientific sample of those who volunteered to complete the surveys.

The findings suggest that Alexandria youth are not well connected to programs, services, and other resources offered in the community, and there are gaps in resources for older youth. Mappers found that most organizations surveyed do not offer community programs or services. Over 80 percent of the organizations are for-profit businesses and few offer employment, internship or volunteer opportunities for youth. Ninety percent of organizations do not employ youth and over 60 percent have no interest in providing youth with opportunities. Most of the organizations located in the East End are clearly geared towards adults.

The results also show that organizations and businesses in the East End have little awareness of what occurs in the neighborhood. Regarding the surveyed organizations' perceptions of youth risk behavior, few said alcohol, tobacco, drug use, teen pregnancy or gangs were problems in their neighborhood. Over 40 percent said they did not know because their only interactions with the neighborhood were during work hours and they spent most of their time inside their businesses.

The youth survey results show almost 70 percent of youth spend their time at home in the afternoon during the school year, and watching TV or listening to music during the summer. Over 70 percent of youth indicate the most important reason they go to a certain location after school is because they have fun there, and almost 60 percent said it was because their friends go there. About 60 percent of youth said there is a place in their neighborhood where they could go after school, but only 20 percent said they go there all of the time and close to 40 percent only go sometimes. The youth survey results show that youth are either unaware of "youth-friendly" places in their neighborhood, or choose not to go there because the places don't suit their wants and needs.

## Recommendations from the CYM project:

- Hold town forums to discuss and brainstorm possible solutions and options for the City regarding issues that pertain to youth
- Provide youth with access to information regarding organizations that offer opportunities, and promote the opportunities offered
- Ask youth what programs and services they want to see offered at different locations
- Encourage businesses and organizations to support youth development by highlighting how it benefits them and the community
- Increase organizations' awareness of the culture and climate in their neighborhoods to build their connection to the City
- Encourage businesses, JobLink, and the Alexandria Chamber of Commerce to provide and promote more job training and job opportunities for youth
- Develop, expand and promote more after-school activities and programs
- Work with Volunteer Alexandria and other youth-serving organizations to provide more volunteer opportunities for the youth in the City
- Work with the Alexandria City Public Schools in the Community School planning effort to identify and close gaps in programs and services in the City

SAPCA wants this report to be a catalyst to facilitate partnerships between youth and organizations in the community and to enhance the programs and services provided to Alexandria's youth. The results of the CYM project will be widely distributed to organizations and community members in an effort to support CYM partners with the implementation of the recommendations contained in this report. It is SAPCA's hope that organizations in Alexandria will work harder to connect youth to programs, services, and resources, so youth feel more connected to the community, thereby helping to achieve Goal Four in the City's Strategic Plan. The goal states, "Alexandria is a community that supports and enhances the well-being, success and achievement of children, youth, and families." The CYM project is compatible with the second objective, "Alexandria supports quality, evidence-based initiatives that promote the well-being of children, youth and families." Connecting youth to City organizations and businesses will reduce the occurrence of risky behaviors in adolescent, including substance use and abuse, risky sexual behavior and violence, addressing an initiative in the second objective of Goal Four.

For questions or to request more information, contact SAPCA's Coordinator, Noraine Buttar, at 703-746-3670 or [noraine.buttar@alexandriava.gov](mailto:noraine.buttar@alexandriava.gov).

## **Community YouthMapping (CYM)**

Community YouthMapping (CYM), coordinated by local public/private/nonprofit partnerships, brings together youth and adults as they discover community resources and opportunities for children, youth, and families. Youth, accompanied by adults, go door-to-door in communities, surveying businesses and organizations. This strategy helps identify a variety of resources that may not be commonly known to the general community. The CYM project involves youth, called mappers, who use a survey tool to gather baseline information on the resources available in the community. The CYM survey tool was developed by the Academy for Educational Development (AED) and is used in numerous communities. In July 2011, AED programs combined with a non-governmental organization, FHI, to create a new entity, FHI-360.

Phase two of the Alexandria CYM project occurred from July 16 to August 19, 2011, and focused on Alexandria's East End. Phase one included the mapping of Alexandria's West End in the summer of 2010. (A copy of the executive summary is included as Appendix E. To read the complete results of the West End CYM project, go to <http://healthieralexandria.org/uploadedFiles/healthieralexandria-wwwroot/Sapca/cymreportFINAL03.01.pdf>. Appendix F contains a detailed description of the East End.)

Both phases were a special project of the Substance Abuse Coalition of Alexandria (SAPCA) and its partners: The Alexandria Campaign on Adolescent Pregnancy; Alexandria City Public Schools; Alexandria Fire Department; Alexandria Police Department; Alexandria Department of Community and Human Services; Alexandria Department of Recreation, Parks, and Cultural Activities; Alexandria Health Department; Alexandria Sheriff's Office; JobLink; and the Partnership for a Healthier Alexandria. This project was possible due to the partnership of these key Alexandria government and community organizations, and their ability to define the common goals of the project and combine limited resources.

FHI-360 served as a consultant for Alexandria's 2011 CYM project. FHI-360 staff provided technical assistance that included guiding the development of the mapping team; facilitating development of survey tools and timelines; developing an online data management system; conducting on-site training of youth mappers and supervisors; and advising on the use of the collected data. The AED CYM survey was customized for Alexandria to ensure stakeholders' questions were answered. (A copy of the Alexandria survey form is included as Appendix A.)

YouthMappers were recruited by TeensWork!, the City of Alexandria's youth summer employment program through JobLink. Youth candidates applied and completed an assessment in math and reading before they were offered Alexandria YouthMapper positions. An FHI-360 consultant trained the mappers and the four adult supervisors in the CYM process. Mappers learned how to administer the surveys and how to input the survey responses into a data-entry system.

During the 2011 summer, 16 Alexandria teens between the ages of 14 and 18 participated in CYM. They surveyed East End business and organization owners and managers, asking about

resources, opportunities, and perceptions about risky behaviors among youth in their neighborhoods.

YouthMappers and their supervisors asked managers and owners of 797 businesses and organizations to complete the survey. Of these, 484 completed the survey and 313 declined to participate. Of the 313 businesses or organizations that declined, stated reasons were that they did not have time, were not interested in participating in the survey, or did not want to provide the information. The programs and services offered by each respondent are provided on the National Community Youthmapping site, [www.communityyouthmapping.org](http://www.communityyouthmapping.org). (Select Alexandria, and then click on the program or service.)

The mappers also conducted peer-to-peer surveys with youth in a summer program and summer school. They asked their peers about the places they go during the school year and the summer and their reasons for going to those places. (A copy of the youth survey is included as Appendix B.)

## **Data Analysis and Summary**

It is important to note that the quality of the data is only as good as the accuracy of the responses received from the organizations and businesses.

The information that follows provides a summary of the data collected through the survey element of the mapping process. Specifically, it provides information on the:

- Available community programs and services
- Types of organizations surveyed
- Current opportunities for youth
- Number of youth employed and applying for employment
- Number of organizations interested in providing opportunities
- Number of youth served by various organizations
- Organizations' perceptions of at-risk behaviors

**Table 1: Summary of Community Programs or Services**

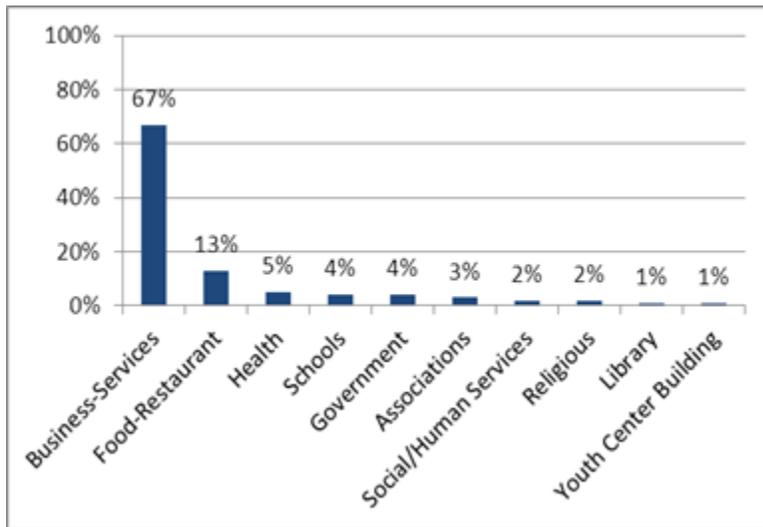
<b>Community Program/Service</b>	<b>Description of Program/Service</b>	<b># of Locations Offering One or More Service</b>	<b>Percent of Locations Offering One or More Service</b>
Sponsor Special Events and Activities & Other Programs/Services	Includes sponsorship of special events and activities; field trips; programs; job shadowing; fundraising; Bible study and donations	126	26%
Other Services/Resources	Includes advocacy for children, youth, and adults; cultural arts and activities; employment information and referral; employment vocational and career training; event organizing; Internet access; Boy and Girl Scouts; leadership opportunities; training and development; religious services and education; self help and support groups; and sponsorship of special events and activities	97	20%
Non-School Hours Day Care and Camps	Includes after-school programs involving art and music; day and summer camps; and day care for infants through school-age children	42	9%
Places	Includes baseball fields; basketball courts; bike trails; football field; ice skating; jogging trails; a library, parks; playgrounds; public and private swimming pools; tennis courts; and recreation centers	38	8%
Health and Counseling Services	Includes counseling in career; child abuse; college prep; domestic violence; eating disorders; incest; loss; other; peer; sexual assault; substance abuse and suicide. Includes health services: AIDS/HIV; dental; family health; hospital; mental health; pediatric;	39	8%

	and substance abuse treatment		
Education Services/Resources	Includes alternative high schools, college and financial aid; computer training; ESL; GED; Head Start, literacy instruction; and services for safety; sexuality; special education; substance abuse; testing & referral; tutoring	38	8%
Basic Needs and Emergency Services	Includes conflict mediation/resolution services; crisis intervention; emergency clothing; food; and transportation; WIC housing referrals and payment assistance; and transportation assistance	28	6%
Family Services	Includes services for adoption; family support; foster care; preventative services for children; and senior citizens; parenting assistance and training; and respite care	21	4%
Sports and Recreation Programs	Includes lessons and competitions for baseball; basketball; bowling; field hockey; football; lacrosse; soccer; swimming; tennis; track and field; and volleyball	17	4%
Legal and Victim Services	Includes child abuse and neglect services	8	2%

### **Types of Organizations**

As shown in Figure 1, of the 484 organizations in the East End surveyed, 67 percent (322) were businesses, which included grocery chains, hair salons, and smaller shops. Thirteen percent (61) were restaurants and 5 percent (24) were health organizations.

**Figure 1: Types of businesses and organizations**



### **Community Programs or Services**

Organizations and businesses were asked if they offered specific community programs or services for community members at their location. (The names of organizations that offer programs or services and responded to the survey are listed in Appendix C.) Organizations self-identified the programs and services they provide. The data do not include programs or services that provide outreach to young people on the East End but are based elsewhere in the City. The two largest categories of programs or services identified by respondents were sponsoring special events or activities and other programs/services, and providing other services/resources.

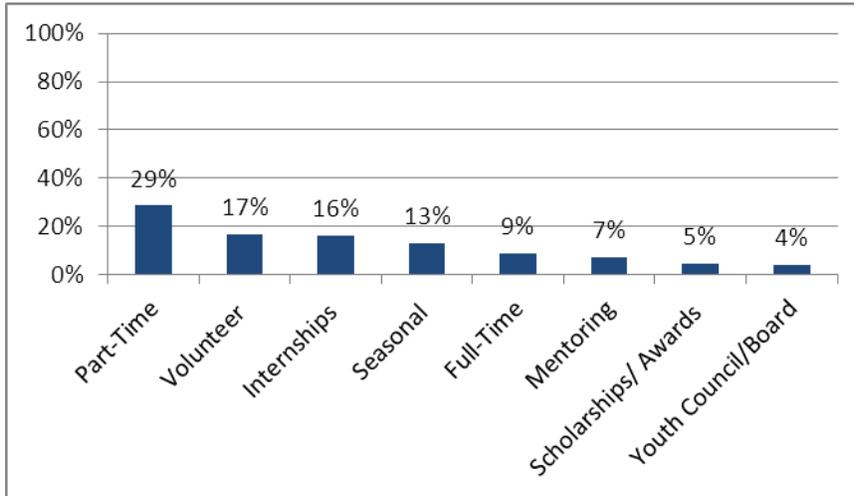
The majority of the organizations, 82 percent (399), were for profit; 18 percent (85) were nonprofit and local government organizations.

### **Current Opportunities for Youth**

The majority of the organizations surveyed – 62 percent (298 organizations) – did not offer opportunities for youth, such as employment, internships, mentoring or volunteering. As shown in Figure 2, of those organizations that did provide such opportunities, only 29 percent (139) offered part-time employment, 17 percent (82) offered volunteer opportunities, and 16 percent (78) offered internships.<sup>1</sup> Their reasons for not offering youth opportunities included: youth lack the appropriate skills for open positions; youth are not mature enough to work at their organization; all positions are filled; the organization is geared towards adults; and age restrictions for new employees (must be 18 and over).

<sup>1</sup> Organizations could offer multiple responses; data reflect overlap.

**Figure 2: Current opportunities offered to youth by organizations**

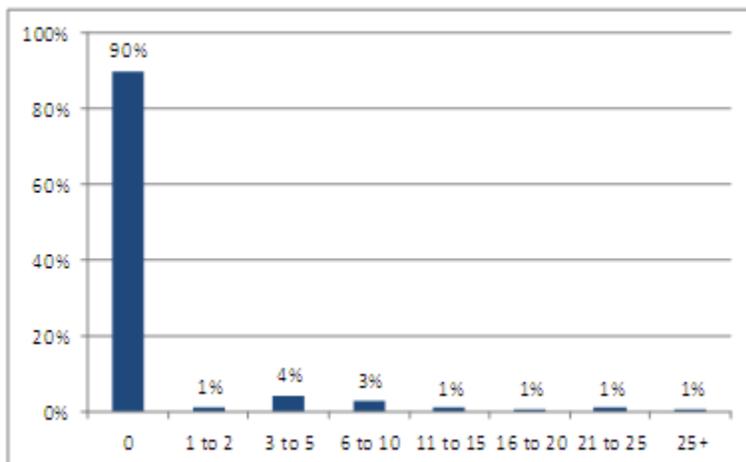


*Organizations think youth lack appropriate job skills, or are not mature enough to work.*

**Number of Youth Employed and Applying for Employment**

Figure 3 shows that 90 percent (435) of organizations did not employ youth, while four percent (18) employed three to five youth, and three percent (12) employed six to 10 youth within the past six months. Only one percent (5) respectively employed one to two youth, 11 to 15 youth, 16 to 20 youth, and 21 to 25 youth. Many respondents stated that youth lacked the appropriate skills to fulfill job requirements. Others said that all positions were filled or they only hire adults.

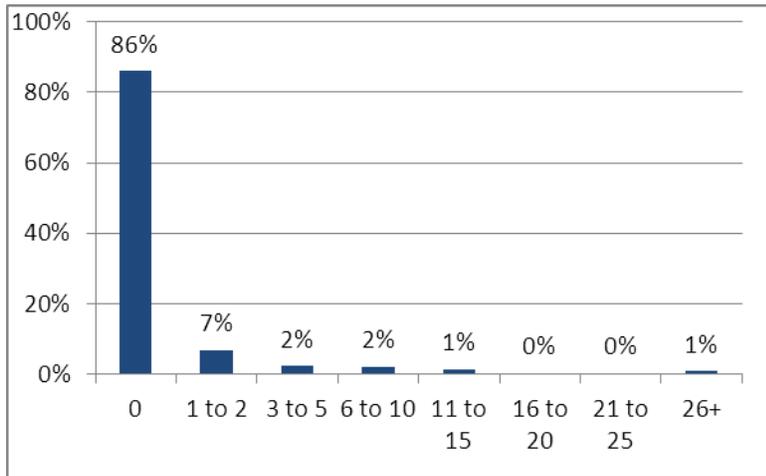
**Figure 3: Number of youth employed at businesses and organizations in past six months**



*90% of organizations in the East End of Alexandria do not employ youth.*

As shown in Figure 4, 86 percent (416) of the organizations said youth had not applied for employment at their locations, because they thought because the youth did not have an expectation of being hired. One percent (4) of organizations were unable to hire the 26 or more youth who had applied for positions.

**Figure 4: Number of youth that had applied/walked in, or filled out applications that businesses were not able to hire**



*“If not for JobLink, we [youth] wouldn’t have jobs and we would not be making any money.”*  
 – YouthMapper

Figure 5 shows that most organizations, 62 percent (298), were not interested in providing youth with opportunities. Twenty-one percent (101) were interested in providing youth with employment and 20 percent (96) were interested in providing youth with internships.<sup>1</sup>

**Figure 5: Organizations interested in providing youth with various opportunities**

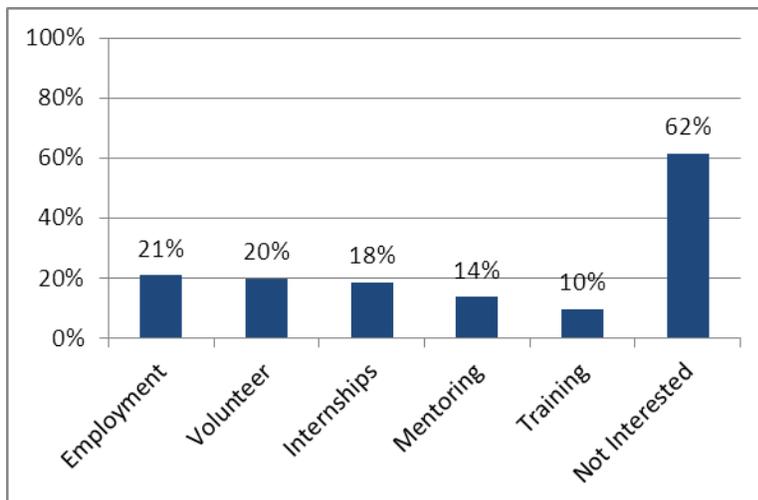
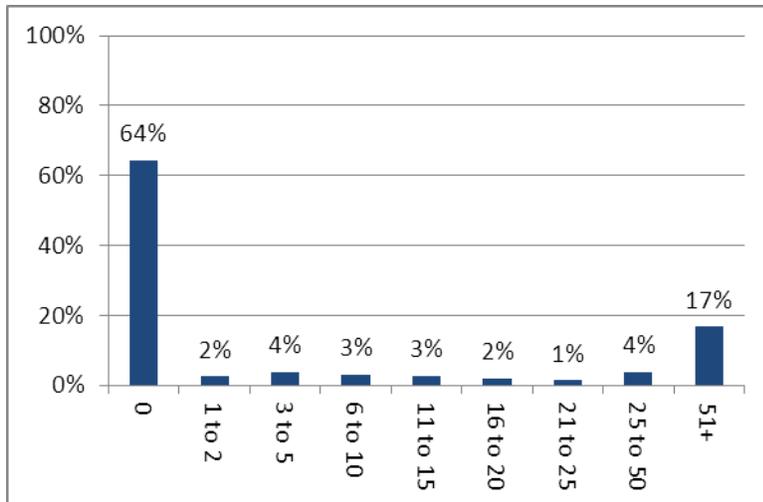


Figure 6 shows that 64 percent (311) of organizations served no youth at their location on a monthly basis. Seventeen percent (81) served 51 or more youth monthly. For the purposes of this survey, “served” means provided goods or services to youth. Because most of the locations were for profit, they charge youth for services. Of those organizations that did not serve youth, reasons included: they were geared towards adults such as auto repair or car dealerships; they served alcohol; youth couldn’t afford to eat or shop at their business; and youth didn’t meet the eligibility criteria, in the case of higher level educational organizations. One organization that

<sup>1</sup> Organizations could offer multiple responses; data reflect overlap.

mentored youth stated it had turned away more than 100 youth due to lack of funding and resources.

**Figure 6: Total number of youth served**



*“We’ve turned away almost 100 youth this past year because we don’t have the funding or resources to help them all.”*  
- Mentoring Organization

### Gathering Places for Youth

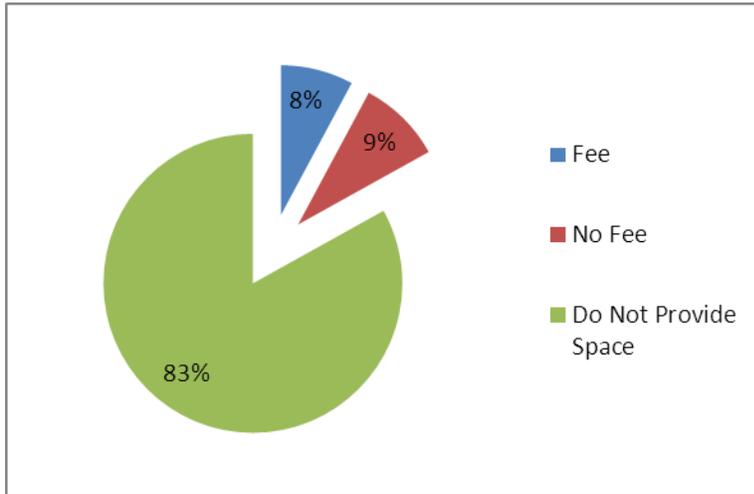
When asked where they saw youth congregating, organization owners and managers identified the following locations:

- Waterfront
- Wythe Street
- T.C. Williams
- G.W. Middle School
- Skate Park on Duke St.
- Shopping Centers
- Recreation Centers
- Parks, Playgrounds
- Streets of Old Town

Unlike the respondents to the 2010 West End CYM who reported that youth congregated at local convenience stores, in parking lots, and bus stops, many respondents to this survey stated they saw youth gather at “youth-oriented” places such as recreation centers, parks and playgrounds, and schools.

As shown in Figure 7, the majority of locations, 83 percent (400), did not have available meeting space for youth programs. Only a small percentage (44) offered free space for meetings. (A list of the organizations with free meeting space is included in Appendix D.)

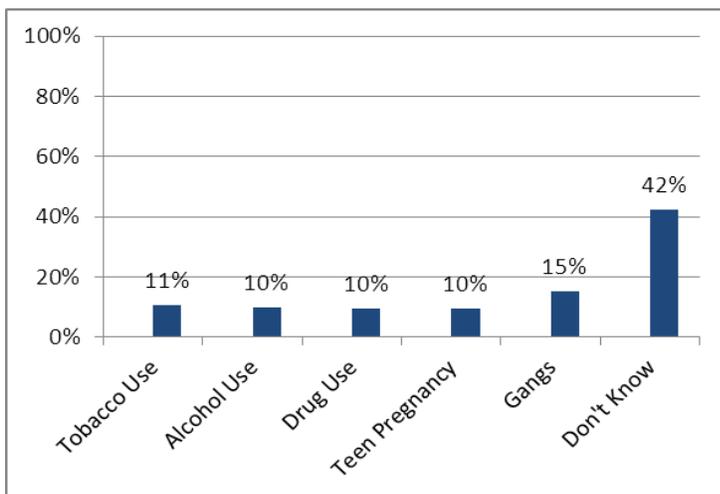
**Figure 7: Organizations with free space available for meetings**



**Content Related to Youth Risk Behaviors**

As shown in Figure 8, 42 percent (205) of organizations surveyed said they did not know if tobacco, alcohol and drug use, teen pregnancy and gangs were major problems among Alexandria youth in their neighborhood.<sup>1</sup> Fifteen percent (74) said gangs were a problem, 11 percent (51) said tobacco use was a problem, and 10 percent (48) indicated that alcohol and drug use, and teen pregnancy were problems in their neighborhood. As stated earlier, many organization owners were unaware of what was going on in their neighborhood. They either answered that they didn't know, or said they didn't think any of the four issues were a problem because they had not witnessed them.

**Figure 8: Organizations that felt alcohol, tobacco, and drug use, teen pregnancy, and gangs were a problem in their neighborhood**



“I’m only here during business hours, so I don’t know what goes on after five o clock.”  
 - Business owner

<sup>1</sup> Organizations could offer multiple responses; data reflect overlap.

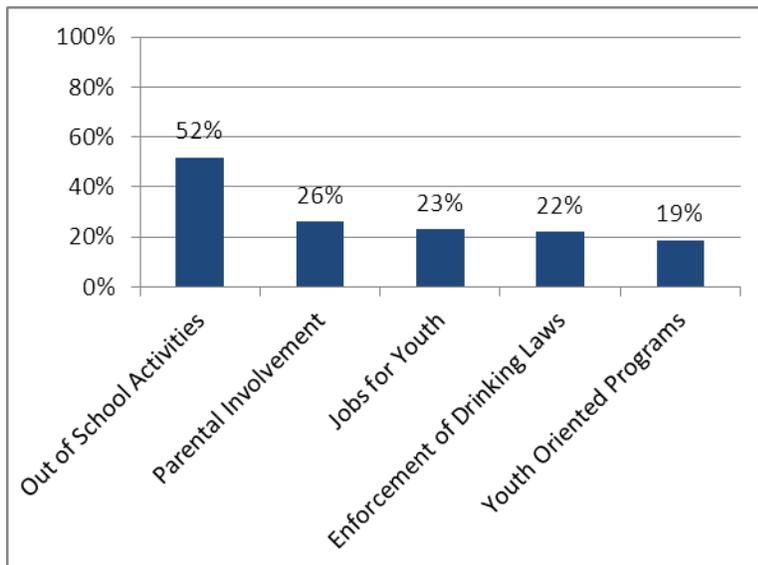
Respondents were asked where they saw youth using drugs and alcohol. Places mentioned more than once were:

- West End of Alexandria
- Parking lot and side of T.C. Williams (smoking)
- Parks and playgrounds after hours
- McDonalds parking lot on Route One
- By King Street Metro

Many of the business owners and managers stated they did not know because they rarely ventured outside their stores. Several owners and managers stated they were only in Alexandria between 9 a.m. and 5 p.m. for work so they were unaware of what may or may not be occurring outside of their organizations.

As shown in Figure 9, when asked what would help reduce youth substance use and abuse in the City, 52 percent of organizations (251) said more out of school activities, 26 percent (126) said more parental involvement, 23 percent identified jobs for youth, 22 percent indicated more enforcement of underage drinking laws, and 19 percent (91) said more youth oriented programs.<sup>1</sup>

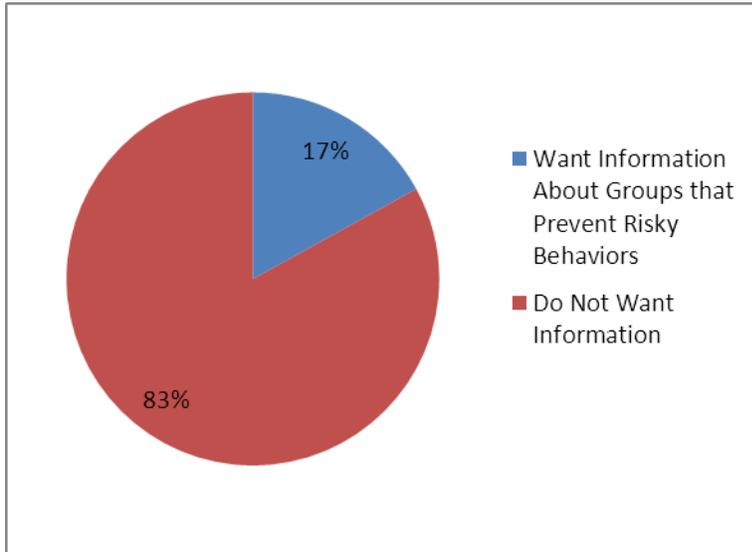
**Figure 9: Organizations’ perception of important needs in their neighborhood in terms of preventing youth substance use/abuse**



As shown in Figure 10, when asked if they wanted prevention information about youth substance abuse, gang involvement or teen pregnancy, 83 percent (404) of the organizations surveyed did not want any information. Seventeen percent (80) of the organizations requested information about youth substance use, teen pregnancy, and/or gangs.

<sup>1</sup> Organizations could offer multiple responses; data reflect overlap.

**Figure 10: Organizations that want information from groups in the City that work to prevent substance use and abuse, teen pregnancy, and gang involvement.**

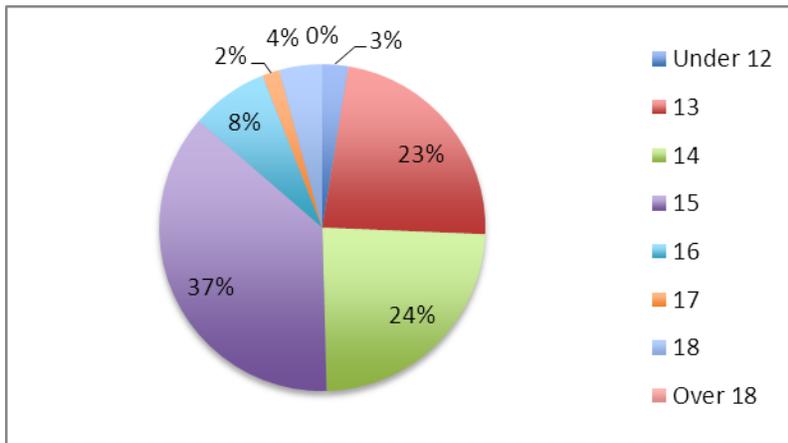


### Youth-to-Youth Survey Data

YouthMappers conducted surveys with 100 youth in the Power Up program at George Washington Middle School and several physical education summer school classes at T.C. Williams High School.

Figure 11 shows the breakdown in ages of the youth that were surveyed. The majority of the youth were between the ages of 13 and 15. One hundred seventeen youth were surveyed. Fifty percent (57) identified as male and 47 percent (54) as female. Three did not specify a gender.

**Figure 11: Ages of youth surveyed**



As shown in Figure 12, the majority of the students, 58 percent (68), attended T.C. Williams High School. Eleven percent (13) each attended George Washington Middle School, Francis C

Hammond, and Minnie Howard campus of T.C. Williams. Seven percent (8) said they attended school outside of Alexandria and two percent (2) said they did not attend school.

**Figure 12: Schools attended**

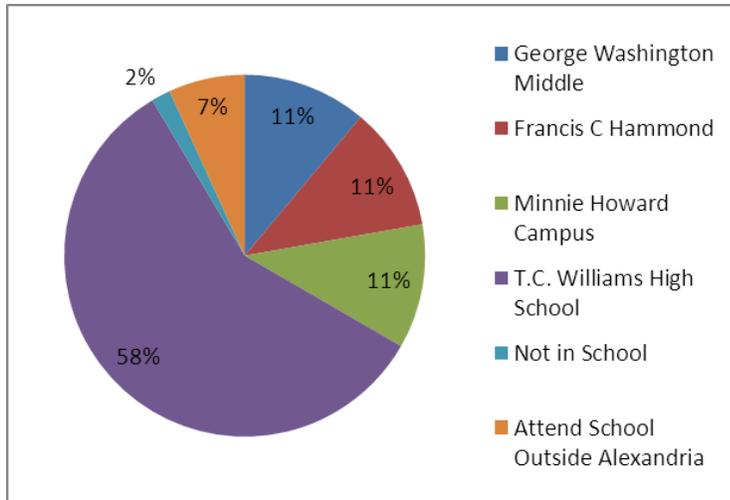
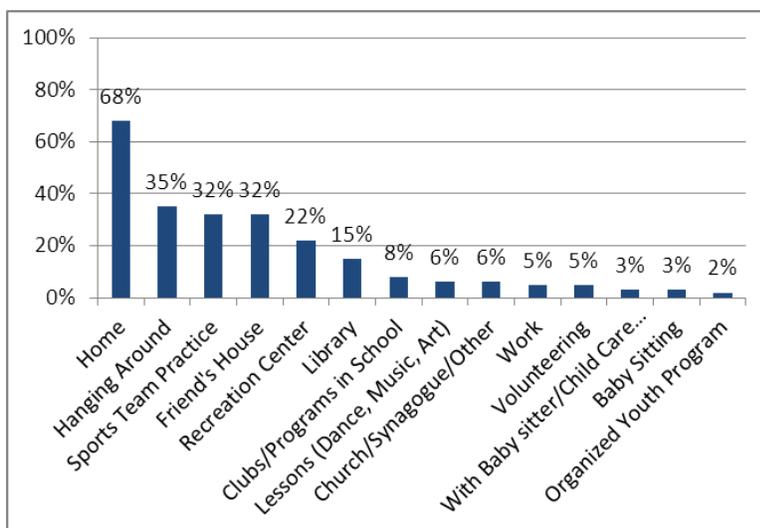


Figure 13 shows that during the school year, 68 percent (79) of respondents reported they spent most of their time in the afternoon at home, 35 percent (41) spent the time hanging around, 32 percent (37) spent it at a friend’s house or sports team practice, and 22 percent (26) spent the time after school at a recreation center.<sup>2</sup>

**Figure 13: Where students spend most of their time in the afternoon during the school year**



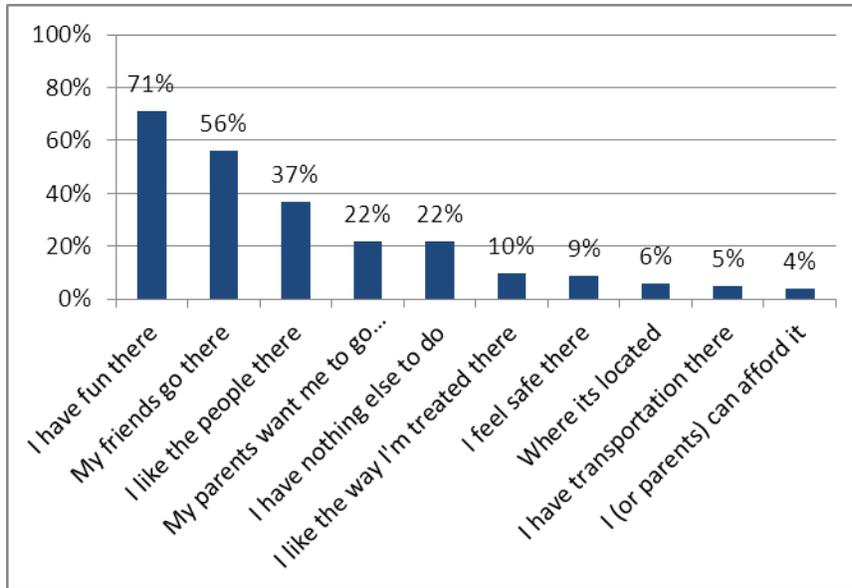
*Youth spend most of their time hanging out at home after school, watching TV or listening to music.*

As shown in Figure 14, when asked the three most important reasons they go to the location they chose above, 71 percent (83) said they have fun there, 56 percent (66) said it was because their

<sup>2</sup> Youth could offer multiple responses; data reflect overlap.

friends go there, and 37 percent (43) said it was because they like the people there.<sup>2</sup> Youth rated location, transportation, and cost as the least important reasons they go to the location.

**Figure 14: Three most important reasons youth go to the location in Figure 13**



*The three most important reasons youth visit a location are because they have fun there, their friends go there, and they like the people there.*

Figure 15 shows that 41 percent (48) of youth use public transportation, 40 percent (47) walk and 35 percent (41) ride with parents to reach their afternoon destination.<sup>2</sup>

**Figure 15: Mode of transportation**

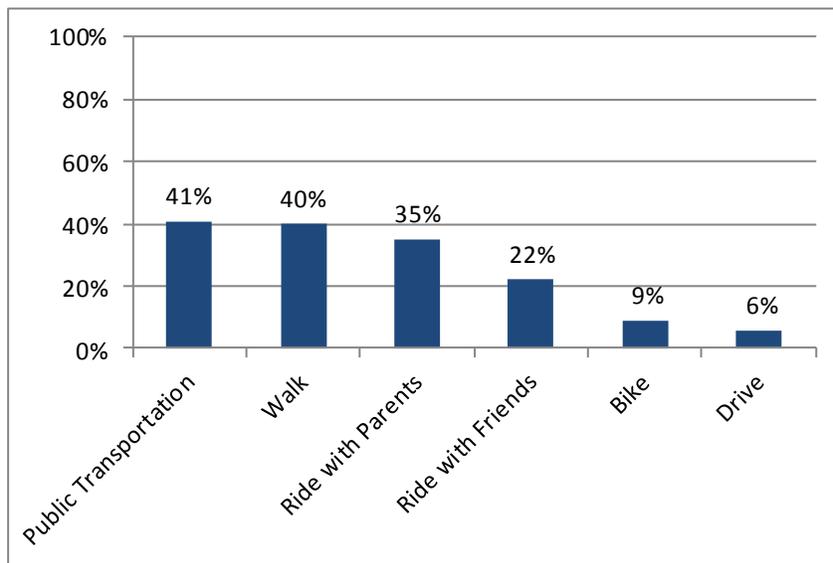


Figure 16 shows that 59 percent (69) of youth said there was a place in their neighborhood where youth their age could go after school, while 41 percent (47) said there was no such place.

<sup>2</sup> Youth could offer multiple responses; data reflect overlap.

**Figure 16: Place in the neighborhood where youth could go after school**

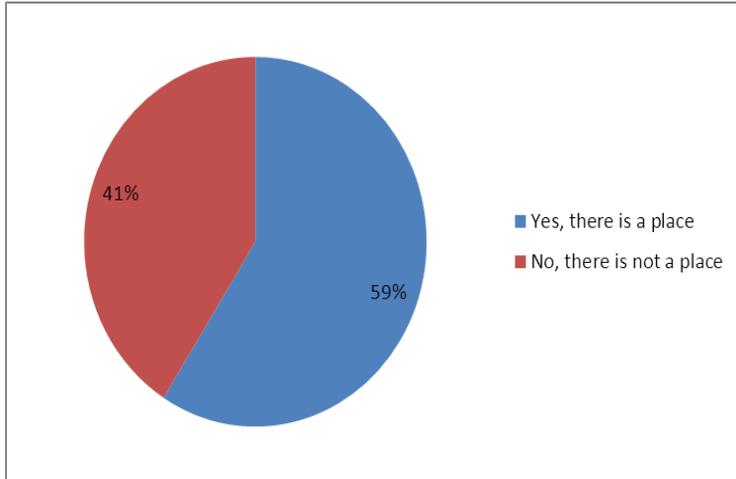


Figure 17 shows, when asked what type of place existed in their neighborhood, 60 percent (44) of youth stated it was a recreation center, while 25 percent (18) said their was a playground or park in their neighborhood. Thirty-eight percent (44) of youth did not answer the question.<sup>2</sup>

**Figure 17: Type of places in their neighborhood where youth could go after school**

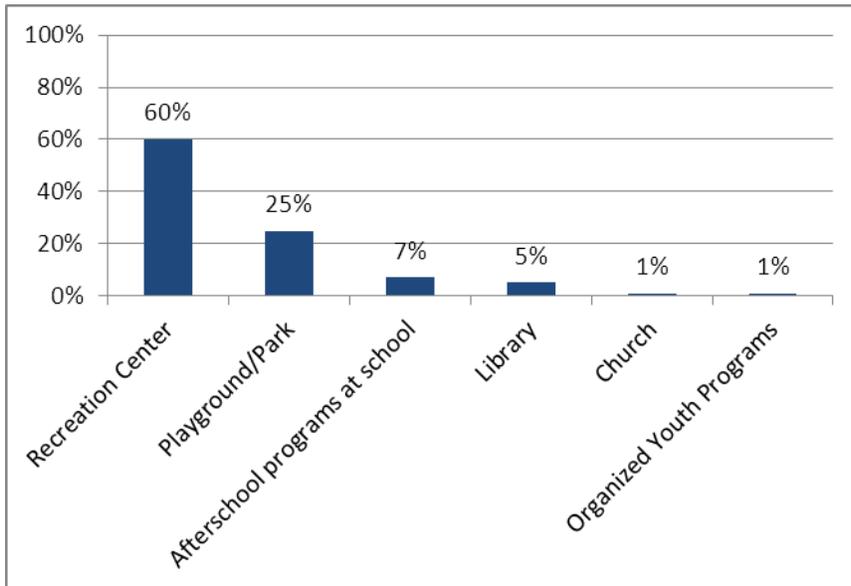
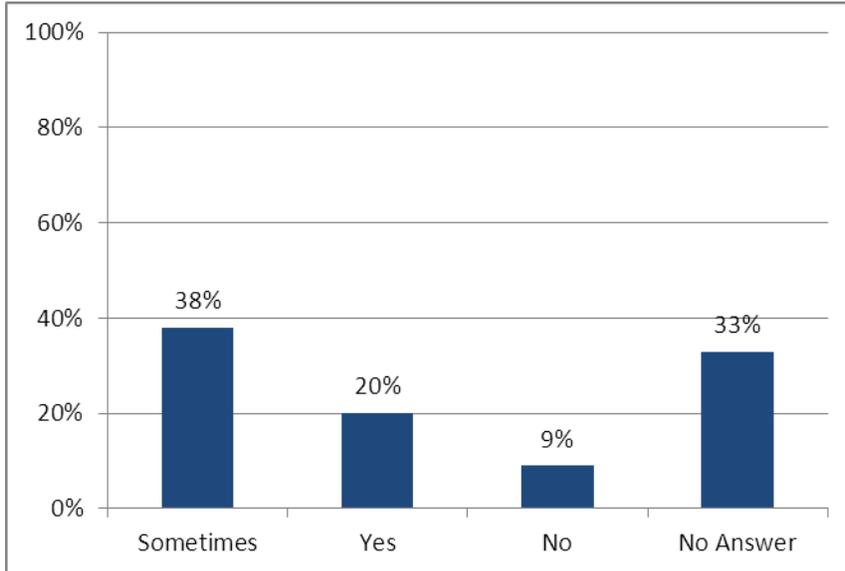


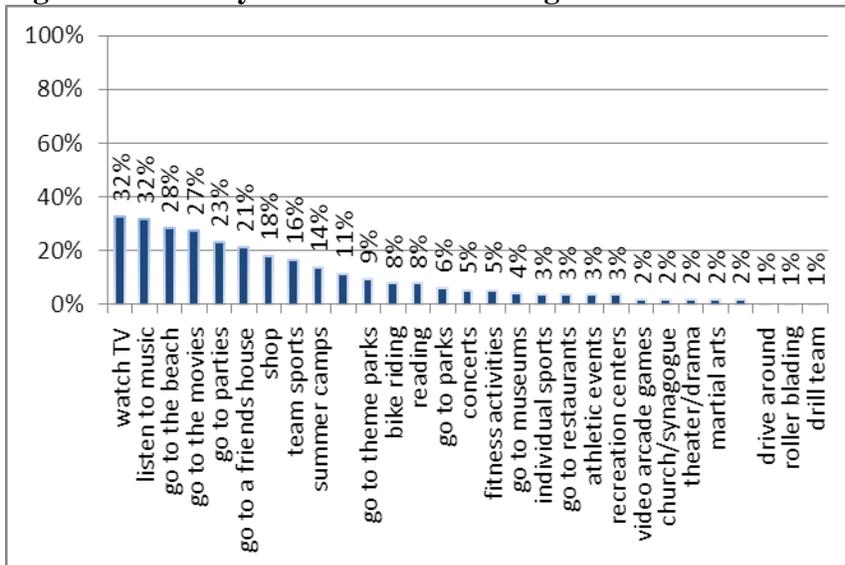
Figure 18 shows that 38 percent (45) of youth surveyed said they sometimes go to the place referred to in Figure 17, while 20 percent (23) said they go all the time and 9 percent (10) said they do not go. Thirty-three percent (39) of youth did not answer the question. When asked why they didn't go to the place in their neighborhood referred to in Figure 17, the most frequently cited reasons were, "I don't have fun there," and "My friends don't go there."

**Figure 18: Youth response to how often they go to the places listed in Figure 17**



As shown in Figure 19, youth were questioned about their summer activities. When asked what they do for fun over the summer, 32 percent (38) responded they watch tv and listen to music, 28 percent (33) go to the beach, 27 percent (32) go to the movies, and 23 percent (27) go to parties.<sup>2</sup> Few, 3 percent (4), said they visited recreation centers during the summer.

**Figure 19: What youth do for fun during the summer**



<sup>2</sup> Youth could offer multiple responses; data reflect overlap.

## **Benefits to Youth Involved in CYM Project**

The CYM project enabled the youth participants to develop a variety of personal and work-related skills. Mappers said they became more confident and assertive as they visited different organizations and businesses, asking managers to complete the surveys. They learned how to relate to people with different personalities. One mapper stated, “I learned the art of public speaking, the art of persuasion, how to use Microsoft Excel, and how to react when rejected.” Others were pleased that their oral and written communication skills improved. They wrote in journals on a weekly basis about their experiences, both positive and negative, and what they had learned. Mappers also learned about the resources the City offers youth and where they could go for job opportunities. One said, “I didn’t know some of these businesses hired 16-year-olds.”

Additionally, mappers were responsible for data entry and the creation of a PowerPoint presentation that highlighted initial findings. They worked collaboratively in groups to create, edit and meet the data entry and presentation deadlines. Two of the four groups were selected to present at the TeensWork! closing ceremony.

YouthMappers learned about the opportunities available to them in the East End of the City. Several mappers described their experiences in the following comments:

- “I loved watching the dog training. I think I’d like to do that.”
- “My group got to go to a Federal Courthouse. The Clerk of the Court gave us a tour and we got to watch a case.”
- “I filled out an application for a paid internship at a hair salon while I was out mapping. I didn’t even know they had internships until we went to do the surveys.”

## **Conclusion**

In general, Alexandria offers a wide range of programs and services for our youth. In 2011, for the fourth time, Alexandria was named one of the 100 Best Communities for Young People by the America’s Promise Alliance. Alexandria was selected because of its strong investment in its young people’s success, the support of their opinions, and youth presence in programs that serve and affect them most. This is a well-deserved achievement.

However, the Community YouthMapping Project demonstrated that there is a need for more programs and services offered in the East End. Many organizations and businesses in the East End have little to no connection to youth. A lack of resources is one of the major risk factors in alcohol and drug abuse, teen pregnancy, and gang involvement. Specifically, youth have the perception that there are too few youth-oriented organizations in the East End of Alexandria. Eighty-two percent (399) of organizations surveyed were for profit and few of the surveyed organizations (both for profit and nonprofit) provided employment, internship, mentoring or volunteer opportunities for youth.

Also, over 60 percent of the organizations surveyed were not interested in serving youth. Their organizations were geared towards adults, served alcohol, or youth didn’t meet their eligibility

criteria, in the case of higher level educational organizations. At least one human service organization was unable to serve all of the youth that applied because of lack of funding and resources.

Organizations provided varied responses when asked where youth were congregating. Some named schools and recreation centers; others said they roamed the streets. Ninety-one percent (440) of organizations said they did not provide free meeting space for youth.

The majority of organizations did not think alcohol or drugs, teen pregnancy or gangs were a problem in their neighborhood, or did not know if these were problems. Organization and business owners said they did not spend enough time outside of their buildings to gauge whether these issues were a problem. They indicated they left the City once their workday was over.

In terms of responses to the youth survey, when asked where they spent most of their time after school, the most frequent response was at home (68 percent) followed by hanging around (35 percent), at a friend's house (32 percent) or sports team practice (32 percent), and at a recreation center (22 percent.) Less than 5 percent of the youth indicated they spent their time after school working, volunteering, or participating in an organized youth program. Additionally, 59 percent (69) of the youth were aware that there was a place they could go after school in their neighborhood, but only 20 percent (23) went there regularly.

The youth survey results show that youth need to be made aware of the “youth-friendly” places in their neighborhood. These places, such as recreation centers, need to make a more concerted effort to entice youth.

The results from the CYM project will assist the City in fulfilling Goal 4 of the City's strategic plan, helping Alexandria to become a community that supports and enhances the well-being, success and achievement of children, youth, and families.

## **Recommendations**

The mappers and CYM sponsors recommend the following actions:

- Hold town forums to discuss and brainstorm possible solutions and options for the City regarding issues that pertain to youth; solicit youth's opinions on programs and activities
- Provide youth with access to information regarding organizations that offer opportunities, and promote the opportunities offered
- Ask youth what programs and services they want to see offered at different locations
- Encourage businesses and organizations to support youth development by highlighting how it benefits them and the community
- Increase organizations' awareness of the culture and climate in their neighborhoods to increase their connection to the City
- Encourage businesses, JobLink, and the Alexandria Chamber of Commerce to provide and promote more job training and job opportunities for youth
- Develop, expand and promote more after-school activities and programs

- Work with Volunteer Alexandria and other youth-serving organizations to provide more volunteer opportunities for the youth in the City
- Work with the Alexandria City Public Schools in the Community School planning effort to identify and close gaps in programs and services in the City

CYM sponsors will engage and support organizations and community members to carry out the recommendations. Implementation of these recommendations will be tracked by SAPCA along with the individual CYM sponsors.

## **Next Steps**

CYM-sponsoring organizations will share data with community partners and stakeholders. CYM sponsors will seek out opportunities to form partnerships between youth-serving groups and other organizations and businesses in the City. SAPCA will take the lead in providing copies of the CYM report to, and initiating conversations with, key policy stakeholders including the City Council, Alexandria School Board and ACPS Superintendent, the Children, Youth and Families Collaborative Commission and the Alexandria Chamber of Commerce, to name a few. Sponsors will promote identified resources, such as employment opportunities, to increase the number of youth taking advantage of existing resources. Interested organizations can use the data to advocate for more resources in the East End and the City as a whole.

Organizations that were unable to participate in the survey, and would like the programs and services they offer included on Alexandria's webpage at [www.communityyouthmapping.org](http://www.communityyouthmapping.org), and organizations that want to update their information can contact Noraine Buttar at [noraine.buttar@alexandriava.org](mailto:noraine.buttar@alexandriava.org).

# **APPENDICES**

# Appendix A

## COMMUNITY YOUTHMAPPING SURVEY

Young people are going door to door to all the organizations, businesses, churches, schools, government offices and agencies in our area to learn about the services and supports that are available for children and youth.

The information the youth collect will be made available through the Community YouthMapping website ([www.communityyouthmapping.org](http://www.communityyouthmapping.org)) and will be used by Youth Providers and others to make decisions about what additional services are needed by children and youth and to identify resources available in our community. On behalf of the children, youth and families of this community we hope you will take a few minutes to help us complete this very important survey. It will take about 10 minutes to complete.

The questions we are going to ask are about the services or resources available at this location. If your organization also offers services in other parts of the area, do not answer for them. YouthMappers will also go to those locations and ask about their services. Are you the best person to ask about services available at this location or is there someone else who is here now that we would talk to?

Survey Code \_\_\_\_\_

Organization Name			
Parent/Umbrella Organization			
Street Number		Street Name	
City	State	County	Zip Code
Phone (    )		Fax (    )	
E-Mail Address		Web Site	

Type of Organization:  
(Please select ONE that best applies)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Business-Service | <input type="checkbox"/> Business-Food/Restaurant | <input type="checkbox"/> Education/School      |
| <input type="checkbox"/> Religious        | <input type="checkbox"/> Health                   | <input type="checkbox"/> Agriculture           |
| <input type="checkbox"/> Entertainment    | <input type="checkbox"/> Library                  | <input type="checkbox"/> Social/Human Services |
| <input type="checkbox"/> Government       | <input type="checkbox"/> Association              | <input type="checkbox"/> Youth Center Building |
| <input type="checkbox"/> Other _____      |   |  |

(Circle One)  
Non-Profit:

Yes No

**Person responsible for organization:  
Name and Title**

**Contact Person for Organization:  
Name and Title**

Name of Person Interviewed \_\_\_\_\_ Title: \_\_\_\_\_

Name of YouthMapper: \_\_\_\_\_ Date: \_\_\_\_\_

Number of years at address:

Additional location at another address:  Yes  No

(Circle One)  
Closest Public Transportation Type:  N/A or Bus      Route/Line:

(Circle all that apply)  
Time of year Open:  Year Round     School Year     Spring     Summer     Fall     Winter

(Circle all that apply)  
Normal Days of Operation:  Everyday     Monday - Friday     Weekends     Monday     Tuesday  
 Wednesday     Thursday     Friday     Saturday     Sunday

(Circle all that apply)  
General Hours of Operation:  Business Hours (9am - 5pm)     School Hours (7am - 3pm)     After School (3pm - 7pm)  
 Evening (6 - 10pm)     After 10pm     24 Hours     By appointment

(Circle all that apply)  
Ages Served:  All Ages     (0 - 4)     (5 - 9)     (10 - 13)     (14 - 15)     (16 - 18)     (19 - 21)     Adults     Sr. Citizens

(Circle all that apply)  
Eligibility Criteria:  Gender     Income     School     Religion     Other (explain) \_\_\_\_\_  
 Age     Application     Skill Level     Geographic Boundary

(Circle all that apply)  
Fee for Services:  (1) - Yes     (2) - No     (3)-Some Programs/Services      **Services for Youth with Disabilities**  Yes  No

(Circle all that apply)  
Languages other than English?  Amharic     Arabic     Korean     Spanish     Other \_\_\_\_\_

(Circle one)  
**Facility Barrier Free** (ramps, restrooms, elevators, doors, & doorways, etc.)  Yes     No     Partial

(Circle all that apply)  
Opportunities Available For Youth (18 years of age and under)

<input type="checkbox"/> Employment-P/T	<input type="checkbox"/> Employment- F/T	<input type="checkbox"/> Employment- Seasonal
<input type="checkbox"/> Employment-Projects	<input type="checkbox"/> Entrepreneurial	<input type="checkbox"/> Internships/Apprenticeships
<input type="checkbox"/> Membership	<input type="checkbox"/> Mentoring	<input type="checkbox"/> Scholarships/Awards
<input type="checkbox"/> Student Exchanges	<input type="checkbox"/> Study Groups	<input type="checkbox"/> Volunteer
<input type="checkbox"/> Youth Council	<input type="checkbox"/> Youth on Boards	<input type="checkbox"/> Other: _____

**Other Community Programs/Services Offered at this location (Please check the programs/services that apply)**

**Non School Hrs, Day Care & Camps**

- After-school Programs
- Art & Music - Equipment
- Art & Music - Lessons
- Art & Music - Performances
- Camp - Day (Summer)
- Camp - Overnight (Summer)
- Day Care - Infant & Toddler
- Day Care - Licensed Home Prov.
- Day Care - Preschool
- Day Care - School Age

**Health & Counseling Services**

- Counseling - Career
- Counseling - Child Abuse
- Counseling - College Prep
- Counseling - Domestic Violence
- Counseling - Eating Disorders
- Counseling - Incest
- Counseling - Loss & Bereavement
- Counseling - Other
- Counseling - Peer
- Counseling - Sexual Assault
- Counseling - Substance Abuse
- Counseling - Suicide
- Family Planning
- Health - AIDS/HIV Services
- Health - Dental Clinic
- Health - Family Health Clinic
- Health - Hospital
- Health - Mental Health Services
- Health - Pediatric care
- Health - Pre-Natal Care
- Health - Substance Abuse Treatment

**Education Services/Resources**

- Education - Alternative High Schools
- Education - College & Fin. Aid
- Education - Computer Training
- Education - ESL
- Education - GED
- Education - Head Start
- Education - Literacy Instruction
- Education - Safety
- Education - Sexuality
- Education - Special Early Childhood
- Education - Special Education
- Education - Substance Abuse
- Education - Testing & Referral
- Education - Tutoring

**Basic Needs & Emergency Services**

- Conflict Mediation/Resolution Svces
- Crisis Intervention
- Emergency - Clothing
- Emergency - Food
- Emergency - Maternity Shelter
- Emergency - Shelter
- Emergency - Transportation
- Food - Infants & Children (i.e., WIC)
- Housing - Referrals & Placement
- Housing - Payment Assistance
- Transportation Assistance

**Places**

- Places - Amusement Park
- Places - Baseball/Softball Field
- Places - Basketball Court
- Places - Basketball Court w/ Lights
- Places - Beach
- Places - Bike Trail
- Places - Bowling Alley
- Places - Field Hockey Field
- Places - Football Field
- Places - Ice Skating
- Places - Jogging/Hiking Trail
- Places - Library
- Places - Meeting Space
- Places - Miniature Golf
- Places - Movie Theater
- Places - Museum/Cultural Centers
- Places - Neighborhood Family Center
- Places - Paddleball/Handball Court
- Places - Park
- Places - Playground
- Places - Private Indoor Pool
- Places - Private Outdoor Pool
- Places - Public Food Court
- Places - Public Indoor Pool
- Places - Public Outdoor Pool
- Places - Public Performances
- Places - Public Recreation Center
- Places - Racquetball Courts
- Places - Roller-skating/blading area
- Places - Soccer Field
- Places - Tennis Courts
- Places - Theatre Productions
- Places - Volleyball Courts
- Places - Youth Center

**Sports & Recreation Programs**

- Sports - Baseball/Softball Lessons
- Sports - Baseball/Softball Teams
- Sports - Basketball Lessons
- Sports - Basketball Teams
- Sports - Bowling League
- Sports - Bowling Lessons
- Sports - Field Hockey Lessons
- Sports - Field Hockey Teams
- Sports - Football Lessons
- Sports - Football Teams
- Sports - Gymnastics Competition
- Sports - Gymnastics Lessons
- Sports - Horseback Riding
- Sports - Ice Skating Competition
- Sports - Ice Skating Lessons
- Sports - Lacrosse Teams
- Sports - Lacrosse Training
- Sports - Soccer Lessons
- Sports - Soccer Teams
- Sports - Swimming Competition
- Sports - Swimming Lessons
- Sports - Tennis Competitions
- Sports - Tennis Lessons
- Sports - Track & Field Competition
- Sports - Track & Field Lessons
- Sports - Volleyball Lessons
- Sports - Volleyball Teams

**Legal & Victim Services**

- Child Abuse & Neglect Services
- Legal Services - Teen Court
- Legal Services - General
- Runaway/Homeless Youth Services
- Victim Services - Discrimination
- Victim Services - Domestic Violence
- Victim Services - Incest
- Victim Services - Other Crimes
- Victim Services - Rape/Sexual Assault

**Family Services**

- Adoption Services
- Family Support Services
- Foster Care Services
- Parenting - Assistance
- Parenting - Training
- Preventive Services for Children
- Respite Care
- Senior Citizens Services

**Other Services/Resources**

- Advocacy - Child/Youth
- Advocacy - Other
- Cultural - Arts & Activities
- Cultural - Rites of Passage
- Employment - Info & Referral
- Employment - Voc. & Career Training
- Event Organizing
- Gay/Lesbian Services
- Immigration Services
- Independent Living Programs
- Inter-Generational Activities
- Internet Access
- Leadership - Boy Scouts
- Leadership - Girl Scouts
- Leadership - Opportunities
- Leadership - Training & Development
- Neighborhood Improvement
- Public Officials & Offices
- Religious Services & Education
- Self Help/Support Groups
- Sponsor - Special Events/Activities

**Other:**

- Community Service
- Field Trips
- Job Shadowing

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1. Do you think the following is a problem in this neighborhood? (Check all that apply)

Youth alcohol use    Youth tobacco use    Youth drug use    Teen pregnancy    Gangs    Don't know

2. What do you see as the most important needs in this neighborhood in terms of preventing youth substance use/abuse? (Check all that apply)

Need youth oriented programs    Need more jobs for youth    Need more out of school activities  
 Need more enforcement of underage drinking laws    Need more parental involvement

3. Where in this neighborhood have you observed youth using alcohol, tobacco, marijuana, inhalants (such as paint, glue, household chemicals) other drugs:

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4. Please name some public areas where you have seen youth (ages 12-18) congregate in this neighborhood:

1.  
2.  
3.

5. Have you seen or heard of any gang activity in the City of Alexandria? If so, where?

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6. Would you be interested in providing Alexandria youth with:

Employment opportunities    Volunteer opportunities    Internship opportunities  
 Training    Mentoring    Not Interested

7. What is the total number of youth employed at this location within the last six months?

0    1-2    3-5    6-10    11-15    16-20  
 21-25    26+

8. For the last six months, among the total number of youth that submitted applications, how many were you NOT able to hire?

0    1-2    3-5    6-10    11-15    16-20  
 21-25    26+

9. Why didn't you hire these youth?

All positions were filled    Lack of appropriate skills    No driver's license  
 Age restriction    Other    None Applied

10: What is the total number of children and youth served at this location monthly?

0    1-2    3-5    6-10    11-15    16-20  
 21-25    26-50    51+

11. If you are not able to serve all the children and youth that apply/walk in for services, what number are you unable to serve? \_\_\_\_\_

12. Why are you not able to serve those youth?

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13. If you have space for meetings or events is there a fee for youth programs to use the space?

Fee    No Fee    Don't have space available

14. Would you be willing to provide educational opportunities for youth at your business/organization (serve as a satellite school campus)?

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15. Would you like information from groups in Alexandria that work to prevent:

youth substance use & abuse    teen pregnancy    gang involvement    Do not want information

## APPENDIX B

### YOUTH SPACE SURVEY

This survey is designed to find out how youth in the city of Alexandria feel about places they can go and what kind of activities are available. This information will be very helpful in planning places to go and activities for youth in Alexandria.

1. How old are you?  
 under 12  13  14  15  16  17  18  over 18
2. What is your gender?  
 Male  Female
3. What school do you attend?  
 George Washington Middle  Francis C Hammond  Minnie Howard Campus  
 T.C. Williams High School  St. Stephens (private school)  St. Agnes (private school)  
 Interim Education Program  Episcopal (private school)  other private school  
 Not in school  Home School  attend school outside Alexandria

#### WHERE DO YOU SPEND YOUR TIME NOW

4. During the school year, where do you **usually** spend most of your time in the afternoon after school? (**Check all that apply**)  

<input type="checkbox"/> home	<input type="checkbox"/> work
<input type="checkbox"/> hanging around	<input type="checkbox"/> library
<input type="checkbox"/> recreation center	<input type="checkbox"/> friend's house
<input type="checkbox"/> clubs/programs in school	<input type="checkbox"/> organized youth programs not in school
<input type="checkbox"/> with a baby-sitter/child care provider	<input type="checkbox"/> volunteering
<input type="checkbox"/> sports team practice	<input type="checkbox"/> baby-sitting
<input type="checkbox"/> lessons (dance, music, art)	<input type="checkbox"/> church/synagogue
5. What are the three most important reasons you go there? (**check only three**)  

<input type="checkbox"/> My friends go there	<input type="checkbox"/> My parents want me to go there
<input type="checkbox"/> I have fun there	<input type="checkbox"/> I like the way I am treated there
<input type="checkbox"/> I like the people who are there	<input type="checkbox"/> I feel safe there
<input type="checkbox"/> Where its located	<input type="checkbox"/> I have transportation there
<input type="checkbox"/> I (or my parents) can afford it	<input type="checkbox"/> I have nothing else to do
6. How do you **usually** get to where you want to go in the afternoon? (**check all that apply**)  

<input type="checkbox"/> walk	<input type="checkbox"/> public transportation
<input type="checkbox"/> ride with parents	<input type="checkbox"/> drive
<input type="checkbox"/> ride with friends	<input type="checkbox"/> bike
7. Is there a place in your neighborhood where people your age could go after school?  

<input type="checkbox"/> Yes, there is a place in my neighborhood	(Go to question #8)
<input type="checkbox"/> No, there is not a place in my neighborhood	(Go to question #11)

8. What type of place is it?  
 recreation center  
 playground/park  
 church  
 library  
 after school programs at school  
 organized youth program (ex. Homework center or club)
9. Do you go this place after school?  
 Yes (Go to question #11)  
 Sometimes (Go to question #11)  
 No (Go to question #10)
10. Why don't you go to this place? (**check only one**)  
 My friends don't go there  
 My parents don't want me to go there  
 I don't have fun there  
 I don't like the people who are there  
 I don't feel safe there  
 Where it's located  
 I don't have transportation there  
 I (or my parents) cannot afford it  
 The people who go there are older than me  
 The people who go there are younger than me
11. What are the three things you usually do the most for fun during the school year?  
 (check only three)
- |   |   |
|---|---|
| <input type="checkbox"/> watch TV                                 | <input type="checkbox"/> shop   |
| <input type="checkbox"/> listen to music                          | <input type="checkbox"/> bike riding                                      |
| <input type="checkbox"/> go to movies                             | <input type="checkbox"/> go to restaurants                                |
| <input type="checkbox"/> go to parties                            | <input type="checkbox"/> go to a friend's house                           |
| <input type="checkbox"/> go to parks                              | <input type="checkbox"/> go to theme parks (ex. Busch Gardens)            |
| <input type="checkbox"/> go to museums                            | <input type="checkbox"/> go to parking lots                               |
| <input type="checkbox"/> drive around                             | <input type="checkbox"/> athletic events (ex. Football game)              |
| <input type="checkbox"/> concerts                                 | <input type="checkbox"/> recreation centers                               |
| <input type="checkbox"/> team sports (ex. Football, basketball)   | <input type="checkbox"/> roller blading                                   |
| <input type="checkbox"/> individual sports (ex. Swimming, tennis) | <input type="checkbox"/> theater/drama                                    |
| <input type="checkbox"/> board games (ex. Chess, monopoly)        | <input type="checkbox"/> drill team                                       |
| <input type="checkbox"/> video arcade games                       | <input type="checkbox"/> martial arts (ex. Karate)                        |
| <input type="checkbox"/> video/computer games (ex. Sega, Myst)    | <input type="checkbox"/> reading  |
| <input type="checkbox"/> church/synagogue                         | <input type="checkbox"/> fitness activities (ex. Aerobics, weightlifting) |
12. How do you usually get to where you want to go for fun during the school year?  
 (**check only one**)
- |  |  |
|--|--|
| <input type="checkbox"/> walk              | <input type="checkbox"/> public transportation |
| <input type="checkbox"/> ride with parents | <input type="checkbox"/> drive                 |
| <input type="checkbox"/> ride with friends | <input type="checkbox"/> bike                  |

13. What do you do for fun during the summer? (**check only three**)
- |   |   |
|---|---|
| <input type="checkbox"/> watch TV                                 | <input type="checkbox"/> shop   |
| <input type="checkbox"/> listen to music                          | <input type="checkbox"/> bike riding                                      |
| <input type="checkbox"/> go to the beach                          | <input type="checkbox"/> summer camps                                     |
| <input type="checkbox"/> go to movies                             | <input type="checkbox"/> go to restaurants                                |
| <input type="checkbox"/> go to parties                            | <input type="checkbox"/> go to a friend's house                           |
| <input type="checkbox"/> go to parks                              | <input type="checkbox"/> go to theme parks (ex. Kings Dominion)           |
| <input type="checkbox"/> go to museums                            | <input type="checkbox"/> go to parking lots                               |
| <input type="checkbox"/> drive around                             | <input type="checkbox"/> athletic events (ex. Football game)              |
| <input type="checkbox"/> concerts                                 | <input type="checkbox"/> recreation centers                               |
| <input type="checkbox"/> team sports (ex. Football, basketball)   | <input type="checkbox"/> roller blading                                   |
| <input type="checkbox"/> individual sports (ex. Swimming, tennis) | <input type="checkbox"/> theater/drama                                    |
| <input type="checkbox"/> board games (ex. Chess, monopoly)        | <input type="checkbox"/> drill team                                       |
| <input type="checkbox"/> video arcade games                       | <input type="checkbox"/> martial arts (ex. Karate)                        |
| <input type="checkbox"/> video/computer games (ex. Sega, Myst)    | <input type="checkbox"/> reading  |
| <input type="checkbox"/> church/synagogue                         | <input type="checkbox"/> fitness activities (ex. Aerobics, weightlifting) |
| <input type="checkbox"/> educational/vocational program           | <input type="checkbox"/> organized youth activity                         |

14. How do you **usually** get to where you want to go during the summer? (**check all that apply**)
- |  |  |
|--|--|
| <input type="checkbox"/> walk              | <input type="checkbox"/> public transportation |
| <input type="checkbox"/> ride with parents | <input type="checkbox"/> drive                 |
| <input type="checkbox"/> ride with friends | <input type="checkbox"/> bike                  |

WHAT WOULD YOU LIKE FOR YOUTH IN ALEXANDRIA?

15. If there were to be one new place for youth in Alexandria which of the following would you like it to be? (check only one)
- |   |  |
|---|--|
| <input type="checkbox"/> a smaller place in your neighborhood | <input type="checkbox"/> a larger place for all Alexandria youth |
|---|--|
16. do you think both types of places are need or neither are needed? (check only one)
- |  |   |
|--|---|
| <input type="checkbox"/> both are needed | <input type="checkbox"/> neither are needed |
|--|---|
17. If there were new places for youth in Alexandria with a variety of activities offered please check which activities you would participate in. Also, for each activity checked would you be willing to pay for it? **For each activity you would participate in, please check only one choice under section A and only one choice under section B.**

**A****B**

Activity	I would do this everyday	I would do this every week	I would do this once in a while	I wouldn't do this	I would pay for this	I would not pay for this
Team sports						
Individual sports						
“coffee house” setting						
Table games						
“open mike” for talent						
Movies						
Food court						
Meet others and talk						
Arcade						
Live Entertainment (ex. Local band)						
Job training						
Arts/crafts						
Computer/internet use						
Dances						
Communication/broadcasting activities						
Martial arts						
Place to do homework						
Fitness activities						
Tutoring						
Other-please Write in						

18. Where would you like to see a youth place with the activities describe above? (Ex. Chirilagua, Mt. Vernon Ave, Old Town, etc)

WHAT SHOULD YOUTH PLACES BE LIKE?

19. In order for you to feel safe at a youth place, how important are the following?  
(check only one for each item)

	Very Important	Sort of Important	Not Very Important
No weapons rule enforced			
Has some rules (ex. Respect others, no bad language)			
A sense of trust between those in charge and those who attend			
Adults who are there but stay in the background			
Security staff present			
Where the place is located			
Knowing the people who go there			

20. How important are the following qualities in adults for a place to be “youth friendly” or for you to feel comfortable in the place?

	Very Important	Sort of Important	Not Very Important
Straight forward/say what they mean			
Allow youth to be themselves			
Value your ideas			
Don't "talk down" to you			
Good role models			
Good listeners			
Willingness to change			
Have something they can teach you			
Enthusiastic			
Keep their word			
Organized/know what they are doing			
Not afraid of young people			

21. What three places in Alexandria do you think are the **most** “youth friendly”?

- 1.
- 2.
- 3.

22. What three places in Alexandria do you think are the **least** “youth friendly”?

- 1.
- 2.
- 3.

## Appendix C

### List of Organizations Offering Programs/Services

#### Basic Needs & Emergency Services

Alexandria City Police Department  
Alexandria Community Shelter  
Alexandria Department of Community and Human Services  
Alexandria Voter and Registration and Elections  
ALIVE!  
American Red Cross  
Amtrak  
Bellies & Babies Consignment  
Blessed Sacrament Church  
Carpenters Shelter  
Caylor Gardens  
Christ Church Memorial Parish House  
Community Lodgings  
Del Ray United Methodist Church  
Full Metal Jacket  
Grace Episcopal Church  
Holiday Inn  
Kay Watkins, Inc.  
Lyles Crouch Traditional Academy  
Matthew Maury Elementary School  
Mount Vernon Community School  
Nannie J. Lee Memorial Recreation Center  
Ruby Tucker Family Center  
Saint Rita Catholic School  
Teen Wellness Center  
UDR Presidential Greens, L.L.C.  
Washington Metropolitan Area Transit  
YMCA Alexandria

#### Sports and Recreation Programs

AT&T  
Blessed Sacrament Church  
Carpenter's Shelter  
Charles Barrett Recreation Center  
Charles Houston Recreation Center  
Chinquapin Recreation Center  
Cora Kelly Recreation Center  
George Washington Middle School Campus  
Lindsay Lexus

Madlax  
Mount Vernon Recreation Center  
Nannie J. Lee Memorial Recreation Center  
Saint Rita Catholic School  
Sport & Health  
T.C Williams High School  
YMCA Alexandria

### **Education Services/Resources**

Alexandria Black History Museum and Watson's Reading Room  
Alexandria Community Shelter  
Alexandria Department of Community & Human Services  
American Red Cross  
Bike the Sites  
Blessed Sacrament Church  
Carpenter's Shelter  
Central Michigan University  
Charles Barrett Elementary School  
Charles Houston Recreation Center  
Christ Church Memorial Parish House  
Community Lodgings  
Cora Kelly School for Math, Science and Technology  
Douglas MacArthur Elementary School  
E Nopi  
George Mason Elementary School  
George Washington Middle School Campus  
George Washington University  
Helen Day Preschool Academy  
Insyte  
Jefferson-Houston School  
Krekeler Brower Wealth Advisors  
Lyles-Crouch Traditional Elementary  
Matthew Maury Elementary School  
Mount Vernon Community School  
Nannie J. Lee Memorial Recreation Center  
Public Storage  
Ruby Tucker Family Center  
Saint Rita Catholic School  
State Farm  
SunTrust Bank  
T.C. Williams High School  
Teachers of English to Speakers of other Languages, Inc  
Teen Wellness Center  
The Campagna Center  
The Little Theatre of Alexandria

Wright to Read  
YMCA Alexandria

### **Family Services**

Alexandria Community Shelter  
Alexandria Department of Community and Human Services  
Alexandria Redevelopment and Housing Authority  
ALIVE!  
American Association of Family & Consumer Sciences  
Carpenter's Shelter  
Charles Houston Recreation Center  
Christ Church Memorial Parish House  
Community Lodgings  
East Coast Rehab  
Elder Crafter  
Family Therapy Institute of Alexandria  
Grenadier Anderson Starace and Duffet  
James D Turner, Attorney at Law  
Joint Council  
Nannie J. Lee Memorial Recreation Center  
Ruby Tucker Family Center  
Saint Rita Catholic School  
Stop Child Abuse Now of Northern Virginia (SCAN)  
The Campagna Center  
YMCA Alexandria

### **Health & Counseling Services**

Alexandria City Police Department  
Alexandria Community Shelter  
Alexandria Department of Community and Human Services  
Alexandria Dental Center  
Alexandria Urological Associates  
Alexandria WomenCare  
ALIVE!  
Annandale Women & Family Care  
Carlos A Cruz, M.D., P.J  
Carpenters Shelter  
Cora Kelly School for Math, Science and Technology  
Cunningham Funeral Home, Inc.  
DDS  
Del Ray United Methodist Church  
Department of Community & Human Services  
East Coast Rehab  
Family Therapy Institute of Alexandria

Floss and Smiles  
George Mason Elementary School  
George Washington Middle School Campus  
George Washington University  
Grace Episcopal Church  
Hannelores of Olde Town  
Helen Day Preschool Academy  
Inova Internal Medicine  
Jefferson Houston Elementary  
John T. Grubbs, D.D.S.  
JP Killeen & Associates, Inc  
Lyles-Crouch Traditional Academy  
Mount Vernon Community School  
National Community Pharmacists Association  
Ruby Tucker Family Center  
Sport & Health  
Steinmetz Medical Associates, P.C  
T.C. Williams High School  
Team Placement Service, Inc.  
Teen Wellness Center  
The Campagna Center  
UDR Presidential Greens, L.L.C.

### **Legal & Victim Services**

Alexandria City Police Department  
Alexandria Community Shelter  
Alexandria Department of Community and Human Services  
Family Therapy Institute of Alexandria  
Grenadier Anderson Starace and Duffet  
James D Turner, Attorney at Law  
Law Offices of Michael J. Chamowitz  
National Community Pharmacists Association  
Silis and Associates, PLLC

### **Non School Hours Day Care & Camps**

Alexandria City Police Department  
Alexandria Community Shelter  
ALIVE!  
Animal Welfare League of Alexandria  
Blessed Sacrament Church  
Blue Birds of Alexandria  
Buzz  
Charles Barrett Recreation Center  
Chinquapin Recreation Center  
Christ Church Memorial Parish House

Community Lodgings  
Cora Kelly Recreation Center  
Cora Kelly School for Math, Science and Technology  
Country Day School  
Del Ray United Methodist Church  
Douglas MacArthur Elementary School  
Dr. Oswald Durant Memorial Center  
Dunbar Alexandria Olympic Branch Boys & Girls Club  
E Nopi  
George Mason Elementary School  
George Washington Middle School Campus  
Grace Episcopal Church  
Helen Day Preschool Academy  
Jefferson-Houston School  
JW Tumbles  
Lyles-Crouch Traditional Academy  
Matthew Maury Elementary  
Mount Vernon Community School  
Mount Vernon Recreation Center  
Nannie J. Lee Memorial Recreation Center  
Ruby Tucker Family Center  
Saint Rita Catholic School  
So Fine Studio for Interior Design  
Sport & Health  
St. Elmos Coffee Pub  
T.C Williams High School  
The Campagna Center  
The Little Theatre of Alexandria  
The Lyceum  
Tiny Dancers  
Torpedo Factory  
YMCA Alexandria

## **Places**

Alexandria Community Shelter  
AT&T  
Barrett Branch Library  
Blessed Sacrament Church  
Buzz Bakery & Lounge  
Charles Barrett Elementary School  
Charles Barrett Recreation Center  
Charles Houston Recreation Center  
Chinquapin Recreation Center  
Christ Church Memorial Parish House  
Cora Kelly Recreation Center

Cora Kelly School for Math, Science and Technology  
Douglas MacArthur Elementary School  
Dr. Oswald Durant Memorial Center  
Dunbar Alexandria Olympic Branch Boys & Girls Club  
Gadsby's Tavern Museum  
George Mason Elementary  
George Washington Middle School  
Jefferson-Houston School  
Lyles Crouch Traditional Academy  
Maury Elementary  
Mount Vernon Community School  
Mount Vernon Recreation Center  
Nannie J. Lee Memorial Recreation Center  
National Community Pharmacists Association  
Regal Cinemas 22  
Ruby Tucker Family Center  
Saint Rita Catholic School  
St. Elmo's Coffee Pub  
T.C. Williams High School  
The Campagna Center  
The City of Alexandria Archives and Records Center  
The Little Theatre of Alexandria  
The Lyceum  
The Magestic/Evening Star  
Torpedo Factory  
UDR Presidential Greens, L.L.C.  
Vanderzee Gallery & School of Painting

### **Other Services/Resources**

AAA Mid-Atlantic  
Accu Crete Inc  
ACT for Alexandria  
Airplus International Inc  
Alexandria Black History Museum and Watsons Reading Room  
Alexandria Community Shelter  
Alexandria Department of Community and Human Services  
Alexandria Family Podiatry  
Alexandria City Police Department  
Alexandria Department of Community and Human Services  
Alexandria Public Library: Barrett Branch Library  
Alexandria Redevelopment and Housing Authority  
Alexandria Vocational Services  
Alexandria Voter and Registration and Elections  
ALIVE!  
American Association of Family & Consumer Sciences

American Home System  
Amtrak  
Baja Fresh  
Banana Banner  
Bank of America  
Basikneads Catering  
Baskin- Robbins  
BB&T Corporation  
Beyond Hair Technique  
Bike the Sites  
Blessed Sacrament Church  
Bradham Automotive Repair  
Business Opportunities for the Blind  
Buzz Bakery & Lounge  
Cafe Nicole  
Cafe Pizzaiolo  
Calico Corners  
Capital One Bank  
Carlyle House Historic Park  
Carpenter's Shelter  
Carr Work Places  
Charles Barrett Elementary School  
Charles Schwab  
Christ Church Memorial Parish House  
Christian Science Reading Room  
Coastline  
Community Lodgings  
Conklyns Florist  
Cora Kelly Recreation Center  
Cora Kelly School for Math, Science and Technology  
CVS  
Del Ray Animal Hospital  
Del Ray United Methodist Church  
Dogtopia of Alexandria  
Domino's  
Douglas MacArthur Elementary School  
Dr. Oswald Durant Memorial Center  
Dunbar Alexandria Olympic Branch Boys & Girls Club  
Dunkin Donuts  
East Coast Rehab  
Eclectic Nature  
Edelman Financial  
Everly-Wheatley Funeral Home Inc  
EZ Auctioning  
Fairlington Sunoco  
Farsh Inc

Fight Colorectal Cancer  
Fine Comfort Footwear  
Floss and Smiles  
Foster Care Alumni of America  
Fusion  
Garden of Divinity Fashion  
George Mason Elementary School  
George Washington Middle School Campus  
George Washington University  
Giant  
Gold Works  
Golden Rhodes Antique  
Grace Episcopal Church  
Great Harvest  
Holiday Inn  
Holiday Inn & Suite  
HSBC  
Information Technology Service  
Insyte  
International Public Management Association for Human Resources  
Jefferson-Houston School  
Jerry's Subs & Pizza  
Joint Council  
Krekeler Brower Wealth Advisors  
Land Rover Alexandria  
Lavender Moon Cupcakery  
Lee-Fendall House Museum and Garden  
Lindsay Cadillac  
Lindsay Lexus  
Lords & Ladies Salon  
Lyles-Crouch Traditional Academy  
Meade Memorial Episcopal Church  
Metlife Home Loans  
Monday's Child  
Mount Vernon Community School  
Nannie J. Lee Memorial Recreation Center  
National Community Pharmacists Association  
O' Connells Bar & Restaurant  
Old Town Liberty  
Pat Troy's Restaurant & Pub  
Perk Up Coffee House Ltd.  
PNC Bank  
Potomac River Boat Company  
Ruby Tucker Family Center  
Saint Rita Catholic School  
Sextant Public Affairs

Shirley & Banister  
Silhouette Hair Design/ Skin Care  
Sleepy's  
So Fine Studio for Interior Design  
Society for Human Resource Management  
Sport & Health  
Starbucks  
State Farm  
Stop Child Abuse Now of Northern Virginia (SCAN)  
Suntrust  
Team Placement Service, Inc.  
Teen Wellness Center  
Telement America, Inc.  
Thai Old Town  
The Butcher's Block  
The Campanga Center  
The City of Alexandria Archives and Records Center  
The Global Business Travel Association  
The Little Theatre of Alexandria  
The Lorien Hotel  
The Lyceum  
The Magestic/Evening Star  
The Spice and Tea Exchange  
TK Services  
Torpedo Factory  
Travel Lodge Motel  
U.S. Postal Service  
UDR Presidential Greens, L.L.C.  
United Bank  
United States Postal Service  
Vanderzee Gallery & School of Painting  
Vintage Mirage  
Wachovia  
Wasington Metropolitan Area Tranist  
Waterfront Cafe  
Wells Fargo Advisors  
Wheel Nuts  
Yellow Cab  
YMCA Alexandria  
Yvette Irene  
zpizza  
Zoe Boutique

## Appendix D

### List of Organizations Offering Free Meeting Spaces for Youth

A La Lucia  
Alexandria Armature Works  
Alexandria City Police Department  
Alexandria Department of Community and Human Services  
Alexandria Redevelopment & Housing Authority  
American Academy of Otolaryngology  
Amtrak  
Artfully Gifts and Chocolate  
AT&T  
Austin Grill  
Baja Fresh  
Bicycle Pro Shop  
Bike the Sites  
Brueggers  
Cafe Nicole  
Christ Church Memorial Parish House  
Deloitte  
Discovery's  
Dunkin Donuts  
Fairlington Sunoco  
Fish Market  
Foster Grille  
Greene Funeral Home  
Inova Internal Medicine  
Jose's New & Used Tires  
Le Pain Quotidian  
Lindsay Cadillac  
Lone Star  
Madlax  
Nine West  
Pacers Running Store  
Pauline Books & Media  
Perk Up Coffee House Ltd.  
PNC Bank  
Primary Colors Salon  
RedPeg Marketing  
Society Of American Florists  
Spectrum Pediatrics  
Starbucks  
T.C. Williams High School  
Ten Thousand Villages

Torpedo Factory  
United States Postal Service  
zpizza

## Appendix E

### Executive Summary from 2010 West End CYM Project

During the summer of 2010, the Substance Abuse Prevention Coalition of Alexandria (SAPCA) and its partners sponsored a Community YouthMapping (CYM) project. This project was the result of a broad partnership among SAPCA, City agencies, nonprofit organizations, and various City boards and commissions. From July 6 through August 13, 2010, teams of trained “mappers”—16 Alexandria teens, ages 15 to 18, supervised by adult team-leaders, surveyed and mapped the programs and services available to youth in the West End of Alexandria. The data the mappers collected highlighted gaps in programs and services in the West End as well. Mappers were recruited through TeensWork!, the City of Alexandria’s youth employment program through JobLink. Candidates applied and completed an assessment in math and reading before they were offered the position of Alexandria YouthMapper. Once selected for their positions, the youth were trained by a consultant in the CYM process and learned how to conduct the surveys and input the data into a data-entry system.

This report presents a description of CYM, the mapping process, and an assessment of the services available to youth in the West End of Alexandria. It summarizes the resources, gaps in resources, and organizations’ perceptions of youth identified during this project. The report includes a description of lessons learned and recommendations for potential CYM projects.

One hundred fifty-nine businesses, schools, faith-based and other organizations were surveyed; mappers surveyed 157 and two surveys were completed after the summer mapping period. The findings should be considered qualitatively, rather than quantitatively because this research was exploratory in nature. We found that 44 percent (69) of the organizations offered part-time and 19 (30) percent offered full-time employment to youth. Additionally, 15 (24) percent offered internships, 14 (22) percent offered volunteering, and 8 (12) percent offered mentoring opportunities. Forty-two (66) percent of organizations provided goods or services to youth, usually at a cost. Six percent (10) of organizations offered at least one after school program, and 4 percent (7) offered at least one sport or recreation program.

Most organizations did not offer youth employment, volunteer opportunities, scholarships, mentoring opportunities or community programs or services for youth. The majority of organizations provided goods or service to youth; because most were for profit, youth had to pay for services.

Regarding the surveyed organizations’ perceptions of youth risk behavior, 44 percent of participating organizations thought that tobacco and drug use were major problems in their neighborhood. Close to one-third said that teen pregnancy and gangs were problems in their neighborhood. Organizations said more parental involvement was necessary to reduce the number of youth engaging in risky behaviors in the City.

Although Alexandria has been recognized as one of the 100 Best Communities for Young People by the America’s Promise Alliance—a noteworthy and well-deserved recognition—our survey

results show that there remain many more actions that can be taken to provide programs and services to the youth in the West End in particular.

The mappers and CYM sponsors recommend the following actions:

- Hold town forums to discuss and brainstorm possible solutions and options for the West End regarding issues that pertain to youth
- Develop and provide more recreation programs for older youth in the West End
- Network and partner with businesses, JobLink, and the Alexandria Chamber of Commerce to provide and promote more job training and job opportunities for youth
- Develop and expand and promote more after-school activities and programs
- Work with Volunteer Alexandria and other youth-serving organizations to provide more volunteer opportunities for the youth in the West End
- Work with the Alexandria City Public Schools in the Community School planning effort to identify and close gaps in programs and services in the West End

This report is a starting point to facilitate partnerships between youth and organizations in the community. The results and work of the CYM project will be widely distributed to organizations and community members in an effort to support CYM partners with the implementation of the recommendations contained in this report.

For questions or to request more information, contact SAPCA's Coordinator, Noraine Buttar, at 703-746-3670 or [noraine.buttar@alexandriava.gov](mailto:noraine.buttar@alexandriava.gov).

## Appendix F

### Description of the East End

The East End is composed of several neighborhoods. All are east of Quaker Lane, the main north-south artery through Alexandria:

- Old Town, in the eastern and southeastern areas of Alexandria and on the Potomac River, is the oldest section of the city, originally laid out in 1749, and is a historic district. Old Town is chiefly known for its historic town houses, art galleries, antique shops, and restaurants. Market Square in Old Town is believed to be one of the oldest continuously operating marketplaces in the United States.
- Just to the west of Old Town is the city's oldest planned residential expansion, Rosemont. Rosemont extends from the foot of Shuter's Hill, crowned by the George Washington National Masonic Memorial away to the north for a dozen blocks to the edge of Del Ray.
- On the northern limits of Old Town is the remnants of a historic, predominantly African American community known by its inhabitants as "The Berg." Built in 1945, the 260-unit public housing complex covers several blocks in what is now Old Town Alexandria. Today the Berg's most prominent landmarks are the James Bland Homes.
- Arlandria is a neighborhood located in the north-eastern portion of Alexandria. Its name is a combination of the words "Arlington" and "Alexandria," reflecting its location on the border of Arlington County and Alexandria. The neighborhood's borders form a rough triangle bounded by Four Mile Run in the north, West Glebe Road to the south and southwest, and Route 1 to the east. Arlandria is centered around Mount Vernon Avenue between Four Mile Run and West Glebe Road, and home to many Hispanic, Thai, and Vietnamese-owned bakeries, restaurants, salons, and bookstores. An influx of Salvadoran immigrants into the neighborhood in the 1980s has earned it the nickname "Chirilagua," after the city on the Pacific coast of El Salvador.
- The area to the northwest of Old Town, formerly in the separate town of Potomac, is popularly known as Del Ray, although that name properly belongs to one of many communities (including Hume, Mount Ida, and Saint Elmo's) in that area. More than 20,000 people live in Del Ray.
- North Ridge, in the northern part of the City, includes the east-west Braddock Road/King Street corridors and north-south arteries Russell Road (to the East) and Cameron Mill Road. North Ridge takes its name from the high ground west of Russell Road and south of West Glebe Road. Within the area that comprises North Ridge are the neighborhoods of Beverly Hills, Jefferson Park, Braddock Heights, Timber Branch, Parkfairfax, Monticello Park, and Beverly Estates.