ALEXANDRIA RACE & EQ UITY

30-DAY RACIAL EQUITY CHALLENGE
(R-READ, L-LISTEN, W-WATCH, P-PRACTICE)

A CALL TO ACTION/ UNDERSTANDING OUR HISTORY

- The "Indian Problem" (W,L)
- Slavery to Mass Incarceration (W,L) → Terror Lynching in America (W,L)
- Listen to ‘1619,’ a Podcast From The New York Times (L,R)
- How White People Got Made. Whiteness is one of the biggest and... by Quinn Norton | The Message (R)
- Segregated By Design on Vimeo (W,L) → The Disturbing History of the Suburbs | Adam Ruins Everything (W,L)
- You Cannot Divorce Race From Immigration (L,R)
- The Case For Reparations From The Atlantic (R)

RACISM AND YOU/BIAS INTERPERSONAL RACISM AND ALLYSHIP

- 5 Tips For Being An Ally (W,L) → Being An Ally (R)
- Why “I’m not racist” is only half the story | Robin DiAngelo | Big Think (W,L)
- Take Implicit Bias Test (P)
- Verna Myers: How to overcome our biases? Walk boldly toward them (W,L)
- What is a microaggression? 14 things people think are fine to say at work — but are actually racist, sexist, or offensive (R)
- ‘Intergroup anxiety’: Can you try too hard to be fair? (W,L)

SYSTEMIC AND INSTITUTIONAL

- Traits of white supremacy culture & Graphic (R)
- 7 Ways We Know Systemic Racism Is Real (R) → Next time someone says racism isn’t real, show them this 3-minute video (W,L)
- Listen to Code Switch: “A Decade of Watching Black People Die” on NPR (L,R)
- Let’s get to the root of racial injustice | Megan Ming Francis | TEDxRAi (W,L)
- Explained | Racial Wealth Gap | FULL EPISODE | (W,L)

NOW WHAT?

- John Lewis: Together, You Can Redeem the Soul of Our Nation (R,L)
- DEI Approach is No Longer Relevant: Operationalizing Racial Justice in Non-Profit Organizations (R)
- There is No Neutral | Michelle Johnson | TEDxWakeForestU (W,L,P)
- When Civility Is Used As A Cudgel Against People Of Color (R,L)
- ‘Lean Into Discomfort’ When Talking About Race | Here & Now (R,L)
- belonging.berkeley.edu/targeteduniversalism