

DEFENSES OF WASHINGTON: ALEXANDRIA 14.5 MILE LOOP

TL = traffic light, TRO = to remain on, L = left, R = right, Q = quick, B = bear, X = cross

0.0	0.4	L	From Ft. Ward parking lot onto park road
0.4	0.0	BR	Onto side lane that leads to TL @ Braddock Road
0.4	0.4	X	X Braddock Rd & continue on Howard St.
0.8	0.4	L	Seminary Rd. @ TL
1.2	0.4	R	St. Stephens @ TL
1.6	0.0		Historical Marker for Ft. Worth on R
1.6	0.2	QR	N. Garland St. @ bottom of hill
1.8	0.1	L	Ft. Worth Ave. @ T @ bottom of hill
1.9	0.4	L	Ft. Williams Pkwy. @ T
2.3	1.1	R	Seminary Rd @ T
3.4	0.3	R	East Taylor Run Pkwy. (the 2 nd Taylor Run Pkwy after Xing creek, not West Taylor Run Pkwy)
3.7	0.1	S	S. View (Taylor Run goes R)
3.8	0.0	QR	Moncure
3.8	0.2	QL	Upland
4.0	0.1		Ft. Ellsworth Historical Marker on R
4.1	0.0	R	Hilltop Terr.
4.1	0.4	QR	Carlisle; enter Masonic Nat'l Memorial grounds through gate on left; continue down on road
4.5	0.2		Brady photo marker on L
4.7	0.0	R & QL	Callaghan Dr.
4.7	0.2	QR	King St.
4.9	0.2	R	Daingerfield
5.1	0.1	S	Hoofs Run Trail @ end of Daingerfield (enter on R of hotel driveway)
5.2	0.1	QL	Jamieson Rd.
5.3	0.0	R	@ T
5.3	0.1	QL	Roundhouse
5.4	0.1	R	S. Payne St.
5.4	0.1	QR	Wilkes St.
5.6	0.2	S	Enter Alexandria Nat'l Cemetery ; continue around cemetery loop
5.8	0.1	S	Exit Alexandria Nat'l Cemetery
5.9	0.2	R	S. Payne
6.1	0.2	L	Franklin (2 nd L)
6.3	0.0	X	US 1
6.3	0.1	QR	S. Alfred
6.4	0.1	L	Jefferson
6.5	0.1	R	Columbus
6.6	0.1	L	Church St. @ T
6.7	0.1	R	Onto sidewalk, west side of Washington St. to cross over I-495; Freedmen's Cemetery marker on R
6.8	0.2	L	Cross Washington St. at 1 st traffic light; continue straight descending to R of Wilson Bridge
7.0	0.1	L	@ bottom of slope (sign pointing to S. Royal St.); proceed under Wilson Bridge

7.1	0.2	R	Green St.
7.3	0.1	L	S. Lee St.; Battery Rodgers historical marker @ T
7.4	0.1	R	Franklin St.
7.5	0.3	X	S. Union St. into condo development; @ T, dismount and walk down brick path to river to sign for Battery Rodgers and view of Washington; return to S. Union St. & turn right
7.8	0.4	L	Onto bike path after playground and before volleyball court (sign on right points to Lee Ctr.); trail becomes Wilkes St.
8.2	0.1	X	Columbus St. (@ 2 nd TL) onto sidewalk
8.3	0.2	X	US 1 (S. Patrick St.); continue on Wilkes St.
8.5	0.1	R	S. Payne St.
8.6	0.0	L	Bike Rt.
8.6	0.0	QR	@ Stop Sign
8.6	0.4	QL	Jamieson St.
9.0	0.4	TL	Holland Ln.
9.4	0.2	BR	Eisenhower Ave.
9.6	0.6	X	Eisenhower @ Swamp Fox Road. Proceed on trail
10.2	0.3	X	Over Telegraph Ave. on trail
10.5	1.6	R	Onto Holmes Run Bike Path (under bridge just after animal shelter)
12.1	0.6	L	Onto wooden bridge to Ben Brenman Park (Camp California) and restrooms; BR at end of bridge for restrooms; return over to footbridge an L to rejoin Holmes run trail; QL in front of playground TRO Holmes Run Trail; after passing under bridge (Duke St.), BL TRO Holmes Run Trail
12.7	0.3	R	Sign pointing to Latham St.
13.0	0.2	R	Taney Ave.
13.2	1.1	L	Howard St.
14.3	0.2	S	Into Ft. Ward Park @ end of Howard St.; R onto park rd.
14.5		L	After Visitor Center and QL into parking lot