

SOMETHING TO SMILE ABOUT



Kaiser Permanente Medicare Plus (Cost)

A guide to your dental benefits: \$30 Preventive Dental Plan

Your dental plan emphasizes healthy smiles through prevention and the early detection of dental problems to prevent costly procedures in the future. The combination of predictable costs, no deductibles, and no annual maximums helps you reach a state of good oral health without facing the high cost of treatment typical of many dental plans.

The \$30 Preventive Plan provides coverage for more than 250 dental procedures through one of the largest networks in the Mid-Atlantic area.¹ You have your choice of convenient private dental offices where you can receive care.

You pay a \$30 copay for each preventive care office visit which includes:

- Up to two oral exam(s) every year
- Up to two cleaning(s) every year
- Up to two fluoride treatment(s) every year
- Up to two dental X-ray(s) every year

The preventive care procedures covered on this plan account for over 65 percent of dental services most frequently performed for adults, and almost 90 percent of the most frequently

performed services for children.² Other covered dental services are provided at a reduced fee.

Your dental and health plan providers—Dominion Dental Services USA, Inc. (Dominion), and Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. (Kaiser Permanente)—are working together to help you stay healthy.

Save on restorative care

More extensive care (fillings, crowns, dentures, root canals, periodontal treatment, oral surgery, etc.) is provided at fees lower than the usual and customary charges for these services. When covered, specialty care services are performed by plan specialists and a different fee will apply. To see a complete fee schedule, including exclusions and limitations, find your plan on DominionDental.com/kaiserdentists or call Dominion Member Services at the number listed on the back. When you become a member, you will find the fee schedule in your *Evidence of Coverage*.

Choosing a dentist

You may select any general dentist from among our participating dental providers. Each eligible family

¹ Mid-Atlantic area includes Washington, D.C., Maryland, and Virginia.

² Dominion Dental Services, Inc., based on annual review of utilization data, network survey and analysis report, 4th Quarter 2012.

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member may use a different participating dentist. For a list of participating dentists or information about a dentist including office hours, directions, languages spoken, etc., visit **DominionDental.com/kaiserdentists** or call Dominion Member Services.

Specialty care is also available in many locations. To receive treatment from a participating specialist, ask your participating general dentist to arrange a referral. Your costs may be higher for care you receive from a network specialist. Services received from non-participating dentists are not covered.

Quality dental care

You can be confident that your dentist was carefully selected to offer quality care. All participating dentists go through a strict quality assurance program developed in accordance with the National Association of Dental Plans' recommendations. This process confirms that each dentist has the required credentials and has passed a thorough on-site office evaluation.

How does the Preventive Plan work?

After your effective date of coverage, you can make an appointment with a participating general dentist. Make sure you bring your Kaiser Permanente medical ID card to your appointment. There is no separate dental ID card. There is virtually no paperwork or pre-existing condition exclusions to worry about.

Dedicated member service

Quality service is an important part of any dental plan. Knowledgeable Dominion Member Services Specialists are available Monday through Friday from 7:30 a.m. to 6 p.m. to answer questions about coverage or to help you find a participating dentist. Dominion's voice response system is available 24 hours a day for information about participating dental providers in your area or to help you select a dental provider. The most up-to-date list of participating dental providers can be found online.

Phone: 855-733-7524; TTY 711

Fax: 855-485-0115

Mailing address:

Dominion Dental Services USA, Inc.
115 South Union Street, Suite 300
Alexandria, VA 22314

Web: DominionDental.com/kaiserdentists

Make changes online

Dominion Dental provides members with secure online access to:

- Plan information
- Dentist search and dental office transfers
- Contact information
- Member services requests and general correspondence

All changes are confirmed by return email.

Dental benefits are underwritten by Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., and administered by Dominion Dental USA, Inc.

Kaiser Permanente is a Cost plan with a Medicare contract. Enrollment in Kaiser Permanente depends on contract renewal. Benefits, formulary, pharmacy network, provider network, premium and/or co-payments/co-insurance may change on January 1 of each year, and for group members, at other times in accord with your group's contract with us. The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan. Limitations, copayments, and restrictions may apply. To join a Kaiser Permanente Medicare Health Plan, you must reside in the Kaiser Permanente Medicare Plus service area in which you enroll.

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.

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