



SUP # 2014-0098

Administrative Special Use Permit Application

PROPERTY LOCATION: 210 N Lee St Suite 109 - Alexandria VA 22314

ZONE: GD

TAX MAP REFERENCE: 065,03,09,13

APPLICANT'S INFORMATION:

Applicant: Maricela Noble Business/Trade Name: Your Life Energy

Address: 414 S Saint Asaph St Alexandria, VA 22314

Phone: 202-425-4505 mobile Email: maricelanoble@yahoo.com

PROPOSED USE:

- | | | | |
|--------------------------|------------------------|-------------------------------------|---|
| <input type="checkbox"/> | Day Care Center | <input type="checkbox"/> | Restaurant |
| <input type="checkbox"/> | Light Auto Repair | <input type="checkbox"/> | Outdoor Dining (exclude King Street Retail) |
| <input type="checkbox"/> | Overnight Pet Boarding | <input type="checkbox"/> | Live Theater |
| <input type="checkbox"/> | Outdoor Garden Center | <input type="checkbox"/> | Outdoor Food and Crafts Market Center |
| <input type="checkbox"/> | Catering Business | <input type="checkbox"/> | Outdoor Display |
| <input type="checkbox"/> | Valet Parking | <input checked="" type="checkbox"/> | Massage Establishment |
| | | | <u>Holistic Center</u> |

Please read and sign after the statement:

I have read and understand the general standards and the requirements for the use for which I am applying and have attached the Worksheet for the use.

Signature: Maricela Noble

Please submit the following with this application form:

Site Plan - At a minimum, show and label the subject property, surrounding buildings, and streets. Show, label and give dimensions for all parking spaces, entrances and exits, and trees and shrubbery.

Floor Plan - At a minimum, show and label all interior features inside and outside seats, tables, counters, equipment, etc. as appropriate to the use. Show, label and give dimensions for all entrance and exit doors and windows, rooms/areas, staircases, elevators and bathrooms.

Worksheet for specific use from Checklist and Worksheet package.

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PROPERTY OWNER'S AUTHORIZATION

As the property owner, I hereby grant the applicant use of 210 N Lee St Ste 104 Alexandria VA
(property address), for the purposes of operating a Holistic Center (use) 22314
business as described in this application.

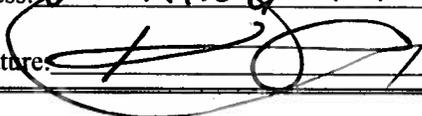
I also grant permission to the City of Alexandria to visit, inspect, photograph and post placard notice on my property.

Name: ROBERT J. KAUFMAN

Phone: (703) 548-1810

Address: 815 KING ST # 203

Email: ROB@PMA PROPERTIES.COM

Signature: 

Date: 9/10/14

1. The applicant is the (check one):

- Owner
- Contract Purchaser
- Lessee or
- Other: _____

of the subject property.

State the name, address and percent of ownership of any person or entity owning an interest in the applicant or owner, unless the entity is a corporation or partnership, in which case identify each owner and the percent of ownership.

It is only Maricela Noble for Your Life Energy, LLC

If property owner or applicant is being represented by an authorized agent such as an attorney, realtor, or other person for which there is some form of compensation, does this agent or the business in which the agent is employed have a business license to operate in the City of Alexandria, Virginia?

Yes. Provide proof of current City business license

No. The agent shall obtain a business license prior to filing application, if required by the City Code.

N/A

USE CHARACTERISTICS

2. Please give a brief statement describing the use: *Your Life Energy is a Holistic Center offering Yoga, Tai chi, Reiki, Massage (Therapeutic), Meditation, Crystal Healing & Holistic Class*
- Please see attachment

3. Please describe the proposed hours of operation:

Days <i>7</i>	Hours <i>12 pr day</i>
Daily	

Or give hours for each day of the week

Monday	<i>9-6</i>
Tuesday	<i>9-7</i>
Wednesday	<i>9-8:30 pm</i>
Thursday	<i>9-7</i>
Friday	<i>9-8</i>
Saturday	<i>8-12 or 12-6 depending on month schedule</i>
Sunday	

See attachment please

for Reiki Class workshop

4. Please describe the capacity of the proposed use:
- A. How many patrons, clients, pupils and other such users do you expect? Specify time period (i.e., day, hour, or shift).

See attachment

- B. How many employees, staff and other personnel do you expect? Specify time period (i.e., day, hour, or shift).

See attachment

5. A. How many parking spaces of each type are provided for the proposed use:

- Standard and compact spaces
- Handicapped accessible spaces *in front of the*
- Other *Street Parking Building & 2 Parking Lots.*

B. Please give the number of:

Parking spaces on-site 0

Parking spaces off-site more than 10

If the required parking will be located off-site, where will it be located?

N/A

6. Please provide information regarding loading and unloading for the use:

A. How many loading spaces are available for the use?

There are 2 in front of the building or one for a truck.

B. Where are off-street loading spaces located?

Right in front of the building 210 N Lee Street, Alexandria, VA 22314

C. During what hours of the day do you expect loading/unloading operations to occur?

Only when we are moving in - occasionally. We really do not need loading everyday

D. How frequently are loading/unloading operations expected to occur per day or per week?

Maybe "once a month" at the most.

7. If any hazardous materials or organic compounds (for example paint, ink, lacquer thinner, or cleaning or degreasing solvent), as defined by the state or federal government, be handled, stored, or generated on the property, provide the name, monthly quantity, and specific disposal method below:

None - We will be using only
- dishwash soap
- massage products (such as oil, mit herbal essences)

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APPLICANT'S SIGNATURE

Please read and initial each statement:

Initial MM THE UNDERSIGNED, hereby applies for a Special Use Permit in accordance with the provisions of Article XI, Section 11-500 of the 1992 Zoning Ordinance of the City of Alexandria, Virginia.

Initial MM THE UNDERSIGNED, hereby attests that all of the information herein provided and specifically including all surveys, drawings, etc., required to be furnished by the applicant are true, correct and accurate to the best of their knowledge and belief. The applicant is hereby notified that any written materials, drawings or illustrations submitted in support of this application and any specific oral representations made to the Director of Planning and Zoning on this application will be binding on the applicant unless those materials or representations are clearly stated to be non-binding or illustrative of general plans and intentions, subject to substantial revision, pursuant to Article XI, Section 11-207(A)(10), of the 1992 Zoning Ordinance of the City of Alexandria, Virginia.

Maricela Noble - Maricela Noble
Print Name of Applicant or Representative

Maricela Noble
Signature

9/12/14
Date

If this application is being filed by someone other than the business owner (such as an agent or attorney), please provide the information below:

Representative's Address:

Phone: _____

Email: _____

Fax: _____

Our Staff

3 Reiki Masters Practitioners. They will alternate days and hours. They will also substitute each other as need it.

2/1 Yoga or Tai Chi Instructors. They will alternate days and hours. They will also substitute each other as need it.

2 Massage Practitioners (both of them are Reiki Practitioners too and they are included above as Reiki Practitioners). They will alternate days and hours. They will also substitute each other as need it.

Our Services

Reiki Session

Reiki Session with Crystal Healing or Tuning Forks

Emotional Freedom Technique

Massage (Therapeutic)

Meditation Classes

Yoga

Tai Chi

Reiki, Crystal Healing and Holistic Workshops (i.e. Understanding Energy Medicine: The Science and Potential, Meditation with Crystal Quartz Bowls, Emotional Freedom Technique)

These holistic techniques assist with releasing stress and related problems (lack of sleep, high blood pressure, anxiety, etc.) and pain management. They also, augment concentration and self-energy. Holistic Therapies help with your outlook in life, feeling more positive and refresh, improving yourself physically, mentally & spiritually.

Disclaimer

Reiki is not affiliated with any particular religion or religious practice. Reiki is not new, it is an ancient oriental technique that is thousands of years old (at least) and it was rediscovered in Japan by Dr. Mikao Usui during his search for Natural Healing in 1914 at Kurama Mountain. While Reiki, Crystal Healing, EFT, Yoga, Tai Chi and Holistic Body Energy Work and Therapeutic Massage are very effective, they are not a miracle cure. They are part of an integrated healing or wellness program.

**Working Hours and Days of Operation in
210 N Lee Street, Suite 104
Alexandria, VA 22314**

Hours and days of operation**Monday 9:00 to 6:00 p.m.**

9:00 a.m. to 10:30 a.m. Yoga or Tai Chi (approximately 11 people including instructor).

Location: Open area.

10:30 to 12:00 p.m. Yoga or Tai Chi (approximately 11 people including instructor).

Location: Open area.

12:30 p.m. to 6:00 p.m. It could be 1 Massage (1 customer + practitioner) and 1 Reiki/Emotional Freedom Technique (1 customer + practitioner) session at the same time. But it could be 2 Massage sessions or 2 Reiki sessions at the same time. Each session lasts approximately 1 hour and 45 minutes. This is enough time to receive the customer, give answers to the customer's questions, treatment, cleaning of the working area and preparation time for the next customer/session. We do not like to rush and work against time.

Location: Massage in Room 1 and enclosure area. There will be curtains and a Japanese screen at the enclosure area and they will provide complete privacy for these modalities.

Tuesday 9:00 a.m. to 7:00 p.m.

9:00 a.m. to 2:00 p.m. It could be 1 Massage (1 customer + practitioner) and 1 Reiki/Emotional Freedom Technique (1 customer + practitioner) session at the same time. But it could be 2 Massage sessions or 2 Reiki sessions at the same time. Each session lasts approximately 1 hour and 45 minutes. This is enough time to receive the customer, give answers to the customer's questions, treatment, cleaning of the working area and preparation time for the next customer/session. We do not like to rush and work against time.

Location: Massage in Room 1 and enclosure area. There will be curtains and a Japanese screen at the enclosure area and they will provide complete privacy for these modalities.

5:30 p.m. to 6:45 p.m. Yoga or Tai Chi (approximately 11 people including instructor).
Location: Open area.

Wednesday 9:00 to 8:30 p.m.

9:00 a.m. to 10:30 a.m. Yoga or Tai Chi (approximately 11 people including instructor).
Location: Open area.
10:30 to 12:00 p.m. Yoga or Tai Chi (approximately 11 people including instructor).
Location: Open area.

12:30 p.m. to 6:00 p.m. It could be 1 Massage (1 customer + practitioner) and 1 Reiki/Emotional Freedom Technique (1 customer + practitioner) session at the same time. But it could be 2 Massage sessions or 2 Reiki sessions at the same time. Each session lasts approximately 1 hour and 45 minutes. This is enough time to receive the customer, give answers to the customer's questions, treatment, cleaning of the working area and preparation time for the next customer/session. We do not like to rush and work against time.

Location: Massage in Room 1 and enclosure area. There will be curtains and a Japanese screen at the enclosure area and they will provide complete privacy for these modalities.

7:00 p.m. to 8:30 p.m. Meditation (approximately 11 people including instructor).

Thursday 9:00 a.m. to 7:00 p.m.

9:00 a.m. to 2:00 p.m. It could be 1 Massage (1 customer + practitioner) and 1 Reiki/Emotional Freedom Technique (1 customer + practitioner) session at the same time. But it could be 2 Massage sessions or 2 Reiki sessions at the same time. Each session lasts approximately 1 hour and 45 minutes. This is enough time to receive the customer, give answers to the customer's questions, treatment, cleaning of the working area and preparation time for the next customer/session. We do not like to rush and work against time.

Location: Massage in Room 1 and enclosure area. There will be curtains and a Japanese screen at the enclosure area and they will provide complete privacy for these modalities.

5:30 p.m. to 6:45 p.m. Yoga or Tai Chi (approximately 11 people including instructor).
Location: Open area.

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Saturday 8:00 a.m. 11:30 a.m.

8:00 a.m. to 9:30 a.m. Yoga or Tai Chi (approximately 11 people including instructor)

Location: Open area.

9:30 to 11:30 a.m. Yoga or Tai Chi (approximately 11 people including instructor)

Location: Open area.

Saturday and Sunday 12:00 p.m. to 6:00 p.m.

Holistic Classes or Holistic Workshops will be held once a month

- Reiki and Crystal Healing workshops are for 7 people maximum including Teacher. I prefer to have small group of students. This will provide full attention and teaching and attention quality.
- Energy Medicine, Meditation and Emotional Freedom Technique are only 1 or 3 hours maximum each and we could comfortably accommodate between 10 up to 19 people (seated) maximum + Instructor/speaker.

Note: If Holistic classes or workshops are not going to be happening we could offer massage and Reiki services to people between 12:00 p.m. to 4:00 p.m. Generally customers like to have these services in the weekends because they work during the week.

Thanks

Rev. Maricela Noble

RMT/IARP

202 425 4505

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