New Summer Camps 2017

- *Dramatic Kids! I & II
- Theatrical Teens
- *Teen Excursion
- Silver Knights Coding and Engineering
- *Stem Using Lego
- *PhysioFit Kids
- *First Serve Tennis Camp
- Animation & Flix Camp
- Ninja Warrior

It was outstanding! My son had a great time! - Camp Parent
Fall Programming
New

- Colors, Shapes, and Numbers
- Sign and Learn
- Mommy and Me: Let's Play Dance
- Tap n’ Ballet
- Chair Aerobics
- Stretch it Out
- “Werk” it Out
- Step and Sculpt
- Pre- Movement Ballet
- Strong by Zumba

Staff was great. I was very impressed! - Class participant
Successful New & Revamped Classes

- Tot Beatz
- Lil Lacrosse
- Soccer Tots
- Pre-Ballet Movement III
- Little Stars
- Dramatic Kids II
- Mom & Tumbling
- Dynamic Three: Yoga, Barre, and Pilates
- Barre Excel
- PiYo
- Aging Backwards/Classical Stretch

I love the class and instructor! - Class Participant
Aquatic Classes & Camps

- Ready to Swim Camp
- Stem & Swim Camp
- Female Swim Night
- Swim Clinics
- Private Swim Lesson
- Toddler Swim Lesson
- 8-level Learn to Swim
Aquatic Special Programs & Events

- Family Splash Night
- Wahoo Swim Team
- Doggie Swim Day
- Power Swim
- ACPS Swim Program
Summer Participation & Revenue

Revenue

# of Participants

2016 2017

2016 2017
New Instructor Process

Service Agreement & Seasonal Employee
New Contractors

- Sign and Learn
- Animation Flix
- Go Banana’s Dancing
- Care Actor
- Eccentrics
- First Serve Tennis
Recreation Department’s Mission Statement
We support the well-being of Alexandria’s residents by ensuring access to a variety of quality recreation, park and cultural experiences.

Power On Mission
Participants are placed into age groups that maintain a full schedule of activities incorporating play, learning, cultural enrichment and positive social interaction.

Out of School Time fun includes creative & performing arts, fine arts, fitness & health, sports, education & leisure activities, holiday & family events, and much more! Programs offered at the recreation centers, after school centers and summer playgrounds are not licensed child care programs.
We Are Team - RPCA!
Responsive * Professional * Courteous * Accountable

From Summer OSTP Training – June 2017

Staff Development is required for all OSTP staff. Staff are required to receive 12 hours or more per year in training and skill development as part of their requirements. Training opportunities are available through the division sessions, Recreation Department, City and outside vendors.
The Summer & School Year program’s theme invites children to discover new interests, explore unseen sights from around the world and make everyday an adventure in the Power-On Program.
Ages 6 - 12 (entering the 1st grade in Fall 2017)

**Summer:** June 26 – August 18. The OSTP Summer Program operates Monday-Friday, from 9 a.m. - 6 p.m. Optional before care is available at all locations that host the Power On Program from 7 – 9 a.m.

**Program Fee:** Before July 1 - $315. After July 1 - $325.

**Before Care Fee:** $39/week

**Extra Fun Weeks:** August 21 – September 1, $75/week

**Before Care Available -** $39/week

Financial assistance is available for eligible families.
Ages 5 - 12 (Kindergarten through Grade 5 (youth in grade 6, ages 12 and younger are also eligible for Power-On)

**September 5 – June 22.** The OSTP School Year Program operates Monday-Friday, from school dismissal to 6 p.m.

**Program Fee: $445**

**Power-Full Fun Days:** Free to OSTP Registered Participants

(Before Care Offered - $39/day)

$15/Day – Non-Participants

Financial assistance is available for eligible families and payment plans are available for eligible families.
Fishing Derby Day at Lake Cook

Power Up Canoeing on the Potomac River

PLAY BALL INITITATIVE – POWER ON CHILDREN

Power On Summer Fun!

Games

Sports

Special Events
Arts Festival
School Year and Summer Power-On Locations

Charles Barrett Recreation Center
Charles Houston Recreation Center
Cora Kelly Recreation Center
Mount Vernon Recreation Center
Patrick Henry Recreation Center *(school year only)*
Patrick Henry/James K. Polk @ Polk Elementary School *(summer Only)*
William Ramsay Recreation Center
John Adams After School Center
Douglas MacArthur After School Center
Power Up Program @ Minnie Howard School *(summer only)*
## School Year & Summer Registration Totals
### FY 2015 – FY 2018

<table>
<thead>
<tr>
<th></th>
<th>FY-18 YTD School Year 17-18 07-17-17</th>
<th>FY-17 Actuals School Year 16-17</th>
<th>FY-16 Actuals School Year 15-16</th>
<th>FY-15 Actuals School Year 14-15</th>
<th>FY-18 Summer 2017 YTD 06-30-17 (as of 7/1)</th>
<th>FY-17 Summer 2016 Actual</th>
<th>FY-16 Summer 2015 Actual</th>
<th>FY-15 Actuals Summer 2014</th>
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<tbody>
<tr>
<td>Program Fee</td>
<td>$445</td>
<td>$429</td>
<td>$415</td>
<td>$415</td>
<td>$315/$325 (as of 7/1)</td>
<td>$300/$315 (as of 7/1)</td>
<td>$125/$300 (as of 7/1)</td>
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<tr>
<td>Satisfaction % report</td>
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<td>94%</td>
<td>90%</td>
<td>92%</td>
<td>TBD</td>
<td>90%</td>
<td>90%</td>
<td>96%</td>
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<tr>
<td>Registration #</td>
<td>274</td>
<td>1,222</td>
<td>1,201</td>
<td>1,194</td>
<td>924</td>
<td>1,036</td>
<td>1,352</td>
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<td>OSTP Revenue</td>
<td>$108,909*</td>
<td>$375,103*</td>
<td>$356,179</td>
<td>$353,851</td>
<td>$188,665</td>
<td>$214,642*</td>
<td>$130,750</td>
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<td>Fee Assistance (Discounts)</td>
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<td>$129,174</td>
<td>$125,208</td>
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<td>$70,770</td>
<td>$81,088</td>
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<td>Full Fees</td>
<td>$121,373</td>
<td>$523,008</td>
<td>$500,530*</td>
<td>$497,338*</td>
<td>$276,225</td>
<td>$311,680</td>
<td>$174,060</td>
<td>$133,965</td>
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*Fees paid in installments.
Examples of School Year & Summer OSTP Specialty Programs

* **Virginia Cooperative Extension Service (4-H Program)** – monthly enrichment, nature, nutrition and craft activities guidelines for the Cloverbuds and Juniors Program curriculum. Center staff are trained by the 4-H Program staff to lead the activities.

* **Kids Are Terrific (KAT Camp)** – a summer program run in conjunction with the Department of Community and Human Services, Center for Children and Families’ Youth Leadership team for children ages 9 – 12 years that meet weekly at all the recreation centers.
  - Children are provided programs and field trips that promote healthy youth development and prevent alcohol and drug use, pregnancy, emotional problems, violence and school d

* **INOVA Nutrition Program** - is held weekly for 1.5 hours and teaches nutrition through cooking, activities, and crafts targeted to a specific age range (such as 2nd and 3rd grade).
  - The program is free and specifically focusing on the west side of Alexandria. It is being held at the Patrick Henry/Polk site this summer.

* **Mayor’s Campaign to End Bullying** – monthly awareness sessions with the children are held at each location throughout the year.
In the summer of 2014, the City of Alexandria joined more than 170 jurisdictions across the United States to address these issues, signing on with the Mayor’s Campaign to End Bullying. The goal of the Mayor’s Campaign to End Bullying is to increase awareness of the negative impacts of bullying and increase the resources and tools available to prevent bullying in Alexandria and to improve the community and school climate and improve the quality of life for all.

- The initiative involves several agencies, including Alexandria City Public Schools, Recreation Department, Court Service Unit, Police and Sheriff’s Departments, Partnership for a Healthier Alexandria, community members and youth
- Bullying is a problem with serious and negative implications that should be dealt with by all members of the community.
- More than 3.2 million students are victims of bullying each year
- Seventy one (71%) of students report incidents of bullying as a problem at their schools.
- 13% of high school students reported being bullied on school property and 10% reported being bullied electronically.
- Twenty-five percent (25%) of middle school students reported being bullied on school property and 13% reported being bullied online
- Training sessions are held throughout the year with various youth, teens and adult groups throughout the City.
Examples of School Year & Summer OSTP Specialty Programs

* Power Play - RPCA developed program in the 1990’s that still provides weekly opportunities for participants to learn the basic fundamentals of the various fitness and sports related activities.
  - The program is a comprehensive fitness and sports program geared toward getting more children involved in physical activity through participation in traditional and non-traditional fitness and sports programs in a non-competitive environment.

* Power Swim - City Council approved Contingency funding of $10,000 in FY-16 for the Power Swim Program
  - RPCA needs assessment data shows that aquatic programming is the number one need of residents
  - Youth in Power-On Program at West End centers have high enrollment but only 2% register for formal swim classes
  - Power Swim provided very low cost Learn to Swim sessions for youth at William Ramsay and Patrick Henry Recreation Centers
  - Over 200 youth have taken lessons over the past two years through the Power Swim Program
  - Additional locations will be served in FY-18 through an addition $10,000 funding added to RPCA budget

* Swim Days – (Summer) – each location has opportunities to attend the local pools in the City for swimming days.

* Field Trips – each location sponsors field trips to local area attractions such as museums, nature parks, swimming, bowling, Six Flags, Luray Caverns, Folklife Festival, Circus, roller skating, NOVA parks and many more.
  - Transportation is provided by ACPS buses or City vehicles and participants must have a signed permission slip to attend.

* Sports Clinics – are usually non-traditional and traditional run programs with assistance from the Sports Office, in-house or affiliate groups (ASA, ALC, ALL, ARC) at the sites throughout the school year giving children the opportunity to participate at any age.
* Mayor’s PLAY BALL Initiative – Since 2015, the City of Alexandria’s Mayor as part of the United States Conference of Mayors (USCM) support of Major League Baseball's “Play Ball” initiative along with RPCA, has sponsored the program for youth in the summer OSTP program.

- Youth (grades K – 6) participate in various games of baseball/softball and baseball/softball related activities. These include such games as Wiffle Ball Wham, Beach Ball Blast, Run, Hit Score Relays, baseball toss and MLB Relays. Together, Mayor Silberberg our children and staff will accomplish our goal of connecting baseball and our youth.

- August 15 @ Mt. Vernon Recreation Center from 10 – 11 a.m.

* PEACE Club - Peace Club is a club that meets weekly with second - fifth grade participants in the John Adams Power-On Program September - March.

- Peace Club is facilitated on a volunteer basis by a retired teacher and a retired guidance counselor from Alexandria City Public Schools. The purpose of Peace Club is to teach and practice lessons of peace and non-violence, and to promote emotional intelligence (EQ) skills through group activities including drama, art, games and songs.

* Alexandria Libraries – partners with various locations on programs throughout the school year and summer to promote reading and writing. SummerQuest participants can track the books they read and receive prizes.

* Variety of Opportunities – children at all the OSTP the recreation and afterschool centers are encouraged to participate in various enrichment, cultural, social, classes, camps, sports, exercise, wellness and specialty programs offered at their locations. Examples: Nerf the Turf, Teen Strobe Basketball, Lil Munchkins Sports Hour, Youth Sports Programs and more...
The primary function of the RPCA Community Outreach Program is to work in collaboration with recreation centers, city agencies, non-profits and other youth serving organizations to support and secure recreational and social services for underserved and at-risk youth in the community.

The RPCA Outreach Program works in collaboration with the law enforcement and safety branches of the City - the Alexandria Police Department’s COPS Program, the Alexandria Fire Department- AFD, Fire Fighters and Friends, Nonprofit and the Alexandria Sheriff Department, ASD – to build relationships between it and the community. The collaboration is largely program-focused in that it supports and encourages positive interaction between law enforcement, safety and the community. It is working towards sustainable relationships that promote positive interactions that could unravel if ignored. Activities are also designed to reinforce community building.

Examples of the RPCA – Recreation Services Division Lead or Collaborative Outreach Programs
Late Night Basketball * Job Fairs * Job Placement Programs * Re-Entry Program * Agency /Affiliate Partnerships for Employment Training Outreach Cook-outs/Registration/Games @ Andrew Adkins and James Bland, hosting of Community Police Games, Gang Task Force Regional Soccer Tournaments, National Night Out, Backpack Giveaways/Haircuts – Thanksgiving Baskets Giveaways, Winter Coat Distributions, Movie Nights, Police Academy assisting hosting special events – Stop the Violence Community Day/Basketball Tournament – Titan Takeover Nights – Holiday/Seasonal Programs – Bikers Against Bullies – Books & Barbers Reading Program Pink Heels ‘Breast Cancer Awareness” Fire Truck Tour, Haircuts/Books Bags, Shoes and School Supplies, Annual Thanksgiving Turkey Basket Distribution, Toys For Tot Drive Distribution & Late Night Weekend Program
Safe Place is a community program in which the Recreation Department has set up public locations (both for-profit and non-profit) as a network of places where youth in crisis can get immediate help. Youth may come to the location, call or text to get immediate assistance.
Community Outreach Program

Where are Safe Place Sites Located in Alexandria?

Charles Barrett Recreation Center, 1115 Martha Custis Drive, Alexandria, VA 22305
Charles Houston Recreation Center, 901 Wythe Street, Alexandria, VA 22314
Chinquapin Park Recreation Center & Aquatics Facility, 3210 King Street, Alexandria, VA 22302
Cora Kelly Recreation Center, 25 West Reed Avenue, Alexandria, VA 22305
Jerome “Buddie” Ford Nature Center, 5750 Sanger Avenue, Alexandria, VA 22311
Lee Center, 1108 Jefferson Street, Alexandria, VA 22314
Mt. Vernon Recreation Center, 2701 Commonwealth Avenue, Alexandria, VA 22301
Nannie J. Lee Recreation Center, 1108 Jefferson Street, Alexandria, VA 22314
Oswald Durant Arts Center, 1605 Cameron Street, Alexandria, VA 22314
Patrick Henry Recreation Center, 4643 Taney Avenue, Alexandria, VA 22304
William Ramsay Recreation Center, 5650 Sanger Avenue, Alexandria, VA 22311
Alexandria Fire Station #201, 317 Prince Street, Alexandria, VA 22314
Alexandria Fire Station #202, 213 East Windsor Avenue, Alexandria, VA 22301
Alexandria Fire Station #203, 2801 Cameron Mills Road, Alexandria, VA 22302
Alexandria Fire Station #204, 900 Second Street, Alexandria, VA 22314
Alexandria Fire Station #205, 1210 Cameron Street, Alexandria, VA 22314
Alexandria Fire Station #206, 4609 Seminary Road, Alexandria, VA 22304
Alexandria Fire Station #207, 3301 Duke Street, Alexandria, VA 22304
Alexandria Fire Station #208, 175 North Paxton Street, Alexandria, VA 22304
Community Lodgings, 607 Notabene Drive, Alexandria, VA 22305
Carpenters Shelter, 930 N. Henry St. Alexandria, VA 22314
Center for Alexandria’s Children & Child Protective Services, 1900 N. Beauregard Street, Suite 200, Alexandria, VA 22311
Alexandria Library Locations – (Barrett, Beatley, Burke, Duncan)

* Future Safe Place Sites: Casa Chirilagua, Tenants Workers Support & Torpedo Factory