

**CITY OF ALEXANDRIA  
DEPARTMENT OF RECREATION, PARKS, AND CULTURAL ACTIVITIES**

**PROGRAM OPERATIONS DIVISION - ADULT SPORTS  
703.746.5409(OFFICE) - 703.746.5585 (FAX)  
703.746.5495 (WOMEN'S HOTLINE) – 703.746.5596 (MEN'S HOTLINE)**

**MEN & WOMEN BASKETBALL  
RULES & REGULATIONS**

**Official High School Rules shall apply unless amended below:**

**1. GENERAL**

- A. The City of Alexandria will not tolerate the use of alcohol or drugs on City property. Violations will be reported to the proper authority.
- B. Children are not to be left unattended in the facility.
- C. Fighting, acts of aggression, verbal abuse toward players and umpires, or other disturbances to Department of Recreation, Parks and Cultural Activities programs will not be tolerated. Violations will result in a player(s) and/or team(s) being suspended and/or terminated from league play, losing all rights and monies associated with the program.
- D. Teams will be dropped from further league play after three (3) individual games are forfeited and will lose all rights and moneys associated with the program. Final determination of removal from league play will be made by the program supervisor after evaluation of forfeits.
- E. Scores must be called in within 24 hours of game time. The Adult Sports Office Voice Mail System is available 24 hours a day to report game scores.
- F. In case of inclement weather, call the SPORTS HOTLINE for a recorded message regarding cancellations. In cases when the City of Alexandria Public Schools are canceled for the day, or close early due to inclement weather, games are automatically canceled.

**2. ROSTER**

- A. Is limited to a maximum of 15 and a minimum of 8.
- B. Roster changes may be made through the February 1. However, a player must be listed on the roster before being eligible to play.
- C. A player shall not be on more than one teams roster in Alexandria sponsored Men or Women's Leagues. Violation of this rule shall result in forfeiture of all games in which the player participated, and the penalty for managers and players are as follows:

**Player: First Offense:** Warning

**Second Offense:** Three (3) game suspension, including playoffs.

**Third Offense:** Suspension for the remainder of the season.

**Note:** Players knowingly violating this rule will receive the three (3) match suspension on the first occurrence, followed by suspension for the remainder of the season on the second offense.

**Manager: First Offense:** One (1) game suspension from playing and managing.

**Second Offense:** Three (3) game suspension from playing and

managing, including playoffs.

**Third Offense:** Suspension for the remainder of the season from playing and managing.

- D. **(New!)** Team Managers must have a copy of the final roster with full name, address, telephone number and jersey number available at each game. If requested, Managers must present an official final roster to the Referee or Recreation Staff. Failure to provide the official roster as requested will result in automatic forfeiture of the game.
- E. **(New!)** Teams that do not cooperate with league officials (i.e., withholding information such as rosters, names of players, managers, or captains, etc.) will automatically forfeit games in progress, the manager and/or team captain will receive a one game suspension, and the team will be placed on probation for the remainder of the season. A second offense will result in team expulsion from the league.

### 3. RULES OF PLAY

- A. Games consist of two 20-minute halves, with the clock stopping in the final two (2) minutes of each half. In the event the game is tied after regulation, there will be a 3-minute overtime period, with the clock stopping in the final one (1) minute.
- B. Each team will have two (2) time outs per half with time stoppage. Teams will have one (1) time out per overtime period with time stoppage.
- C. A team must start a game with five (5) players.
- D. A team without five (5) players by the scheduled game time shall forfeit the game. There will be a 10 minute grace period for the first scheduled game of the evening.
- E. It will be at the discretion of the opposing teams captain to furnish a player(s) to a team needing a player(s). When the player(s) missing from the lacking team arrives, the borrowed player may return to his own team and play. **Players may only be borrowed from the opposing team for which you are scheduled to play and if the opposing team has more than 5 players present.**
- F. **No dunking is allowed.**
- G. **(New!)** Managers are required to submit a line up sheet to Recreation Staff a minimum of 10 minutes prior to the scheduled start time. Line up sheets must include the following: Team Name, Manager Name, and Players First Name , Last Name, & Jersey Number. A new line up sheet is to be submitted for each game.
- H. **( New )** On Foul Shots It will be on the release on the ball.

### 4. EQUIPMENT

- A. Players must wear gym shoes. The referees decision regarding footwear shall be final.
- B. The Department of Recreation, Parks and Cultural Activities will supply the game ball.
- C. Matching Jerseys with numbers are required.

### 5. PLAYOFFS

- A. A minimum of the top four (4) teams in Competitive & Recreational divisions per night will advance to single elimination playoff tournament. The total number of teams advancing to the league playoff tournament will be determined by the program supervisor.
- B. In the event there are tied teams in the final standings, the tie breaker is as follows:

1. Head to Head record.
2. Record versus common opponents.
3. A coin toss or lottery drawing will be used to determine final seeding.

**6. AWARDS**

- A. A team trophy will be awarded to the season champion and runner-up for each division.
- B. A team trophy and individual awards will be awarded to the playoff champion and a team trophy will be awarded to the play-off runner-up. Individual awards will be limited to 12.

**7. WEATHER CANCELLATIONS/RESCHEDULING:**

- A. Weather cancellations or other information can be received 24 hours a day on the Women & Coed Sports Hotline at 703.746.5595 and the Men's Sports Hotline at 703.746.5596.
- B. Team managers are to call the Sports Hotline Number to receive game rescheduling information. Rescheduled information not available the evening of the canceled games will be posted on the Sports Hotline the next business day from 10:00 a.m. to 2:00 p.m.
- C. In the event play-off games are canceled due to inclement weather, all play-off games will be rescheduled for the next available business day.

**8. MISCELLANEOUS**

Any situation not covered by these rules, or by the General Rules will be brought to the attention of the Adult Sports Supervisor. These rules may be revised by the Department of Recreation, Parks and Cultural Activities as deemed necessary.