Department of Recreation, Parks & Cultural Activities presents

OUT OF SCHOOL TIME

POWER UP

Summer fun for ages 6-14.

Explore the world through fun, adventure, and discovery!

Remember The Times!

Summer 2018

June 25 - August 17

POWER ON!

RegisterARPCA@alexandriava.gov
703.746.5414 • alexandriava.gov/Recreation

CITY OF ALEXANDRIA
Department of Recreation, Parks & Cultural Activities
Recreation Services Division

2018 Summer Out of School Time Program

Remember the Times! This summer's theme invites children ages 6-14 to relive the times of the past, learning about the diversity of cultures, famous people, inventions and events that help shape our world, while having days of fun and making new friends. Participants are placed in age groups with highly trained and professional recreation leaders who rotate through scheduled activities in creative and performing arts, music, history, fine arts, sports, fitness and health, education and leisure, field trips and family events.

Nonresident Summer Registration Fee: $605 due at the time of registration, subject to change beginning July 1. Payment made by check, credit card or money order should be made payable to the City of Alexandria. For more information, please contact the Registration & Reservations Office at 703.746.5414.

Operation Hours: 9 a.m. – 6 p.m.
Before Care Hours & Fee: 7 a.m. – 9 a.m. / $39 per week

NONRESIDENTS REGISTER IN PERSON
at Lee Center's Registration & Reservation Office, 1108 Jefferson St.
Monday- Friday, 9 a.m.-7 p.m.

Registration Dates: Beginning June 4, register in-person at Lee Center, 1108 Jefferson St.

Register early to secure a space at the center of your choice and avoid the fee increase on July 1st.

Items needed for registration:

- Completed/signed registration forms
- Copy of child's "Proof of Identity" (birth certificate, passport or other official document) *for viewing purposes only*
- 2 forms of proof of residency (1 photo ID)

ADA Accommodations
The City is committed to compliance with the Americans with Disabilities Act, as amended. To request a reasonable accommodation, contact the Therapeutic Recreation office at 703.746.5423.

Power-On and the Power-Up Program are not licensed child care programs but are based on local standards approved by Alexandria's City Attorney and available online at alexandriava.gov/Recreation.

Power-On Program Locations:

Charles Houston Recreation Center	901 Wythe Street	703.746.5552
Leonard "Chick" Armstrong Recreation Center *(formerly Cora Kelly Recreat on Center)*	25 West Reed Avenue	703.746.5554
William Ramsay Recreation Center	5650 Sanger Avenue	703.746.5558
Adams/Polk at Francis Hammond	4646 Seminary Avenue	703.298.4369

Power-Up Program Location:

George Washington Middle School	1005 Mt. Vernon Avenue	703.746.5414

SUMMER 2018 Nonresident Fee: $605/child

Please visit **alexandriava.gov/Recreation** to view a full version of Out of School Time Program Standards.

"Parent" also refers to a legal guardian.

Age of Participants

Power-On Program - Entering grades 1-6 in Fall 2018
Power-Up Program - Entering grades 6-10 in Fall 2018

Ratios

The ratio of staff to registered participants is as follows:
Grades K-1 (Ages 5-6) is 1:20
Grades 2-6 (Ages 7-12) is 1:25

Hours of Operation

9 a.m.-5 p.m. are programmed hours. Pick-up is required by 6 p.m. All sites are closed on Tuesday, July 4.

Payments and Refund Policy

Any unpaid balances on RPCA accounts must be cleared in order for your family members to register in any other RPCA sponsored activities. No refunds for the summer Power-On or Power-Up Programs will be processed after June 26.

Late Fee Parents will be assessed a $5 for every 10 minutes late when arriving after 6 p.m.

Proper Attire

Children should wear comfortable clothing that can be worn during active play. Children should wear sneakers, not sandals. Label the child's clothes and belongings with the child's name.

Medications

Staff are not permitted to administer medication. If your child needs medication during the time period that he/she attends the program, the parent must arrange with an administrator to bring the medication for their child. If the child is required to have medication with them in case of emergencies (i.e. inhalers, epi-pen), the child may have it at the recreationprogram in a personal backpack or bag that is labeled. The medication must be labeled as well. Medications will be stored in an appropriate area of the center and be accessible if needed.

Field Trips

Field trips are typically scheduled during program hours. Trans-portation will be provided by Alexandria City Public School bus-es or City vehicles to and from field trip locations. Participants who do not have a signed permission slip will not be allowed to attend the trip.

Snacks/Meals

A healthy lunch and snack is provided daily to the participants attending the Power-On and Power-Up programs at qualified sites. All food meets the USDA recommended guidelines. A menu is available to all participants and posted at the Center for parents to see. Participants with food allergies must notify staff and may need to make arrangements to bring a meal on days when they cannot eat the meal provided. At no time will children be forced to eat a meal.

Toys, Games, Cell Phones & Personal Belongings

Program participants are prohibited from bringing illegal, unauthorized or contraband materials, toys, electronic devices, or other personal property which might affect the health, safety and welfare of all persons at a City facility or that disrupt planned activities. A child may bring a cell phone to the program, however, the cell phone will be kept in the child's back pack and be turned off during program hours and may only be used with the express permission of City staff.

JUMP IN!

TO THE 2018 SUMMER POOL SEASON

FREE GIFT with purchase of Outdoor Pool Season Pass

Offer limited to first 50 pass sales.

Season Passes

Child (0-4) w/paid adult	$53
Youth (5-17)	$53
Adult (18+)	$105
Senior (55+)	$84
Family (up to 4)	$288
Nonresident	$154

Daily Admission

Child (0-4) w/paid adult	Free
Youth (5-17)	$3
Adult (18+)	$4
Senior (55+)	$3
Nonresident	$6

2018
OUTDOOR POOLS SCHEDULE

Old Town Pool, 1609 Cameron St.

May 26–Sept. 9: Sa & Su 12-6:45pm
May 29-June 20: M-F 4:30-7:45pm
June 21–Aug. 17: M-F 12-7:45pm
Passholders Only: June 25–July 31: 6-7:30am
Aug. 20–Aug. 31: M-F 4:30-7:45pm
Sept. 4–Sept. 7: Tu-F 6-7:30am & 4:30-7:45pm
May 28, July 4 & Sept. 3: 10am-5:45pm

8 lane 25-yard pool with diving well, 1-3 ft. depth training pool for disabled and children up to 42" and locker rooms and off street parking on premise.

Memorial Pool, 901 Wythe St. at Charles Houston Recreation Center

May 26–Sept. 9: Sa & Su 10am-6pm
May 29–June 20: M-F 4:30-7:45pm
June 21–Aug. 31: M-F 10am-7:45pm
May 28, July 4 & Sept. 3: 10am-5:45pm

Therapy/instructional swimming pool ideal for families with small children. Max Capacity: 45

Warwick Pool, 3301 Landover St.

May 26–Sept. 9: Sa & Su 11am-6:45pm
May 29–June 20: M-F 4:30-7:45pm
June 21–Aug. 17: M-F 12-7:45pm
Aug. 20–Sept. 7: M-F 4:30-7:45pm
May 28, July 4 & Sept. 3: 10am-5:45pm

Newly constructed 5 lane 25-yard shallow pool with sloped entry. New bathhouse with restrooms and day lockers.

Schedule subject to change. For current information, visit **alexandriava.gov/Aquatics**

SUMMER 2018 POWER-ON/POWER-UP REGISTRATION

$605 Nonresident Summer Fee. Subject to change July 1.

Recreation Center Location: *Select one location.*

☐ Adams/Polk at Hammond ☐ Charles Houston ☐ Leonard "Chick" Armstrong *(formerly Cora Kelly)*
☐ William Ramsay ☐ Power-Up at George Washington Middle School (Entering 6-10 Fall 2018)

Before Care: *Select all that apply.* $39/week. $32/week of July 4. Not eligible for Financial Assistance.

☐ 6/25-6/29 ☐ 7/2-7/6 ☐ 7/9-7/13 ☐ 7/16-7/20 ☐ 7/23-7/27
☐ 7/30-8/3 ☐ 8/6-8/10 ☐ 8/13-8/17 ☐ 8/20-8/24 ☐ 8/27-8/31

Camper Shirt Size: *Select one.* Youth: ☐ Small ☐ Medium ☐ Large Adult: ☐ Small ☐ Medium ☐ Large ☐ Extra Large

PLEASE PRINT

Name of Participant _____ Birth Date_____ Age_____ Sex_____

Address_____ City_____ State_____ Zip_____

Home Phone_____ School_____ Fall Grade Level (2018-19)_____

PARENT/GUARDIAN INFORMATION:

Mother's Name_____ M Work # ( ) _____ M Cell # ( ) _____

Father's Name _____ F Work # ( ) _____ F Cell # ( )_____

Email address: _____

Mother's Work Location _____ Father's Work Location_____

Mother's Work Address _____ Father's Work Address_____

Emergency Contact #1*_____ Phone # ( ) _____ Cell ( ) _____

Address_____ City_____ State_____ Zip_____

Emergency Contact #2*_____ Phone # ( ) _____ Cell ( ) _____

Address_____ City_____ State_____ Zip_____

*Emergency Contacts must be someone other than the parents and available during program hours.

My child will regularly arrive/leave the Center by way of: *Select one.*

☐ Walk (Power-On participants in grade level 4 or above with written permission) ☐ Parent ☐ Car Pool ☐ Other_____

Person(s), other than parents, authorized to pick up child:

Name # 1_____ Phone # ( ) _____ Cell ( ) _____

Address_____ City_____ State_____ Zip_____

Name # 2_____ Phone # ( ) _____ Cell ( ) _____

Address_____ City_____ State_____ Zip_____

If a parent or other adult is NOT allowed to pick up the child, attach a copy of applicable paperwork such as custody papers.

MEDICAL/SOCIAL INFORMATION **NAME OF PARTICIPANT**_____

Does your child have medical conditions we need to be aware of, such as allergies or intolerance to foods, medications? ____Yes ____No if the answer is "yes", please explain/describe medical condition:

Please describe action to be taken in an emergency:

Does your child have recent operations or any other pertinent medical information that might require special attention? ____ Yes ____No if the answer is "yes", please explain:

List prescribed medications your child takes and what the medications are treatment for. NOTE: Recreation staff are NOT authorized to administer medication. This information may be needed in case of a medical emergency that requires treatment.

Medication your child takes:	Medication for treatment of:

Please list any social or behavioral challenges for your child that you believe staff should be aware of:

Please list any accommodations needed:

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Name of Participant's Physician _____Phone #_____

Parent/Guardian Insurance Information:
Company _____Policy #_____

Note: The City of Alexandria does not provide medical insurance for your child. In the event of illness or injury requiring treatment, hospitalization, and/or surgery, the family medical insurance must be used.

EMERGENCY TREATMENT STATEMENT & HOLD HARMLESS AGREEMENT

I give the Department of Recreation, Parks and Cultural Activities, Recreation Services Division, permission to acquire emergency treatment at my expense for the participant named above. In consideration of the City of Alexandria, Department of Recreation, Parks and Cultural Activities, conducting various programs, the undersigned realizing the risk of injury attendant to such programs, does hereby and forever discharge the City of Alexandria, Department of Recreation, Parks and Cultural Activities and its officers, agents and employees from any and all action, claims or liability resulting from or arising out of or based upon any bodily injury or property damage which may be sustained by the undersigned or the undersigned's child while participating in such programs.

SIGNATURE REQUIRED OF PARENT/GUARDIAN _____ Date _____

SUMMER 2018 RULES AND REQUIREMENTS

NAME OF PARTICIPANT_____

In order for your child to participate in the 2018 Summer Program, you must understand and comply with all of the following rules and requirements.

"Parent" also refers to a legal guardian.

POWER-ON and POWER-UP PROGRAMS:

- Parents must provide two forms of identification to verify address.
- Prior to participation on a field trip, the parent/guardian must fill out and sign a permission slip authorizing their child's participation and pay the required fee.
- Power-On and Power-Up are not licensed child care programs but are based on local standards. Each location's program is planned to be age appropriate and properly supervised. Standards of care are available online at alexandriava.gov/Recreation.
- I give the Department of Recreation, Parks and Cultural Activities, Recreation Services Division, permission to acquire emergency treatment, at my expense, for my child.
- I give permission for my child to participate in activities, discussion groups and personal development activities led by professionals as part of the program.
- I consent to the City of Alexandria's use of photographs, film or video, which includes my child in activities sponsored by the Department of Recreation, Parks and Cultural Activities for use in marketing or promotional material.
- I understand that children are expected to respect center staff, program participants, equipment, supplies and facilities. Inappropriate behavior, abusive language, physical altercations, destruction of property, possession of weapons or other unlawful items and other serious offenses will NOT be tolerated and will require disciplinary action up to and including suspension from the program. Staff will make every effort to work with parents to assist youth with behavior issues affecting their participation in the program.

POWER-ON PROGRAM:

- Participants enrolled in Power-On are expected to be signed in and out by a parent or authorized adult daily. Although youth in grades 4 or above may be given written permission by a parent to leave the center on their own, it is preferred that children stay throughout the program, 9 a.m. - 5 p.m. Parents are responsible to pick youth up by 6 p.m.

POWER-UP PROGRAM:

- Youth may participate in Power-Up Program on a voluntary basis. They are expected to sign-in and out daily; however, they are not required to attend, and they may leave the program at any time. Once youth sign out for the afternoon, they may not return that day and must leave school property. Please be certain that your child understands your attendance expectations.

I have read, understand, and agree to abide by the above rules and requirements:

SIGNATURE OF PARENT/GUARDIAN_____ DATE SIGNED_____

SIGNATURE OF POWER-UP PARTICIPANT_____ DATE SIGNED_____