

# **Green Building Workshop Series Eco-City Alexandria Initiative**

## **Workshop 1: Greening Your Home, Apartment, or Small Business**

**February 5, 2011**

**9:00 am – 12:30 pm**

**City Hall, 301 King Street, Sister Cities Room 1101**

**Alexandria, Virginia**



**ECO-CITY  ALEXANDRIA**

## Our Speakers Today

- **William Skrabak**, Director, Office of Environmental Quality, Department of Transportation and Environmental Services, City of Alexandria
- **Barbara Ross**, Deputy Director, Department of Planning and Zoning, City of Alexandria
- **Brian Uher**, MS, MSE, CPHC, LEED AP  
Amicus Consulting Services  
Amicus Green Building Center
- **Doug Horgan**, LEED AP-Homes, CGP, CGR, GCP  
BPI Certified Building Analyst  
Vice President, BOWA
- **Annette Osso**, LEED AP, President,  
Virginia Sustainable Building Network



## Workshop Overview

1. Background of Eco-City Alexandria Program and Green Building Workshop Series
2. Benefits of Greening your residence or small business
3. Do-it-yourself energy efficiency improvements for the home, apartment, or small business
4. Working with a contractor to accomplish major energy efficiency retrofits and remodeling
5. Incentive programs
6. Q&A with presenters



# Eco-City Alexandria

## Eco-City Charter Principles

- Land Use and Open Space
    - Water Resources
      - Air Quality
    - Transportation
      - Energy
    - Building Green
      - Solid Waste
    - Environmental Health
  - Emerging Threats & Climate Change
    - Implementation
- 
- **Environmental Action Plan**



# Eco-City Alexandria

- **GREEN BUILDING POLICY**

**Public Buildings**

**New Development**

**Existing Buildings**



## Energy Efficiency and Conservation Block Grant Projects

- Energy Conservation (Green Building Phase II)
- Energy Audits and Energy Efficiency Retrofits for City Buildings
  - Green Fleet
  - Green Jobs Training
  - Green Loan
  - LED Traffic Signals/LED Street Lights
- Renewable Energy Installation at City Facility



Green Building Workshop Series: Workshop 1

# Green Building Workshop Series

***Next Workshops, Save the Date NOW!***

Energy Audits for Home and Small Business,  
**March 19, 2011** at Charles E. Beatley, Jr. Central Library, 5005 Duke Street

The Green Landscape: For You and the Chesapeake Bay,  
**May 7, 2011** at Cora Kelly Elementary School, 25 West Reed Avenue

***Stay Tuned for Future Workshops***

Green Upgrades in Historic Properties - **June**

Renewable Energy Systems and Green Power - **September**

Green Operations for Retail, Restaurants, Small Offices and  
Cultural Centers - **November**

*Workshop series funded by EECEBG.*



## Benefits of Greening

Why find out about your building's energy use and take on the retrofit of your home, apartment or small business?

1. Increase your comfort and health
2. Reduce energy bills and water bills
3. Add value to your property
4. Do your part to help the City of Alexandria reach its Eco-City energy and environmental goals
5. Reduce your carbon emissions footprint
6. Each action is a step toward addressing climate change





Green Building Workshop Series: Workshop

1

# Welcome

## Approaches for Saving Energy: Home and Office

Green Building Workshop Series: Workshop 1

Brian Uher, MS, MSE, CPHC, LEED AP

Amicus Consulting Services  
Amicus Green Building Center

[www.amicusgreen.com](http://www.amicusgreen.com)



ECO-CITY  ALEXANDRIA



## The Next 45 Minutes

Energy and Comfort retrofits – resources and process

Quick fixes and capital projects for homeowners

Small business approaches





## Approach: You Can Manage What You Measure

- Utility bills
- Maintenance and replacement costs
- Comfort
- Externalities?*





## Experience: What Drives the Change

3 Observations:

Most people want energy savings.

Most people pick up the phone due to discomfort.

Most people spend to solve immediate issues.

*What is driving you and how do you value it?*





## Expectations and Outcomes

Utility savings will be incremental (example: from \$200 to \$150 per month)

Comfort impacts will often be noticeable (from drafty to virtually no draft)

Maintenance is usually imperceptible unless it is a driver (constant cost)

*Can you adjust your perception to recognize the value?*





## Approach: What to Do

- Define the issues
- Define your expectations
- Identify the potential solutions
- *Next steps...verification and research*





## Gathering Information: Audits

- Professionals with training and certification provide verification
  - One size does *not* fit all
- Auditing is provided by installers due to economics

*By knowing what you want, you can evaluate and direct the focus toward the solutions you want.*



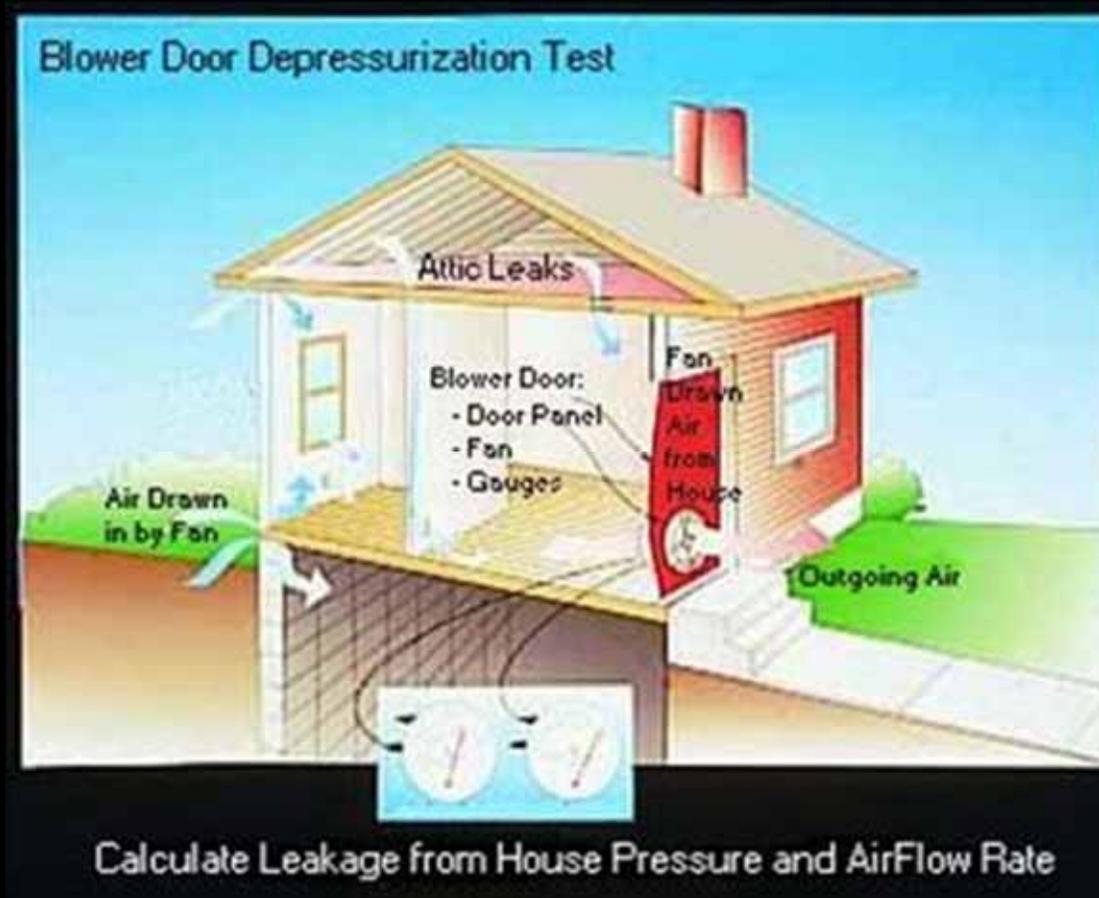


## Gathering Information: Audits

- In Virginia, audits will provide:
  - Safety testing
  - Infiltration assessment
  - Visual inspection



# Gathering Information: Audits





## Gathering Information: Audits

After an Audit, you should have:

A professional opinion on all of the issues

Some numbers against which you measure improvements

Guidance on best practices/solutions

*But it's not the conclusion. An audit is not the end unto itself but the first step to your cure(s).*

*In the end, the decision is yours...  
assessing the potential solutions is key*





# Gathering Information: Research

Professional Resources

Online Resources

Peer Resources





## Gathering Information: Research

### Professional Resources:

Dominion, EPA, DOE, VSBN, Amicus, State of Virginia, manufacturer's websites, etc.

Provide information and guidance on sourcing, facts, materials, practices, practitioners, etc.

Information is vetted

Referral impacts reputation

Potential for ongoing relationship





## Gathering Information: Research

Online Resources:

EPA/Energy Star, [greenbuildingadvisor.com](http://greenbuildingadvisor.com), [buildinggreen.com](http://buildinggreen.com),  
YouTube.com, etc., etc., etc.

Information is not vetted

Fragmented and unaccountable

Detail oriented





## Gathering Information: Research

Peer Resources:

Neighborhood listservs, Angie's List, BBB, word-of-mouth, etc.

Generally reliable

Specific to experiences

Fragmented





# Gathering Information: Research

Conclusions:

Takes time; focus is important

Safety then efficacy

Don't over-think it





## Develop the Action Plan

Choose the solutions that address the issues

Price the solutions

Develop a phased implementation according to needs/goals

*To a man with a hammer, it all looks like a nail...*





## Develop the Action Plan

Goal	Strategy	Expected result	Cost	Expected ROI
reduce lighting cost	bulb retrofits	\$300/yr	\$450.00	67%
reduce gas bill	attic air seal and insulation	\$425/yr	\$3,000.00	14%
reduce water bill	shower head, toilet replacement	\$280/yr	\$475.00	59%
solve draft in bay window	seal and insulation cantilevered floor	no draft	\$1,200.00	NA
eliminate backdraft	add venting to mechanical room	no CO backdraft	\$800.00	NA





## Execute the Action Plan

Strategy	Installer	Materials	Cost	Date
bulb retrofits	self	Amicus GBC	\$250.00	Jan 2011
add venting to mechanical room	Acme Plumbing, Inc.	provided	\$800.00	Jan 2011
attic air seal and insulation	Amicus Envelope Group	provided	\$3,000.00	Feb 2011
shower head, toilet replacement	Acme Plumbing, Inc.	provided	\$475.00	Feb 2011
seal and insulation cantilevered floor	Amicus Envelope Group	provided	\$1,200.00	Feb 2011





## Assess the Result

Goal	Expected result	Actual Cost	Actual result	Expected ROI	Actual ROI
reduce lighting cost	\$300/yr	\$250.00	\$270.00	67%	108%
reduce gas bill	\$425/yr	\$3,000.00	\$380.00	14%	13%
reduce water bill	\$280/yr	\$475.00	\$292.00	59%	61%
solve draft in bay window	no draft	\$1,200.00	no draft	NA	NA





## Quick Fixes

Lighting

Water

Basic air seal



# Lighting



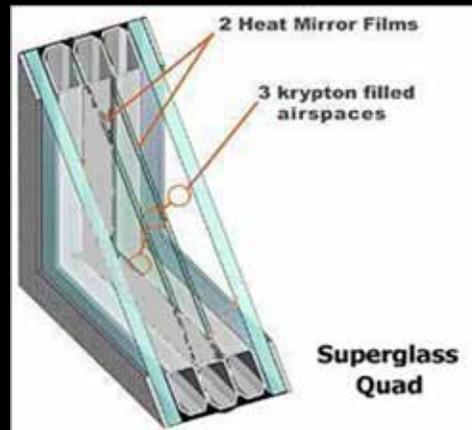
# Water Use



# Basic Air Seal



# Capital Projects



# Decorate Right



Toilet

Floor

Paint

Floor



# Ideas...



# Maintain & Clean Right



BEFORE



AFTER



Clear the dryer vent

# Apartments ("don't own/control")



Unplug  
automatically



Carpet you can take with you



Speak up!

Turn the lights off!  
Set your thermostat back



# Small Business Approaches





## Small Business Approach

- Removable items/devices
  - Capital improvements
    - Negotiated services
      - In-house processes





## Small Business Approach

- Removable items/devices:
  - Same as quick fixes
- Focus on electricity, water and HVAC
- Productivity/sales are the driver





## Small Business Approach

- Removable items/devices – focus areas:
  - HVAC tune-up, controls and seal
    - Lighting swap and controls
      - Water use devices
  - Electronic devices and idling loads





## Small Business Approach

- Capital improvements:
  - HVAC: air handler, ductwork and layout
    - Lighting: ballasts and placement
  - Windows: replacement, shading and skylights
    - Envelope: air seal and insulation





## Small Business Approach

- Negotiated services:
  - Utility: pricing strategies and smart metering
    - Mechanical: service contracts
    - Equipment: leasing options for EE
      - Cleaning: green clean
- *Other?*





## Small Business Approach

- In-house processes:
  - Waste: use of paper, ink, other disposables
    - Lighting: tasks versus ambient
    - Cleaning: green/perfume free?
    - HVAC: setbacks and ramp-up
      - Transport: home office time
  - Networking: video conference, consolidated travel
    - Information: central database
  - Home greening programs for employees
- *Other?*





## Summary

- **Articulate**: know your goals, enumerate expectations, evaluate the situation
- **Implement**: research your options, plan, execute
- **Measure**: evaluate the results, repeat the process





**Questions  
And  
Answers...**





**Thank You!**

Additional questions –

[brian@amicusgreen.com](mailto:brian@amicusgreen.com) - 301-571-8590

class survey - <http://www.coreformdc.com/links/>





Green Building Workshop Series: Workshop

1

# Green Remodeling

Green Building Workshop Series: Workshop 1



Doug Horgan

LEED AP Homes, CGP, CGR, GCP

BPI Certified Building Analyst

Vice President, BOWA



# Why is Green Remodeling Important?

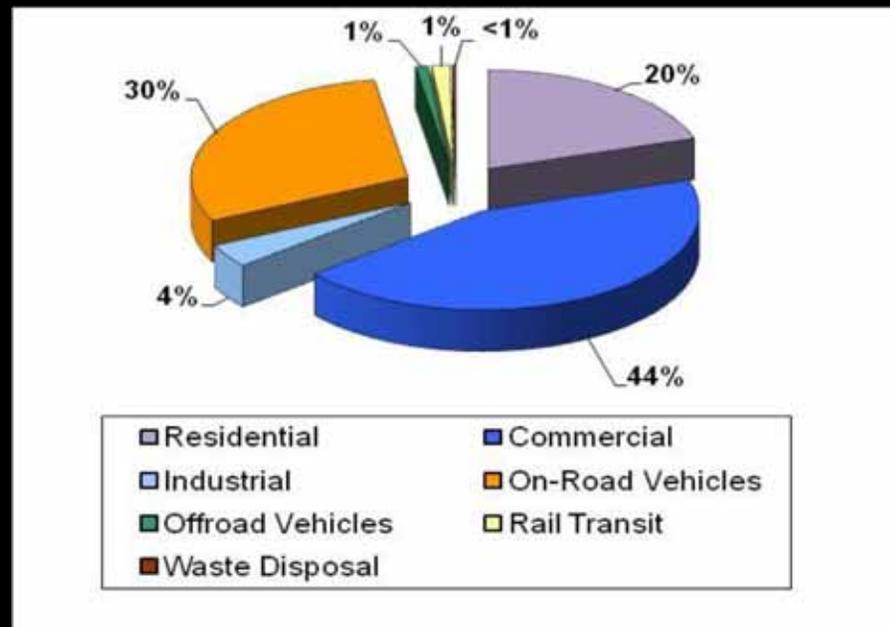


- Health and resource impacts are important to many of us



# Why is Green Remodeling Important?

- Have to fix old houses to reduce carbon emissions
- Existing houses are among the easiest reductions



City of Alexandria's CY05 Community Consumption-Based CO<sub>2</sub>e Emissions by Sector (2.2 million tonnes)





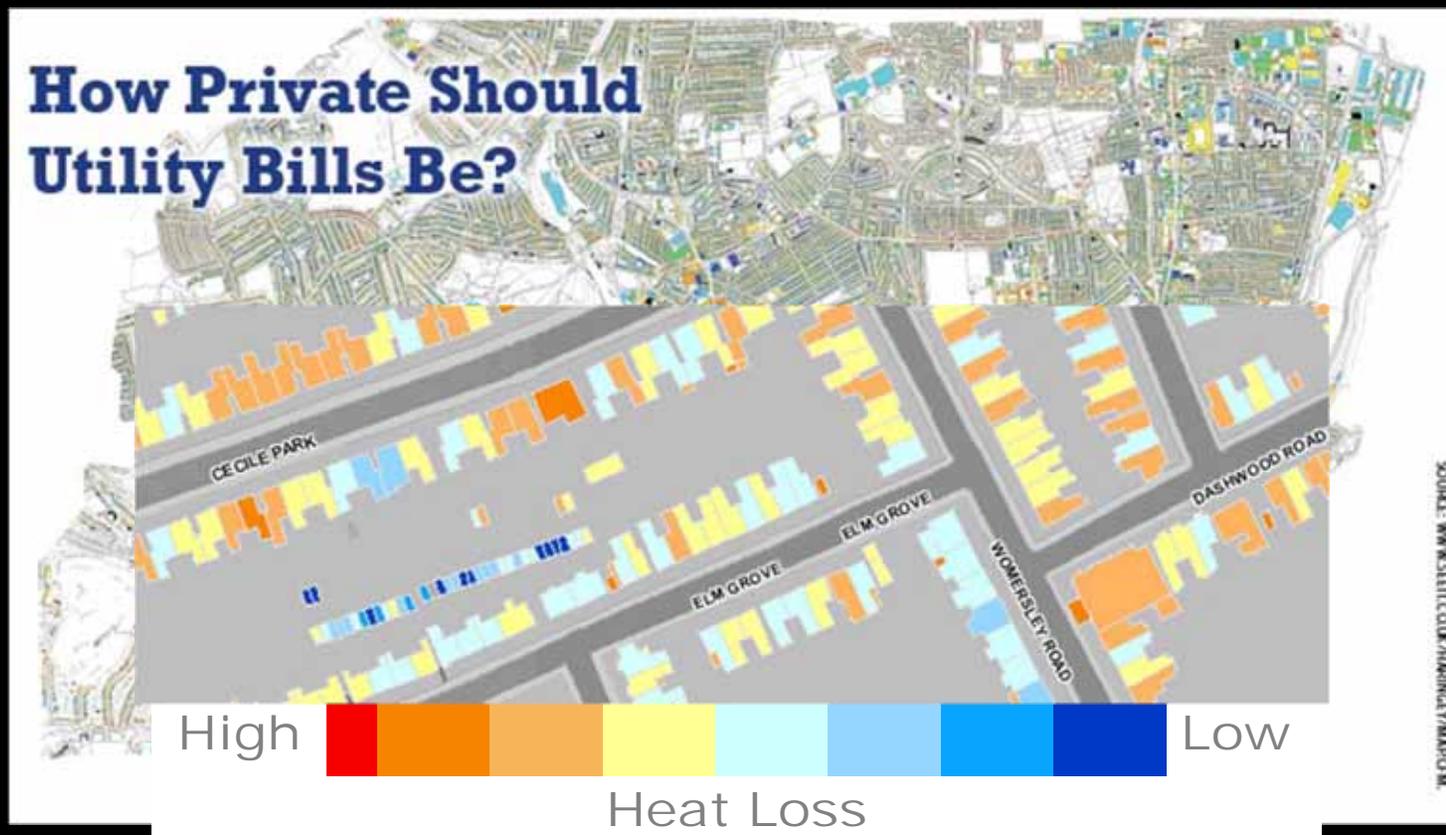
# Why is Green Remodeling Important?

- It's a good idea anyway, you'll be selling your house in a market full of 'labeled' houses



# Why is Green Remodeling Important?

Will sellers will need to show energy use of every house?





# Green Remodeling

## Green Home Defined

A green home uses less energy, water and natural resources, creates less waste and is healthier for the people living inside compared to a standard home. It's as simple as that!

-US Green Building Council





# Green Remodeling

## Our Path Today:

### Green Strategies

- Energy
- Indoor Air
- Resources

### Green Guidelines

- ENERGY STAR*
- REGREEN*
- NGBS/LEED/EC*



www.BOWA.com/resources



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## Green Building Resources

### Green Guidelines

- ENERGY STAR – a group of efficiency tools and rating systems
- REGREEN – green strategies you can use on your renovation project
- National Green Building Standard – a rating system with remodeling options
- LEED for Homes – USGBC's new homes rating system
- Earth Craft House Virginia – local affiliate for the Earth Craft House Green Rating System

### Energy Efficiency

- ENERGY STAR Home Advisor – recommended home improvement projects to increase energy efficiency and comfort in your specific area
- Maryland Home Performance with ENERGY STAR – to find approved home performance contractors in Maryland
- Virginia Sustainable Building Network – to find qualified energy auditors in Virginia
- District Department of the Environment – provides free energy audits to qualifying residences

### Indoor Air Quality

- EPA Radon-Resistant New Construction – details, techniques and benefits of radon-resistant construction
- District Department of the Environment – offering free radon test kits and window decals for D.C. residents - NEW

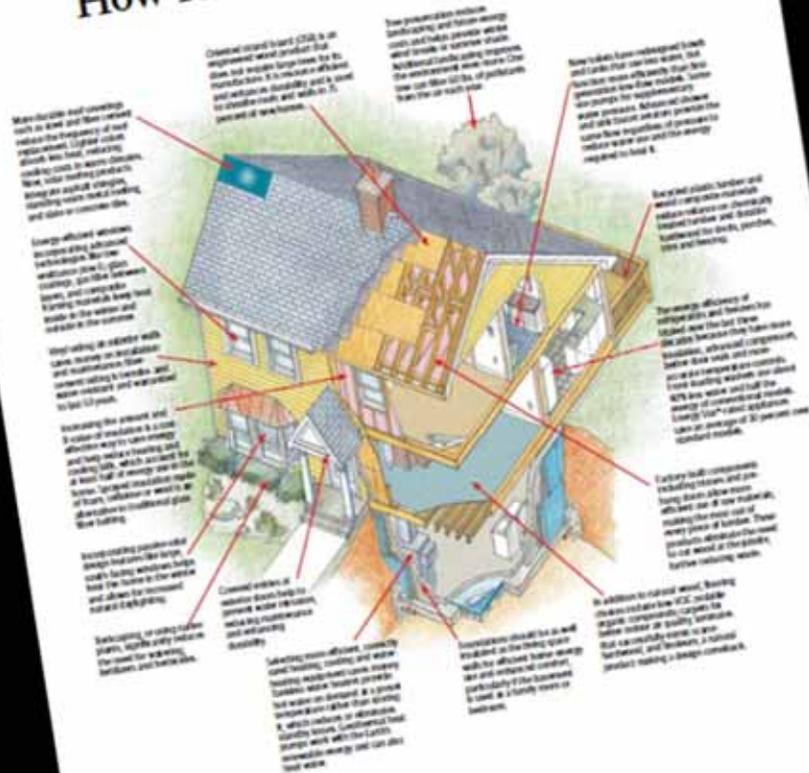
### Materials

- Habitat Restore – donate or purchase salvaged building materials



# Handout

## ENERGY INNOVATION How Homes Become GREEN



Source: National Association of Home Builders  
November 2005



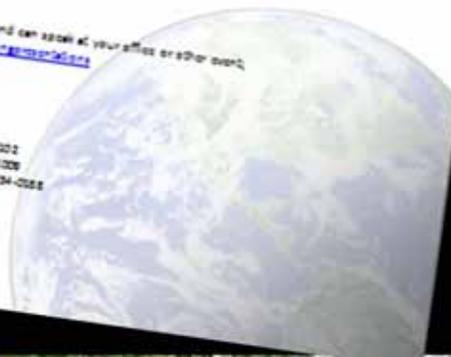
Alexandria  
Green Building Workshop Series  
Workshop 1

### Green Guidelines:

- **Research**  
A great way to learn about the green strategies you can use on your renovation project.  
<http://www.greening.org>
- **National Green Building Standard**  
A Green Rating System with remodeling options.  
[www.natgreen.org/standard.asp](http://www.natgreen.org/standard.asp)
- **LEED for homes**  
A Green Rating System for new homes, from the US Green Building Council.  
[www.usgbc.com/leed/homes](http://www.usgbc.com/leed/homes)
- **Seal CW's Virginia**  
Local affiliate for the Seal CW's House Green Rating System.  
[www.sealcw.org](http://www.sealcw.org)

### BOWA Resources:

- **Web Resources:**  
Links to Green Building resources, including those above.  
<http://www.bowa.com/resources>
- **Home Energy Audit**  
Via recommendation a Home Energy Audit is the first step, and first priority, in a green renovation.  
<http://www.bowa.com/homeenergyaudit>
- **Presentations:**  
We invite to share the knowledge and can speak at your office or other event.  
<http://www.bowa.com/greenbuildingpresentations>



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# Green Remodeling Strategies

- Energy Efficiency
- Indoor Health
- Resources:
  - Durability
  - Materials
  - Save the Bay





# A Green Remodel, in phases





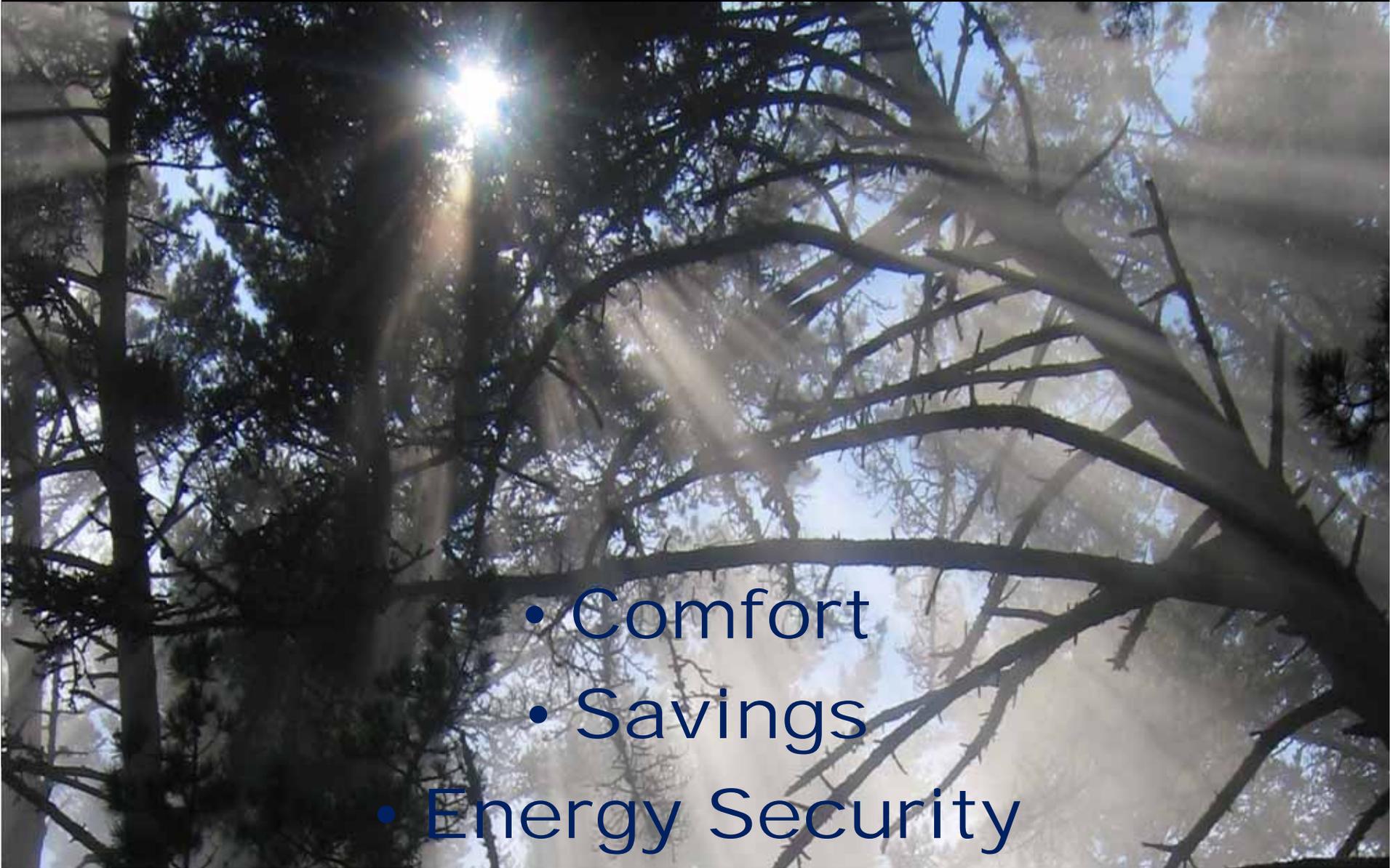
# Energy: the #1 Priority

“Ongoing energy use is probably the single greatest environmental impact of a building”

—Environmental Building News



# Not just the planet

- 
- A photograph of a forest with sunlight filtering through the trees, creating a bright, hazy atmosphere. The sun is visible in the upper left, casting rays of light through the branches.
- Comfort
  - Savings
  - Energy Security

# Energy: a story

## The Gazette

Page A8

THE GAZETTE

Wednesday, September 2, 2009

### Area experts say going green doesn't have to put you in the red



JEREMY ARIAS/THE GAZETTE

Doug Horgan, a green-building specialist with D.C.-based BOWA Builders, has made numerous eco-friendly renovations to his home, including installing solar panels to

#### FOR MORE

■ Looking to make your home more environmentally friendly just trying to save a few dollars on your monthly energy bill? Check out some of the property tax credits available through Montgomery County Department of Environmental Protection's energy-efficiency incentives.

■ For more information, including links to state and federal incentives programs, visit the county Web site, [www.montgomerycountymd.gov/deptmpl.asp?url=/content/dep/Energy/Incentives.asp#MC](http://www.montgomerycountymd.gov/deptmpl.asp?url=/content/dep/Energy/Incentives.asp#MC).

paid for themselves in the past 20 years, making them a smart investment but, eventually,



# Three Energy Strategies

First, reduce demand.

Second, use efficient systems.

Third, get clean power.





## Reduce Demand

- Energy Audit, Air Sealing, & Insulation
- Pool & other “baseload”





# Reduce Demand

## Energy Audit: 5 steps

- Energy Bill Review
- Blower Door
- IR Camera
- Combustion Testing
- Improvements





# Reduce Demand

## Energy Audit

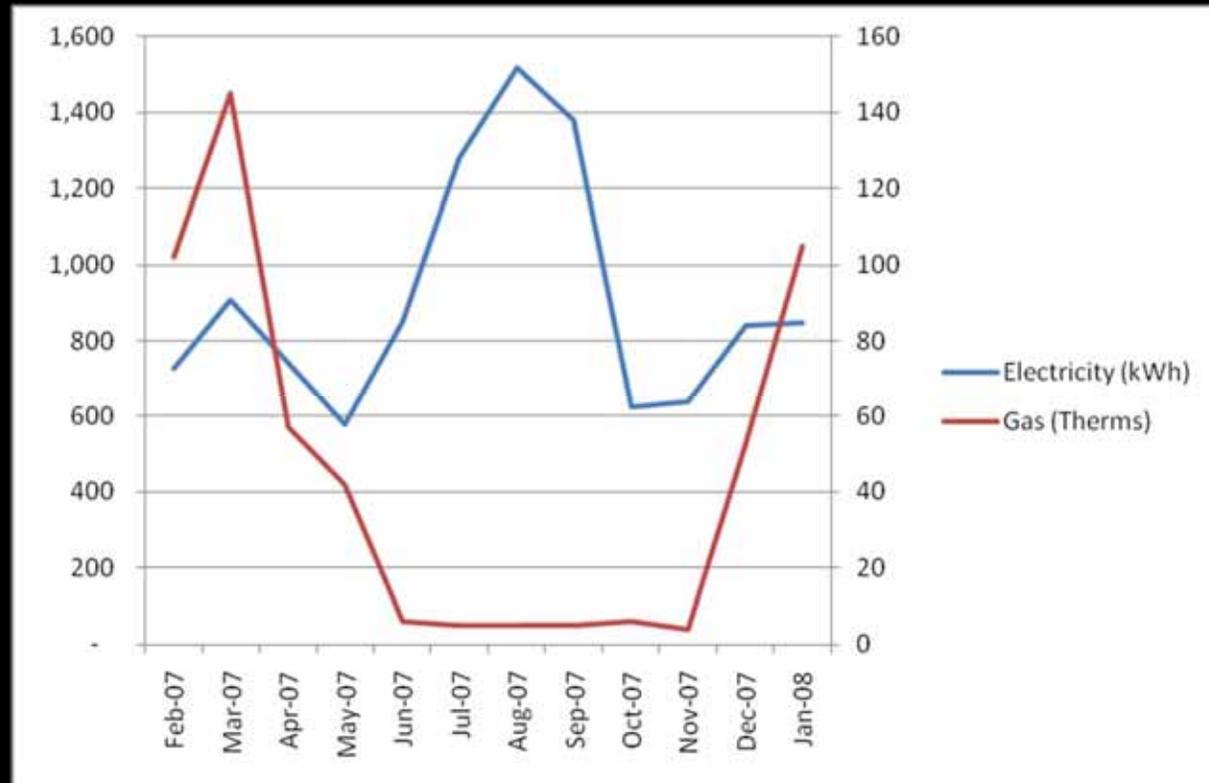
### Step 1: Energy Bill Review

- By Auditor
- ENERGY STAR Home Advisor  
<http://www.energystar.gov/>
- Do-it-yourself



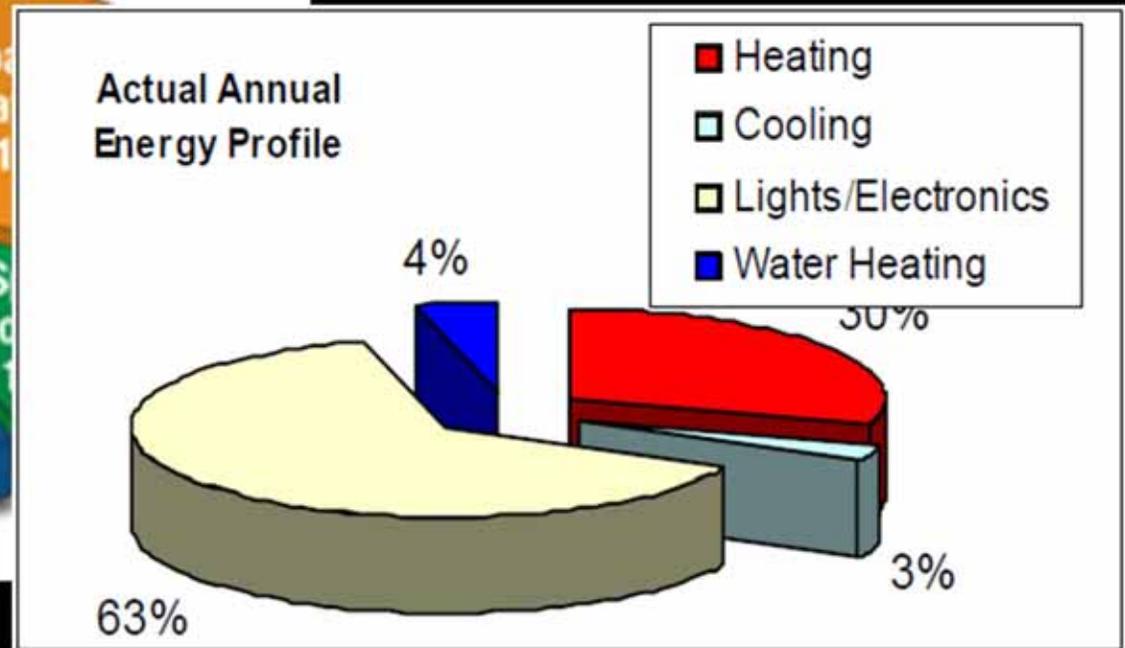
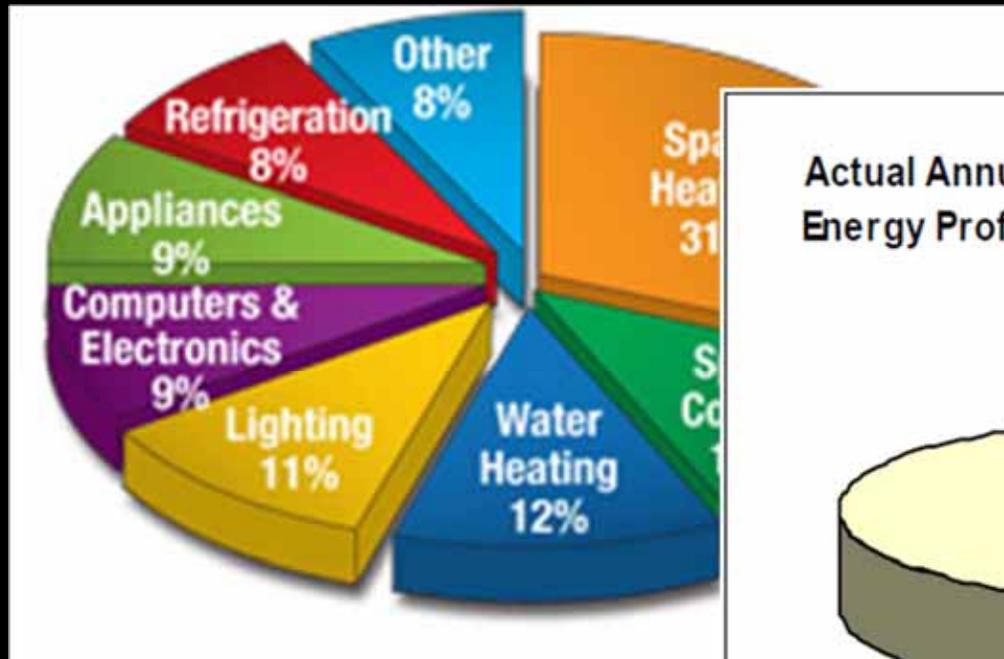
# Reduce Demand

## Step 1: Energy Bill Review



# Reduce Demand

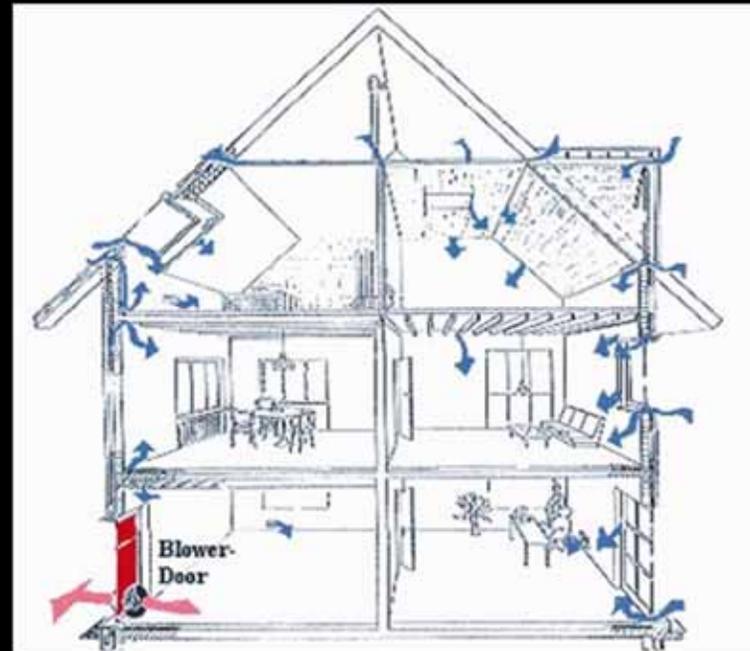
## Energy Bill Review



# Reduce Demand

## Energy Audit

### Step 2: Blower Door Testing





# Reduce Demand

## Energy Audit Step 3: Infrared Camera



# Reduce Demand

## Energy Audit

### Step 4: Combustion Testing





# Reduce Demand

## Energy Audit

Table 1 – Energy-Efficiency, Comfort, Health, and Safety Retrofits

Description	Cost	Annual Savings	Payback Period
• Seal ducts serving second floor.	\$432	\$145	3.0 yrs
• Build an insulated, weatherstripped box over pull-down attic stairs.	\$267	\$40	6.6 yrs
• Seal dropped soffit containing kitchen exhaust vent.	\$250	\$34	7.3 yrs
• Clean air conditioner condenser coils. Install pavers around outdoor units to prevent mud splashing on coils in the future.	\$279	\$37	7.5 yrs
• Seal air leaks at attic floor around plumbing, wiring, and other penetrations. Box recessed lighting fixtures and bathroom exhaust fans and seal with two-part spray foam.	\$782	\$101	7.7 yrs
• Address master bedroom tray ceiling. Remove $\frac{3}{4}$ -inch air gap between attic insulation and ceiling drywall.	\$691	\$87	7.9 yrs





# Reduce Demand

## Energy Audit

### Step 5: Improvements

- Air sealing
- Duct sealing
- Insulation



# Reduce Demand

## Air Sealing

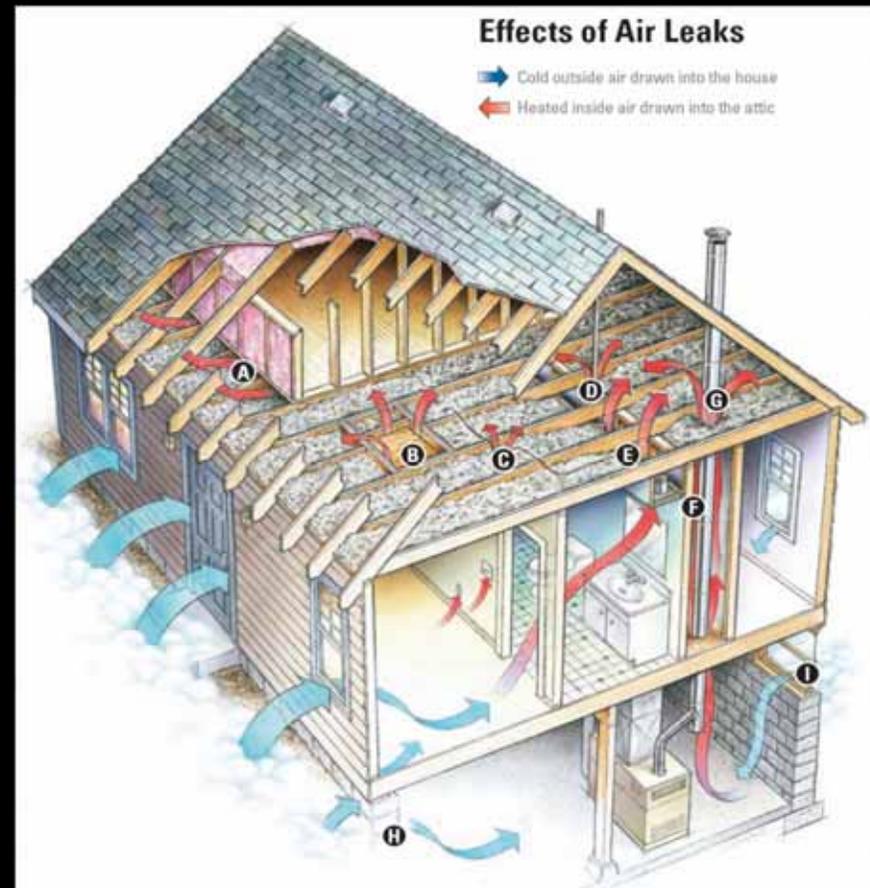
“Fill a blimp every day”



# Reduce Demand

## Air Sealing:

- Typically 20-30% of energy loss
- Our project: 31% of heat loss



# Reduce Demand

## Air sealing



# Reduce Demand

## Air sealing



# Reduce Demand

## Air sealing: Recessed Lights



# Reduce Demand

## Duct sealing



### Ductwork:

As mentioned previously, your ductwork is leaky. To be precise, under normal conditions the upstairs ductwork system loses 155 cubic feet per minute to the outside while the system is running. One of the major causes of this is a leak on the left side of the return plenum. This leak pulls attic air into the system and may be introduc-



# Reduce Demand

## Duct sealing



# Reduce Demand Insulation





# Reduce Demand

## Energy Audit & Upgrades



- Probably the single most valuable Green Remodeling strategy
- Increases comfort
- Pays for itself
- 20% improvement, \$3-10K are typical





# Reduce Demand: Windows

- Storm or double pane: R-2
- Low-E: R-3
- "Super": R-5 to R-8
- Only ~15%





# Reduce Demand

## Pool

- Automatic cover: Could be your best investment
- Timer, efficient pumps, solar pool heater





# Three Energy Strategies

First, reduce demand.

Second, use efficient systems.

Third, get clean power.





# Efficient Systems

- Better Light Bulbs
- ENERGY STAR appliances
- Hot Water: distribution, tanks, tankless





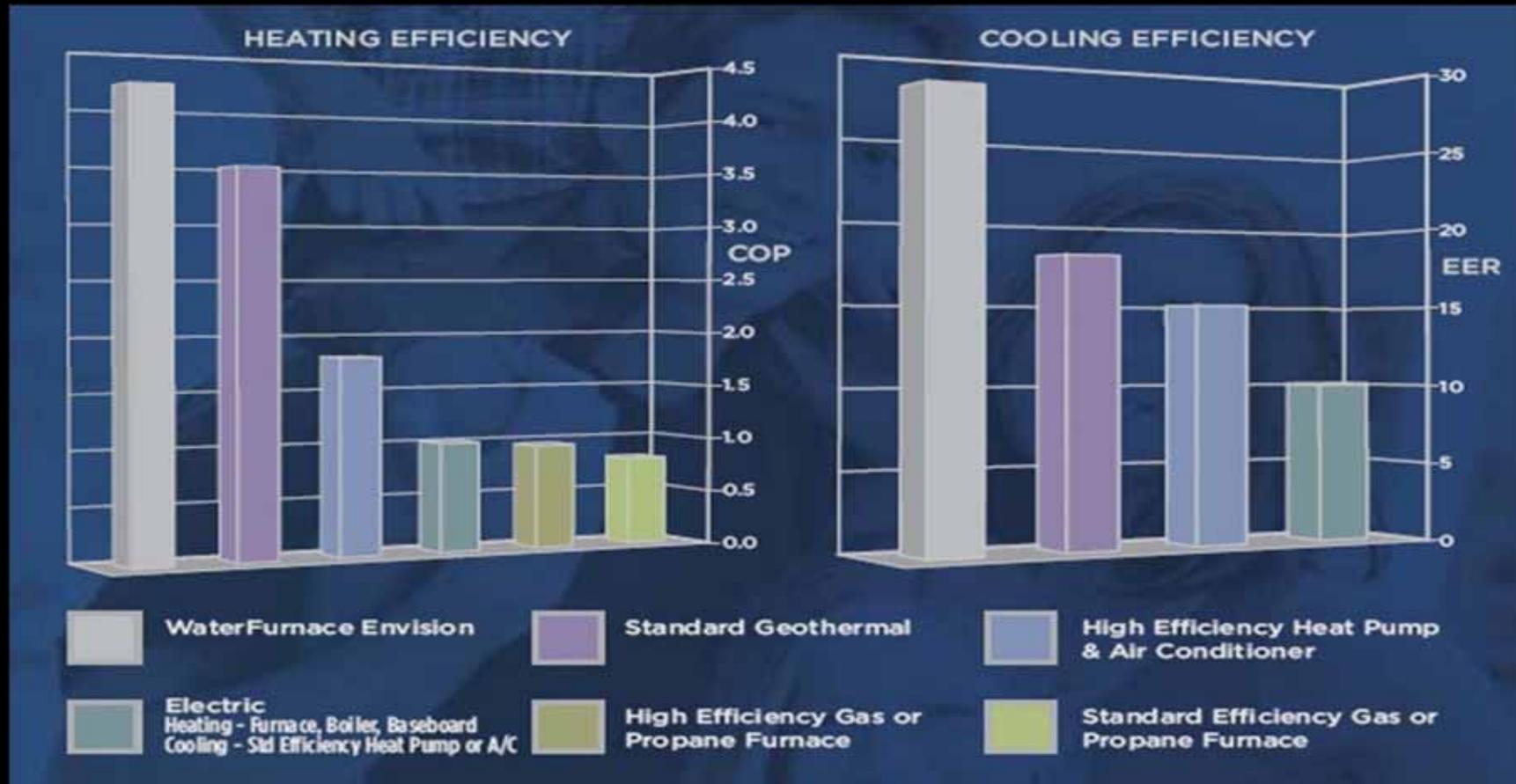
# Efficient Systems

- High Efficiency Gas Furnaces
- Heat Pumps
- Geothermal





- **Efficiencies, SEER, EER, COP**



- Induced draft, 78-80% efficient



- Sealed combustion, 90% efficient





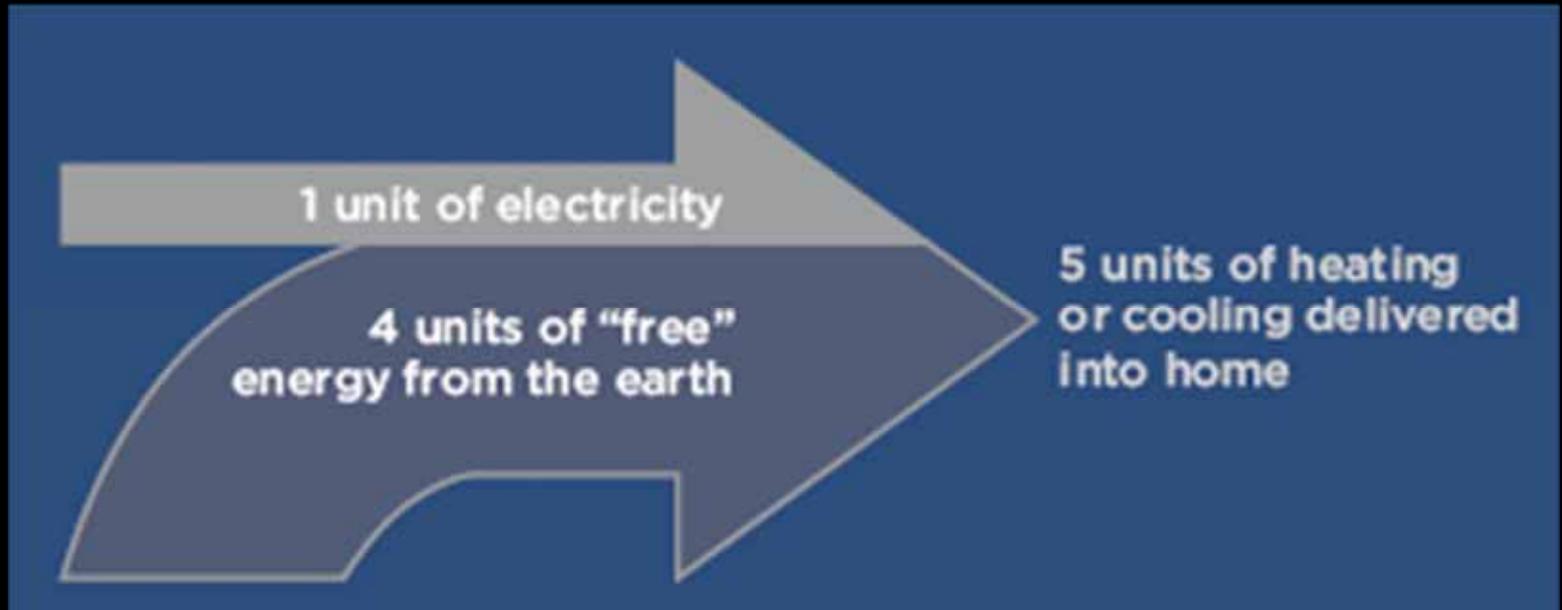
- Sealed combustion, variable-speed ECM motor, staged/modulating burners, 92%+
- Tax credit if 95%





- Air-source, split system (normal)
- Air-source, ductless mini-split
- Geothermal





- Power goes to 'move' heat instead of create it.
- However, the grid wastes energy.



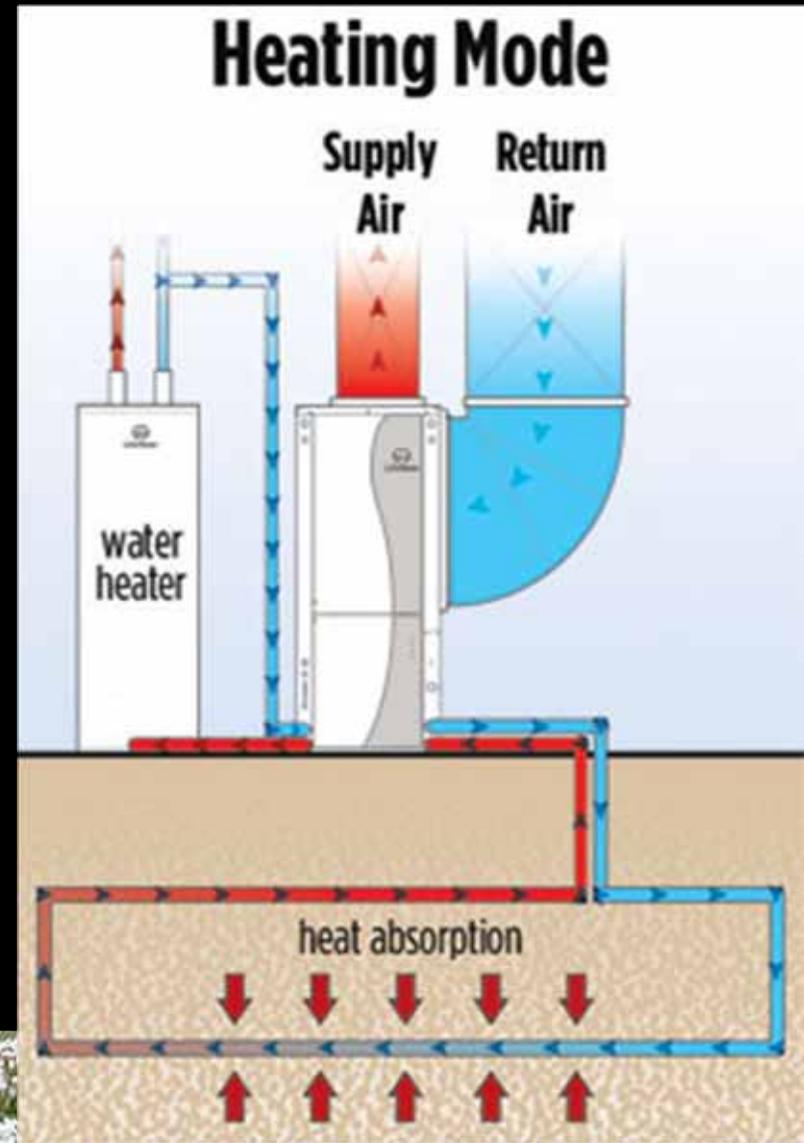
# Geothermal: How it works

## Heat transfer using a heat pump



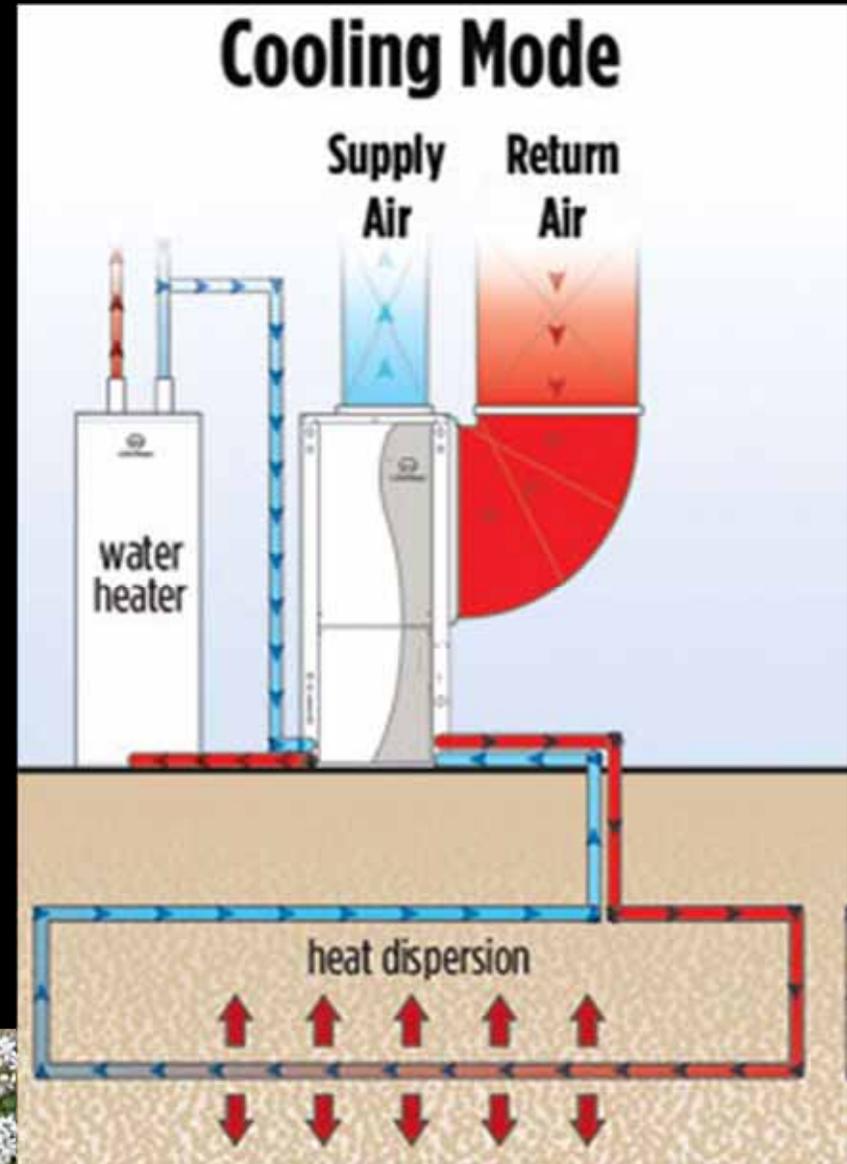
# Geothermal: How it works

Heat transferred from 55 ° earth instead of 32 ° air



# Geothermal: How it works

Cooling transferred from 55 degree earth instead of 95 degree air





## Geothermal: Imperfect

- Source energy: 33% efficient!
- Ground is 55 sometimes, not most of the time
- Not all COP > 4.5
- Pump energy





# Three Energy Strategies

First, reduce demand.

Second, use efficient systems.

Third, get clean power.







# Clean Power

Solar hot water, \$5-10K



# Clean Power

- Solar electric: PV panels



# Clean Power

## Solar electric





# Clean Power

## Wind power: local, grid





# Clean Power

- Solar pool heating





# Three Energy Strategies

First, reduce demand.

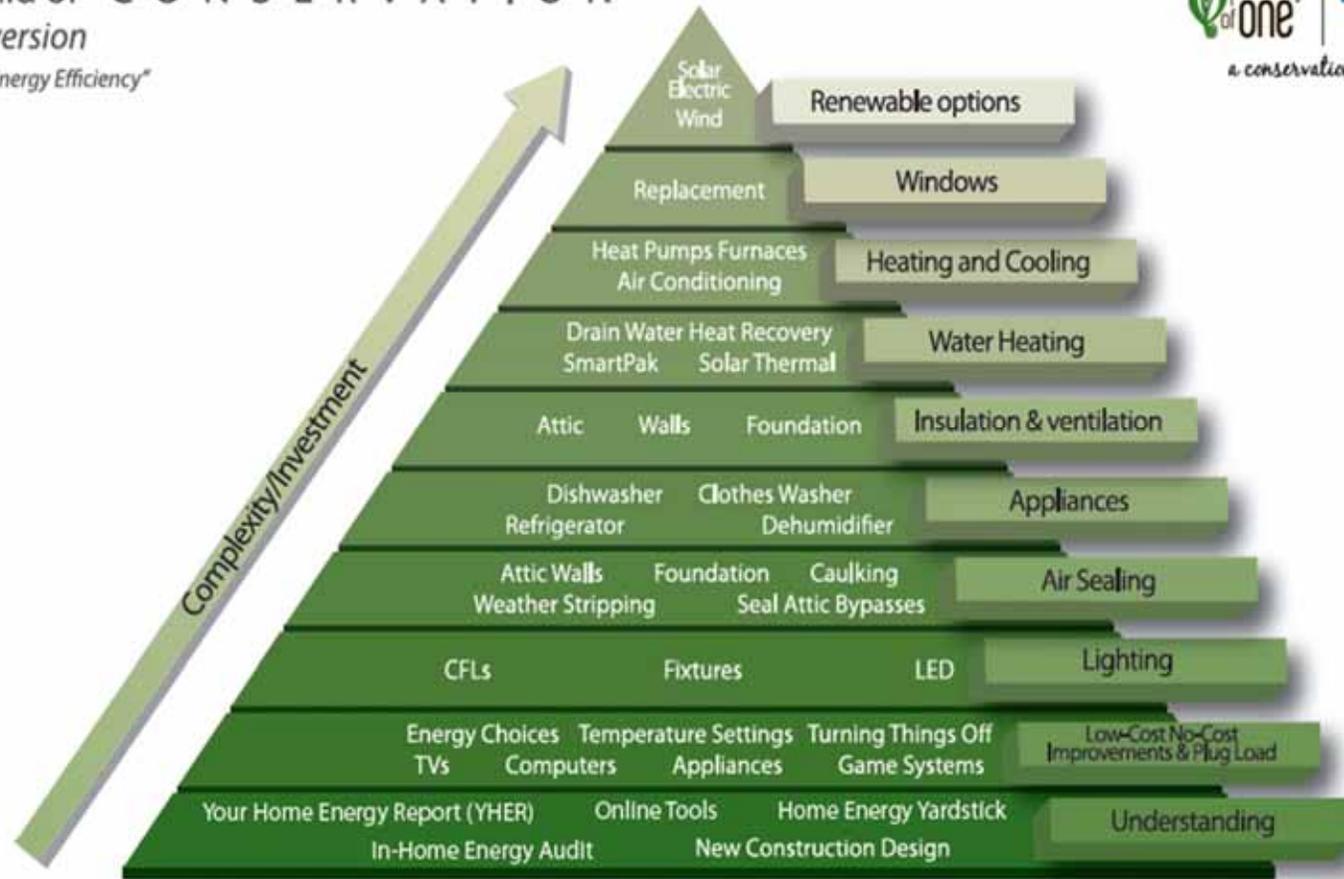
Second, use efficient  
systems.

Third, get clean power.



# Three Energy Strategies

The Pyramid of CONSERVATION  
*residential version*  
*"A Foundation in Energy Efficiency"*



Third, get clean power



# Green Remodeling Strategies

## Indoor Air Quality

“ ...the risks to health may be greater due to air pollution indoors than outdoors.”

—U.S. Environmental Protection Agency





# Green Remodeling Strategies

## Indoor Environmental Quality

### Source reduction:

- Low VOC finishes
- “No Added Urea Formaldehyde” cabinetry
- Flooring





# Green Remodeling Strategies

## Indoor Air Quality

Source ventilation: bath, kitchen



# Indoor Air Quality

Build tight, ventilate right--  
ERV

Filter/UV





# Green Remodeling Strategies

## Indoor Air Quality

Dust Control  
Contaminant  
Control





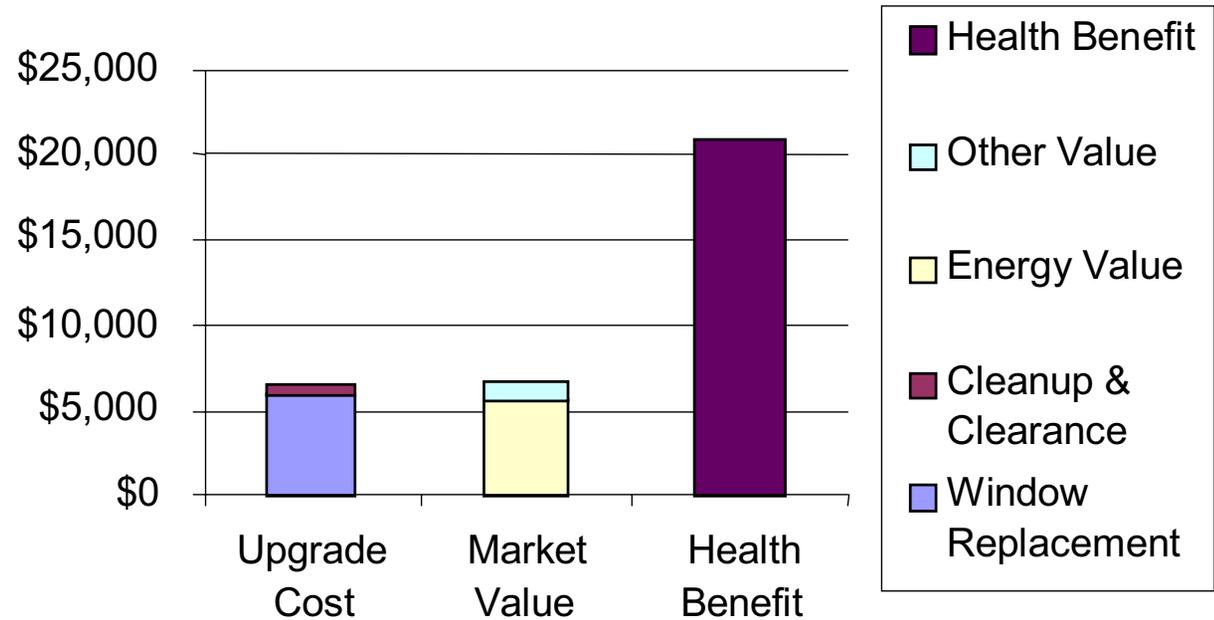
# Green Remodeling Strategies

## Indoor Air Quality

### Lead Paint



## Window Replacement Costs and Benefits



Monetary benefits of preventing childhood lead poisoning with lead-safe window replacement

Rick Nevin<sup>a,\*</sup>, David E. Jacobs<sup>a</sup>, Michael Berg<sup>b</sup>, Jonathan Cohen<sup>b</sup>

<sup>a</sup>National Center for Healthy Housing, USA

<sup>b</sup>ICF International, USA

# Monetized Benefit of Lead-Safe Window Replacement

Value per IQ point (A)	\$16,809		
IQ per 1 ug/dL (B)	0.52		
Value per avoided 1 ug/dL (A x B)	\$8,741		
<b>Benefit in Units with Lead Paint on Window Surfaces</b>	<b>Pre-1940</b>	<b>1940-1959</b>	<b>1960-1977</b>
Lead dust hazard prevalence (C)	56%	43%	34%
Avoided ug/dL (D)	4.33	4.33	2.44
Average benefit per resident child (E = A x B x C x D)	\$21,195	\$16,275	\$7,251
<b>Benefit in Units without Lead Paint on Window Surfaces</b>			
Lead dust hazard prevalence (F)	N.A.	17%	6%
Avoided ug/dL (G)	N.A.	2.44	1.98
Average benefit per resident child (H = A x B x F x G)	N.A.	\$3,626	\$1,038
Percent of single-pane window housing units with lead paint on interior window surfaces (I)	100%	40%	19%
<b>Weighted Average Benefit per resident child (J = (E x I) + (H x (1 - I)))</b>	<b>\$21,195</b>	<b>\$8,685</b>	<b>\$2,219</b>
Number of Children ages 6-30 months per unit (K)	0.068	0.069	0.060
Number of Children ages children ages 6-18 months per unit (L)	0.034	0.0345	0.030
Year 1 Average Benefit per unit (J x K)	\$1,441	\$599	\$133
Years 2-10 Average Benefits per unit (J x L)	\$721	\$300	\$67
<b>Present Value Benefit per unit over 10 years</b>	<b>\$6,847</b>	<b>\$2,847</b>	<b>\$632</b>



# Green Remodeling Strategies

## Indoor Air Quality

No water problems, no mold





# Green Remodeling Strategies

## Durability

Rain water control—  
100 details



**BOWA Builders, Inc.** DISCOVER THE DIFFERENCE

**Window Flashing**

**Step 2: Sill Pan [for all windows] Continued**

2.3: Apply 12" long Flex Wrap in each corner.  
—6" up side, 6" along bottom.

About 3" out is the max—gets difficult to smooth.

**Option 1:** use Flex Wrap for the whole Sill Pan:



# Green Remodeling Strategies

## Durability

Keep the water away:

Overhangs

Gutters

Grading





# Green Remodeling Strategies

## Durability

Wood needs shelter

Brick & Stone

Fiber Cement

PVC trim





# Green Remodeling Strategies

## Durability

Roofing material





# Green Remodeling Strategies

## Materials

Reduce

Remodel

Deconstruct & Salvage

Recycle

...then choose lower-impact materials

**REDUCE**

**REUSE**

**RECYCLE**





# Green Remodeling Strategies

## Materials

### Deconstruct & Salvage



# Green Remodeling Strategies

## Materials

### Lower Impact





# Green Remodeling Strategies

## Materials

Local





# Green Remodeling Strategies

## Water Conservation

EPA Water Sense

- Shower Heads: 2300 gal
- Toilets: 4000 gal
- Irrigation: 30-70%





# Green Remodeling Strategies Save the Bay

“Scientists have found that nutrient and sediment pollution are the largest threats to water quality in the Chesapeake Bay watershed.”

—Chesapeake Bay Foundation





# Green Remodeling Strategies

## Save the Bay

Control stormwater

Minimize impervious area

Landscape w/swales, raingardens, filtration areas





# Green Remodeling Strategies

## Save the Bay

Tree protection

Native plants





# A Green Remodel





# A Green Remodel



# A Green Remodel





# A Green Remodel





# A Green Remodel





# A Green Remodel





# A Green Remodel



# A Green Remodel





# Green Remodeling Strategies

Dozens of goals,  
dozens of  
strategies...





# Green Remodeling

## Our Path Today:

### Green Strategies

- Energy
- Indoor Air
- Resources

### Green Guidelines

- ENERGY STAR***
- REGREEN***
- NGBS/LEED***





Green Remodeling

# Green Guidelines





# Green Guidelines

# ENERGY STAR



- A group of energy programs & tools
- [www.energystar.gov](http://www.energystar.gov)





Green Guidelines

ENERGY STAR



Home Performance with  
ENERGY STAR  
is for existing homes





# Green Guidelines

## ENERGY STAR



- Windows
- Appliances
- Lighting
- ...and New Houses



# REGREEN Residential Remodeling Guidelines

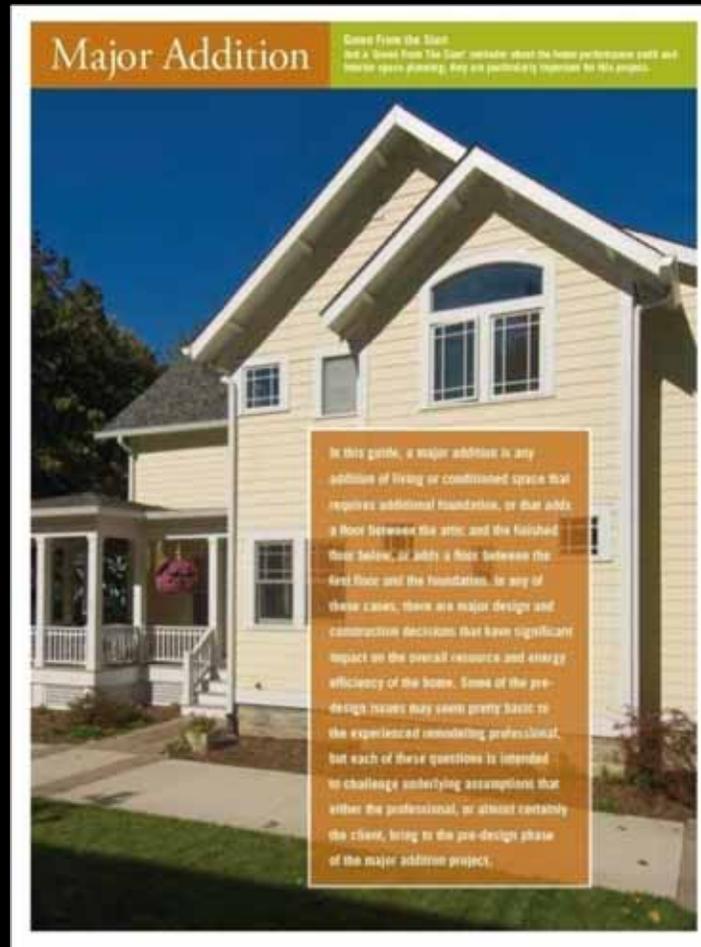
**REGREEN**  
ASID & USGBC



[www.regreenprogram.org](http://www.regreenprogram.org)

Photograph by Charles Miller, Fine Homebuilding

# Green Guidelines: REGREEN





# Green Guidelines: REGREEN

## Integrated Pre-Design Issues

### Reconfiguring Existing Space vs. an Addition

**Is it really necessary to add square footage to the home?**

The greenest option is usually to adapt existing space in a home to new needs instead of adding new space, so this option should be carefully evaluated before moving ahead with an addition.

### Size Matters

**Is the new space no bigger than needed?**

Assuming that all of the possibilities to reconfigure existing space to meet the client's needs have been exhausted and an addition has been identified as the way to go, it can be tough to resist the temptation to "add big" especially since the client may only have

pipes from existing engineer or energy needed to achieve

### Getting the Stor

**Is the new space people, or things.**

Let's face it—most phenomenon in an it is not unusual for configured as fully with adequate stor and temperature c





# Green Guidelines: REGREEN

## strategies



### Project Scope

#### Includes:

- Passive solar design considerations
- Foundation
- High performance building envelope
- Advanced framing
- Integration/analysis of mechanical needs of new and existing space
- Lighting and electrical

### Strategies by Building System

#### General Design and Construction Strategies

- Ensure durability IDP1
  - Conduct a home performance audit IDP2
  - Optimize energy performance during design IDP3
  - Manage noise IDP4
  - Design with air quality in mind IDP5
  - Design for a sustainable lifestyle IDP6
  - Employ universal design IDP7
  - Optimize interior layout IDP8
- 



# Green Guidelines: REGREEN

## General Design and Construction Strategies

### 1. Ensure durability

#### Strategy included in: All Projects

Durability applies to design, materials and construction. It means combining these in such a way that the project responds to forces that challenge its durability—water, wind, ultraviolet radiation, pests, use and abuse, natural disasters. It is also about designing a project with lasting aesthetics and utility.

Ensuring durability involves quality assurance (of design and material selection) and quality management (construction). To ensure durability, carry out a Durability Evaluation, such as that called for in the LEED for Homes program or the building assessment form listed as an appendix to this Guide.

#### Potential Issues:

Designing for durability is about integrating energy efficiency with indoor air quality, energy efficiency with moisture management, and materials selection with all three. In remodeling, it is also about integrating all of these for the new work with the existing home.

#### Related Strategies:

IDP5, IDP9, IDP13, IDP19, IDP24, IDP25, MR119, MR120, MR124, IEQ166, IEQ167

#### References/Resources:

“Read This Before You Design, Build, Or Renovate”  
[www.buildingscienceconsulting.com/resources/mold/](http://www.buildingscienceconsulting.com/resources/mold/)  
(particularly the introductory section, “The Building Connection”)

LEED for Homes Innovation and Design Process Credit 2  
[www.usgbc.org/ShowFile.aspx?DocumentID=2267](http://www.usgbc.org/ShowFile.aspx?DocumentID=2267)



# Green Guidelines: REGREEN

**REGREEN**  
ASID & USGBC

ABOUT

**RESOURCES**

GREEN REMODELS

EDUCATION



**GREEN RESIDENTIAL  
REMODELING**



**TAKE IT WITH YOU:**  
[Download](#) our Green  
Guidelines in a portable

## GREEN MY PROJECT TOOL

Green your project with the REGREEN Strategy Generator. Simply plug in the scope and goal of your retrofit project and the Strategy Generator will generate a list of appropriate green measures to implement, custom-tailored for your project.



### Remodeling Strategies

**Filter the strategies:**



# Green Guidelines

## REGREEN Residential Remodeling Guidelines



<http://www.regreenprogram.org/>





# Green Guidelines: NGBS



National Green Building Standard  
(ICC-700)

- Developed by NAHB, USGBC, ICC

[www.nahbgreen.org/ScoringTool.aspx](http://www.nahbgreen.org/ScoringTool.aspx)





# Green Guidelines: NGBS



## Remodeling Provisions

- New spaces: meet the same standards as new green homes
- Existing house: 25% reduction in energy & water use—or meet current code



# Green Guidelines: NGBS



GREEN BUILDING PRACTICES	POINTS
<p><b>602.11</b> An enhanced foundation waterproofing is installed:</p> <ul style="list-style-type: none"><li>(1) Rubberized coating, or</li><li>(2) Drainage mat.</li></ul>	<b>4</b>
<p><b><i>Addition and Renovation Note:</i></b> Section 602.11 applies to the new construction portion of additions, and to renovations that involve the demolition/reconfiguration of exterior walls, modification of the foundation wall, or an effort to improve foundation waterproofing.</p>	<b><i>Addition 0 Additional Points Renovation 2 Additional Points</i></b>

# Green Guidelines: NGBS

**Table 304**  
**Threshold Point Ratings for Green Buildings**

Green Building Categories			Performance Level Points <sup>1,2</sup>			
			BRONZE	SILVER	GOLD	EMERALD
1.	Chapter 5	Lot Design, Preparation, and Development	39	66	93	119
2.	Chapter 6	Resource Efficiency	45	79	113	146
3.	Chapter 7	Energy Efficiency	30	60	100	120
4.	Chapter 8	Water Efficiency	14	26	41	60
5.	Chapter 9	Indoor Environmental Quality	36	65	100	140
6.	Chapter 10	Operation, Maintenance and Building Owner Education	8	10	11	12
7.		Additional Points from any category	50	100	100	100
<b>Total Points:</b>			<b>222</b>	<b>406</b>	<b>558</b>	<b>697</b>

1. In addition to the threshold number of points in each category, all mandatory provisions of each category shall be implemented.

2. For dwelling units greater than 4,000 square feet, the number of points in Category 7 (Additional Points from any category) shall be increased in accordance with Section 601.1. Total Points shall be increased by the same number of points.



# Green Guidelines: LEED for Homes

- US Green Building Council
- New homes or gut remodels only



[www.usgbc.org/leed/homes](http://www.usgbc.org/leed/homes)





# Green Guidelines: Earth Craft

- Southface Institute (Atlanta): climate appropriate
- Excellent builder training
- [www.earthcraftvirginia.org](http://www.earthcraftvirginia.org)





# Green Guidelines

Points-based systems:

- Complex
- Help focus & balance Green efforts





# Green Guidelines

- Excellent tools
- Product of thousands of hours of effort
- We're lucky to have them!





# Green Remodeling: Summary

## Key Recommendations:

- Home Energy Audit
- "REGREEN" Tool
- Points-Based Tools: LEED, NGBS, Earth Craft





# Green Remodeling

Green Building Workshop Series: Workshop 1



Doug Horgan

LEED AP Homes, CGP, CGR, GCP

BPI Certified Building Analyst

Vice President, BOWA

[www.bowa.com](http://www.bowa.com)

Questions?



# Incentives to help you with retrofits

## Local Utility programs

- Dominion
  - CFL price reductions (residential)
  - HVAC and lighting upgrade rebates (commercial)
- Washington Gas
  - Rebates for gas hot water retrofit, programmable thermostats, and home energy system check ups

## Virginia programs

- ENERGY STAR and WaterSense appliance tax free holiday
- Solar energy equipment tax exemption (residential & commercial)
  - offered by City of Alexandria

## Federal programs

- Tax credits for residential efficiency and renewables installations
- Tax deductions for commercial buildings that reduce energy use

**FIND OUT MORE AT ALEXANDRIA'S GREEN BUILDING RESOURCE CENTER (<http://alexandriava.gov/gbrc>)**



## Resources from Workshop 1: Greening Your Home, Apartment or Small Business

[www.alexandriava.gov](http://www.alexandriava.gov)

[www.amicusgreen.com](http://www.amicusgreen.com)

[www.bowa.com](http://www.bowa.com)

[www.energystar.gov](http://www.energystar.gov)

[www.buildinggreen.com](http://www.buildinggreen.com)

[www.buildingadvisor.com](http://www.buildingadvisor.com)

[www.regreenprogram.org](http://www.regreenprogram.org)

[www.nahbgreen.org](http://www.nahbgreen.org)

[www.usgbc.org/leed/homes](http://www.usgbc.org/leed/homes)

[www.earthcraftvirginia.org](http://www.earthcraftvirginia.org)

[www.vsbnet.org](http://www.vsbnet.org)

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CENTER (<http://alexandriava.gov/gbrc>)**

