

Changing your behavior can greatly impact the world around you!

FACT: If the atmosphere is polluted by ground level ozone, lung function can be reduced by as much as 20%.

TIP: **On Code Orange and Red days, avoid driving and use public transit.**

FACT: Mowing for one hour with a gas-powered lawn mower causes as much pollution as driving round-trip from D.C. to New York City.

TIP: **Use earth-friendly lawn mowers, such as an electric or battery powered mower, a non-motorized push mower or a new gasoline-powered mower.**

FACT: Each year cars and trucks travel more than 38 billion miles on U.S. roads, accounting for 30-40 percent of ozone-causing pollutants.

TIP: **Use public transit or rideshare for as many trips as possible.**

FACT: Evaporating fuel creates ozone-causing vapors.

TIP: **Refuel your vehicle after dusk.**

FACT: Motor vehicles account for 25% of all U.S. carbon dioxide (CO₂) emissions, the primary global-warming gas.

TIP: **Be part of the solution, use public transit.**

Participating Agencies



Metrobus
202-637-7000
TDD 202-638-3780
www.wmata.com



Alexandria Transit Co. (DASH)
703-370-3274
www.dashbus.com



Arlington Transit
703-228-RIDE
www.ArlingtonTransit.com



City of Fairfax CUE
703-385-7859
www.cuebus.org



Fairfax Connector
703-339-7200
TTY 703-339-1608
www.fairfaxcounty.gov/connector



City of Falls Church GEORGE
202-637-7000
TDD 202-638-3780
www.ci.falls-church.va.us/george



Loudoun County Transit
703-771-5665
www.loudoun.gov/bus



PRTC
703-730-6664
www.prtctransit.org



Virginia Regional Transit
540-338-1610
Toll Free 877-777-2708
www.vatransit.org

Be Part of the Solution
Reduce Ozone Pollution!



Ride the bus
FREE
in Northern Virginia
on forecast
Code Orange and Red
Bad Air Days.



www.ridefreenova.org

Did you know...

Air Quality Action Days occur when the pollution levels of ground-level ozone, particulate matter, sulfur dioxide, nitrogen dioxide and carbon monoxide exceed health standards.

The Washington, D.C. metro area is ranked 12th worst in the U.S. for short-term particle exposure and 21st for year round exposure to particulate matter (PM). PM does not take long to react with living tissue and other compounds. In fact, particle pollution is responsible for tens of thousands of premature deaths in the U.S. each year.

Our region is also ranked 11th worst for ozone pollution and almost half of the U.S. population lives in areas with unhealthy ozone levels. Vehicles, smokestacks, household products, as well as lawn, garden, farm, and construction equipment are all ground level ozone producers.

Vehicles also emit carbon dioxide, the primary global warming gas. Gas emissions from burning fossil fuels remain in the atmosphere for decades or even centuries creating what scientists call global warming. Global warming heats the surface of the earth and leads to increased health risks and increasingly severe weather.

You can be part of the solution and reduce ozone pollution!

Just leave your car at home and take the bus to work, shop, and play. It's easy and it's FREE on forecast Code Orange and Red Bad Air Days in Northern Virginia!

Go to www.ridefreenova.org for details.

How To Ride Free:

1. From May 1st – September 15th, tune into your local radio or television stations to hear the air quality forecast for the next day. If a Code Orange or Red day is forecast for the next day, you RIDE FREE. Or go to www.ridefreenova.org for the air quality forecast.
2. Go to any bus stop in Northern Virginia (see participating agencies list on the back of this brochure) and hop on. Fareboxes will be covered with a red plastic bag as a reminder not to pay.

Planning your trip:

Planning your trip ahead of time is fast and easy. You can choose from a variety of options:

- Use the Trip Planner at www.wmata.com.
- Visit web sites listed on the back of this brochure to get bus schedules and maps.
- Call the participating bus system for support with planning your trip.
- Download electronic schedules to your PDA or internet ready device at www.commuterpage.com/handheld and have schedules in the palm of your hand right when you need them most.



Riding the Bus is Easy:

1. Read the schedule for the correct day of the week and direction of travel.
2. Check the route number and destination location on the exterior display of the bus before boarding.
3. If you need assistance boarding the bus, ask the driver to lower the bus to the curb or to use the wheelchair lift. You do not have to be in a wheelchair to use the lift.
4. When you near your destination, pull the cord or press the stop button to signal the driver. Remember to allow sufficient time for the driver to stop.