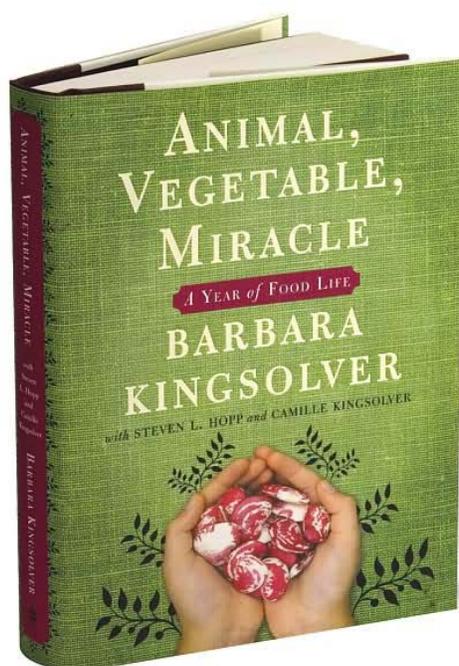


All ALEXANDRIA READS 2009

Growing as One City!



ALEXANDRIA LIBRARY INVITES ITS COMMUNITY TO READ
Animal, Vegetable, Miracle:
***A Year of Food Life* BY BARBARA KINGSOLVER**

LIST OF EVENTS INSIDE



CHARLES E. BEATLEY, JR.
CENTRAL LIBRARY
5005 Duke Street
703.519.5900

KATE WALLER BARRETT
BRANCH LIBRARY
717 Queen Street
703.838.4555

ELLEN COOLIDGE BURKE
BRANCH LIBRARY
4701 Seminary Road
703.519.6000

JAMES M. DUNCAN, JR.
BRANCH LIBRARY
2501 Commonwealth Ave.
703.838.4566

ABOUT ALL ALEXANDRIA READS

Facilitated by Alexandria Library, this program is a community-based reading cooperative designed to create a dialog through reading.

All are invited to read the featured title and similar books for younger readers. From April to May, join the events and discussions that relate to the themes of *Animal, Vegetable, Miracle*.

ABOUT ANIMAL, VEGETABLE, MIRACLE

From *Publishers Weekly*:

“Novelist Kingsolver recounts a year spent eating home-grown food and, if not that, local... the Kingsolver clan grow a large garden... make pickles... mozzarella... jar tomatoes, braid garlic and stuff turkey sausage. Nine-year-old Lily runs a heritage poultry business... they feast on root crops and canned goods.

Kingsolver takes the genre to a new literary level; a well-paced narrative. Her tale is both classy and disarming, substantive and entertaining...Kingsolver is not the first to note our national "eating disorder"...

The narrative is peppered with useful sidebars on industrial agriculture and ecology (by husband Steven Hopp) and recipes (by daughter Camille), as if to show that local food—in the growing, buying, cooking, eating and the telling—demands teamwork.”

SIMILAR BOOKS FOR YOUNGER READERS

A Picture Book for our Youngest Readers
Growing Vegetable Soup by Lois Ehlert

A Gardening Series for Elementary Students
The *Jackson Jones* series by Mary Quattlebaum

A Work of Fiction for Young Adults
Seedfolks by Paul Fleischman

All Alexandria Reads is made possible through a generous grant from the
**JAMES M. DUNCAN, JR.
LIBRARY FOUNDATION, INC.**

BEATLEY CENTRAL - 5005 DUKE STREET

My Pyramid Choices for Kids

Saturday, April 11 @ 11 am (for ages 6 to 11)

Nutrition fun offered by Virginia Cooperative Extension.

My Pyramid Choices for Adults

Thursday, April 23 @ 6:30 pm

Nutrition info offered by Virginia Cooperative Extension.

Grow Your Own Pizza

Tuesday, April 28 @ 6:30 pm (for families)

Virginia Cooperative Extension shows how to make a nutritious and delicious pizza from your own garden.

“Howe” to Eat More and Weigh Less

Wednesday, May 20 @ 7 pm

Nutritionist Jennifer Moore Howe offers secrets to identify the foods that weigh us down and then ease in foods that strengthen and create more energy.

Gardening with Children

Saturday, May 23 @ 11 am (for ages 6 to 11 with an adult)

A family that gardens together, grows together. Limited to 15 pairs of participants. Please call to register with the Master Gardener HelpLine 703-228-6414.



**ALEXANDRIA LIBRARY
AND**

WHOLE FOODS MARKET - Old Town

CELEBRATE EARTH DAY TOGETHER!

LEARN ABOUT LOCAL FOOD!

**THIS EARTH DAY REDUCE YOUR
CARBON FOOTPRINT AND GO LOCAL.**

WEDNESDAY, April 22, 5-7 pm

**WHOLE FOODS MARKET ALEXANDRIA HOSTS
A TASTING OF LOCAL FOODS.**

**FREE. All Ages. No registration.
1700 DUKE STREET ~ 703-706-0891**

BARRETT BRANCH - 717 QUEEN STREET

Food & Energy - Mia Health Now

Saturday, April 18 @ 1 pm

Learn what types of foods you should eat to help you have more energy every day. Limited to 20 participants. Please call to register with Diana at 703-838-4555 x221.

Tea Tasting with Great Falls Tea Garden

Saturday, April 18 @ 11 am

Chef Laurie Bell shares the world of tea. Samples available for tasting and to take home. Limited to 15 participants. Please call to register with Diana at 703-838-4555 x221.

Green Smoothies 101

Wednesday, April 22 @ 7 pm

Learn about the power of green smoothies, their cleansing ability, how to make them and how they can energize your life in this interactive workshop! Limited to 20 people. Please call to register with Diana at 703-838-4555 x221.

Mini Herb Garden Workshop

Saturday, May 2 @ 2 pm (for adults only)

Learn how to grow organic herbs for cooking and aromatherapy. Limited to 15 participants. Please call to register with Diana at 703-838-4555 x221.

Grow Your Own Pizza

Wednesday, May 6 @ 7 pm (for families)

Virginia Cooperative Extension shows how to make a nutritious and delicious pizza from your own garden. (no sign up)

Animal, Vegetable, Miracle at Your Kitchen

Wednesday, May 20 @ 7 pm

La Cuisine demonstrates how to cook with the themes of *Animal, Vegetable, Miracle*. Limited to 20 participants. Please call to register with Diana at 703-838-4555 x221.

BURKE BRANCH - 4701 SEMINARY ROAD

My Pyramid Choices for Kids

Saturday, April 11 @ 2 pm (for ages 6 to 11)

Nutrition fun offered by Virginia Cooperative Extension.

Gardening with Children

Saturday, April 18 @ 2 pm (for ages 6 to 11 with an adult)

A family that gardens together, grows together. Limited to 15 pairs of participants. Please call to register with the Master Gardener HelpLine 703-228-6414.

Local Foods Spanish Cooking Class

Saturday, April 25 @ 2 pm

Virginia Cooperative Extension demonstrates cooking with Latino flavor and flare.

Grow Your Own Pizza

Saturday, May 2 @ 2 pm (for families)

Virginia Cooperative Extension shows how to make a nutritious and delicious pizza from your own garden.

DUNCAN BRANCH - 2501 COMMONWEALTH AVENUE

Compost Critters

Monday, April 20 @ 3:30 pm (for children in grades 2 - 5)

Miss Peggy shows how bugs aid in composting. Limited to 25 participants. Please call to register with Renee at 703-838-4566 x11.

My Pyramid Choices for Kids

Tuesday, April 28 @ 3 pm (for ages 6 to 11)

Nutrition fun offered by Virginia Cooperative Extension.

Healthy Eating on the Go

Wednesday, April 29 @ 7 pm

Nutritionist Jennifer Moore Howe explains how to make healthy food choices for those pressed for time.

Grow Your Own Pizza

Saturday, May 9 @ 10 am (for families)

Virginia Cooperative Extension shows how to make a nutritious and delicious pizza from your own garden.

Tea Tasting with Great Falls Tea Garden

Saturday, May 9 @ 11 am

Chef Laurie Bell shares the world of tea. Samples available for tasting and to take home. Limited to 15 participants. Please call to register with Renee at 703-838-4566 x11.

The Not So Secret Lives of Bees

Saturday, May 9 @ 2 pm (for families)

A beekeeper gives you the buzz on bees and honey to taste.

Gardening with Children

Wednesday, May 13 @ 3 pm (for ages 6 to 11 with an adult)

A family that gardens together, grows together. Limited to 15 pairs of participants. Please call to register with the Master Gardener HelpLine 703-228-6414.

Mini Herb Garden Workshop

Tuesday, May 19 @ 7 pm (for ages 13 and older)

Learn how to grow organic herbs for cooking and aromatherapy. Limited to 25 participants. Please call to register with Renee at 703-838-4566x11.

Food Chains: You Are What You Eat

Saturday, May 30 @ 2 pm (for families)

Learn how we are all connected in the web of life through the food we eat.

BOOK DISCUSSION GROUPS

DISCUSSION GROUPS WILL FOCUS ON

THE BOOK, *ANIMAL, VEGETABLE, MIRACLE*

WEDNESDAY, APRIL 8

BARRETT BRANCH

MONDAY, APRIL 20

DUNCAN BRANCH

THURSDAY, APRIL 30

BURKE BRANCH

ALL BOOK DISCUSSION GROUPS BEGIN @ 7 PM.
REFRESHMENTS PROVIDED BY WHOLE FOODS MARKET.

All Alexandria Reads is made possible through a generous grant from the **JAMES M. DUNCAN, JR. LIBRARY FOUNDATION, INC.**

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Amy Arnold, vitalself.com

BARNES & NOBLE
BOOKSELLERS



LA CUISINE
THE COOK'S RESOURCE™

Jennifer Moore Howe
Howe to Eat

Mia Health Now



**Virginia
Cooperative
Extension**



QUESTIONS TO THINK ABOUT WHILE READING KINGSOLVER'S *ANIMAL, VEGETABLE, MIRACLE*:

1. Fruits and vegetables can travel an average of 1500 miles before they reach a dinner table. How do you think this affects flavor, nutrition, and the carbon footprint?
2. What are some things urbanites can do with their food supply without moving to a farm as Kingsolver did?
3. Is this book changing the way you think about food? Are you convinced that the book is factually correct? Can there be another side to this story? If so, where have you heard this perspective?
4. How do Stephen Hopp's sidebars contribute to the narrative? Do you feel Camille's comments and recipes are useful? Do they enhance or detract from the central messages of the book?
5. How can small farmers and local markets compete with agro business? How can the individual consumer have an impact or is agro business too big and powerful?
6. Do you think this nonfiction book would be more convincing if it were written by a better known scientist? Does the fact that Kingsolver is a best-selling novelist add or detract from her message?

Visit Alexandria Library or its website for more info on this book, this program, other books, and other programs.



www.alexandria.lib.va.us

