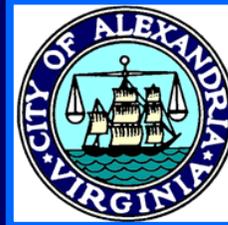


PRESCHOOL PREVENTION TEAM

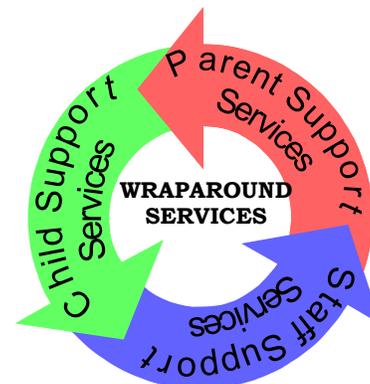
ALEXANDRIA COMMUNITY SERVICES BOARD



The **Preschool Prevention Team** promotes healthy social emotional development of children ages zero to five through a continuum of care that strengthens caregiver-child relationships in collaboration with Alexandria's early childhood community.

Over the past ten years the Preschool Prevention Team:

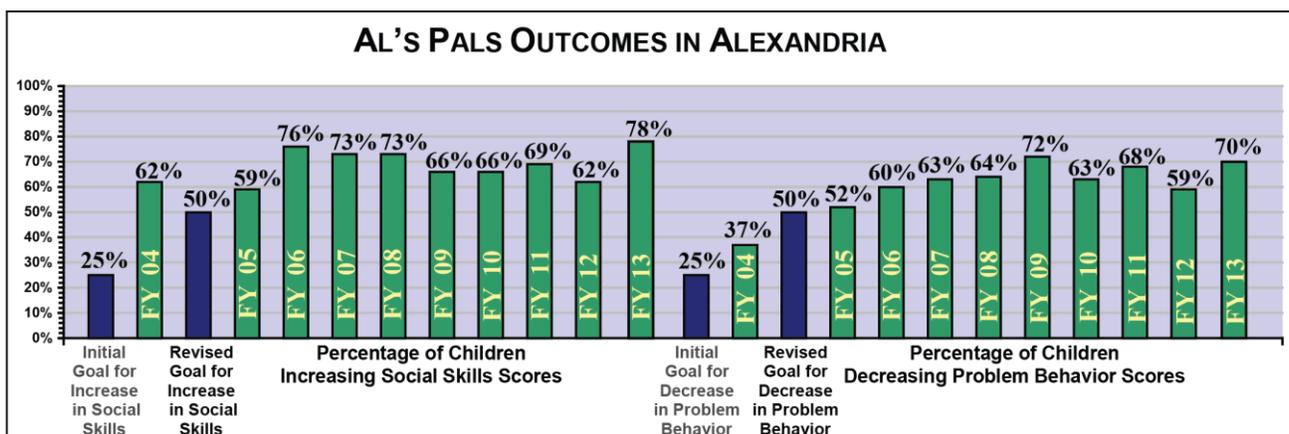
- conducted 872 preschool staff and parent workshops,
- facilitated 1259 interactive caregiver/child play groups,
- provided 2873 child and classroom observations,
- provided 9992 parent and staff consultations,
- conducted 3403 child and family therapy sessions,
- supported the implementation of *Al's Pals: Kids Making Healthy Choices* with 3930 children, expanding from 14 classrooms serving high risk preschool students the first year to 40 in FY 13,
- provided 63 first-time consultations to parents in FY 2013.



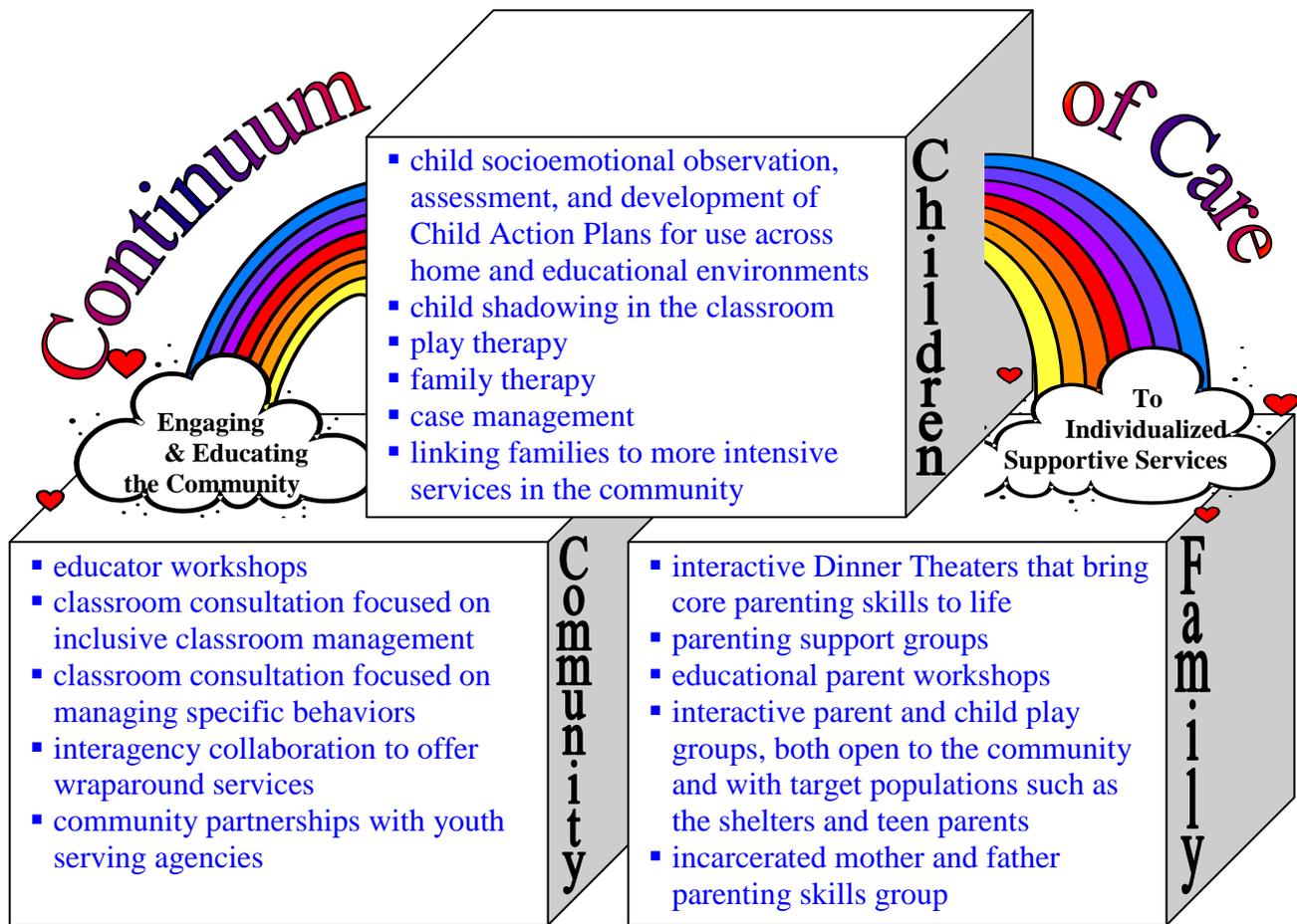
Al's Pals, funded by the Virginia Foundation for Healthy Youth, is a classroom program with 46 lessons that uses puppet-led discussions, songs, and interactive materials to teach positive coping strategies. Children practice positive ways to:

- express feelings,
- communicate effectively and appropriately,
- accept differences and care about others,
- differentiate between safe and unsafe situations, *and*
- solve problems peacefully.

Al's Pals parent letters relay information about skills children are learning and how to support positive social skills at home. ***Al's Pals works!***



Parents, school staff and community partners consistently report nearly 100% satisfaction with the quality, effectiveness and accessibility of Preschool Prevention Team services. Individual, family, group and classroom services are free and offered at locations and times convenient for families. For more information contact Lib Gillam at 703-746-6009 or lib.gillam@alexandriava.gov.



Community playgroups provide opportunities for children and their caregivers to practice new skills and promote healthy attachment during floortime exploration.



Visit from Senator Ticer during Al's Pals lesson delivery in local preschool.



A visit from Governor McDonnell to a local shelter playgroup provided by the PPT to support families in residence.

MEET THE PRESCHOOL PREVENTION TEAM

Lib Gillam, Licensed Clinical Social Worker & Preschool Prevention Team coordinator, brings more than 20 years of experience working with children and families.

Arika VanBrunt, Licensed Professional Counselor and Registered Art Therapist, has been working with children and families for 15 years.

Margaret Clemson, Masters level therapist, brings experience supporting children and families in a broad range of home and community settings.