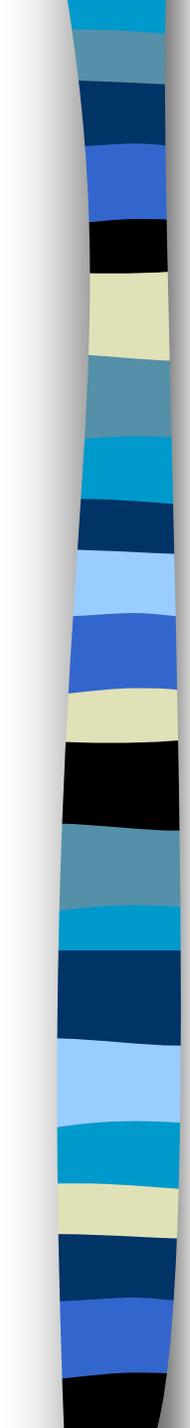


Overview of Alexandria Community Services Board Services for Youth

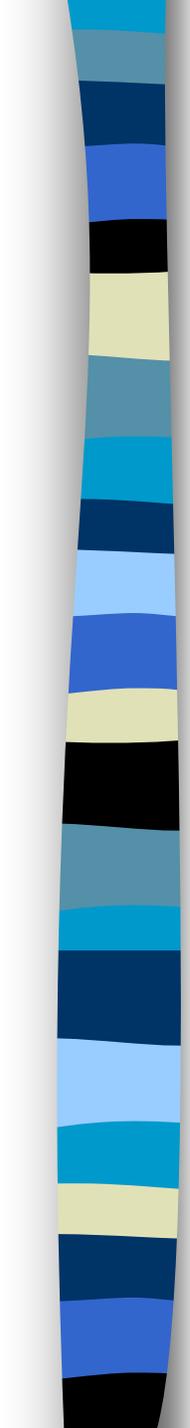


Meeting of the Mental Health/Substance
Abuse Work Group
August 16, 2006



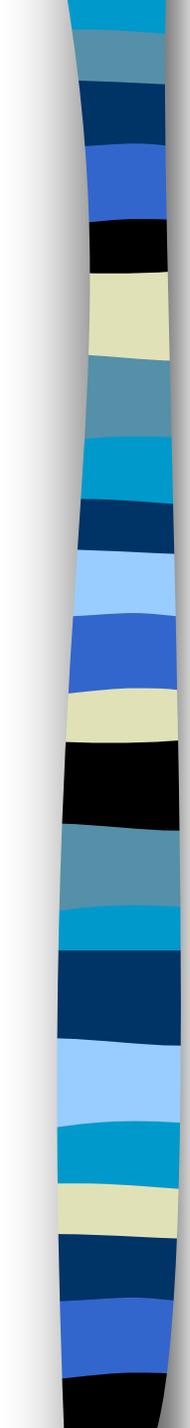
Alexandria Community Services Board (ACSB)

- Oversees the provision of the public mental health, mental retardation and substance abuse services for residents of the City of Alexandria
- Known by some as MH/MR/SA or Mental Health Center
- Service fees are based on consumer income and ability to pay, no charge for prevention services
- Youth can seek services without parent/guardian, although we work to include family in services



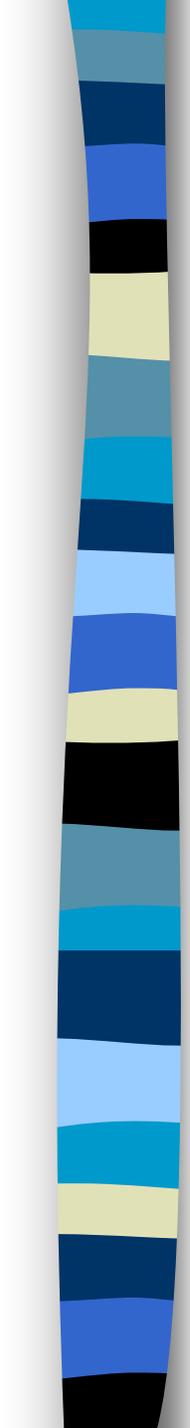
Child, Family & Prevention Division

- Division Director: Deborah Warren, DCSW, 703-838-6400 ext 166
- Services include:
 - Intensive In-Home Services
 - Outpatient Services
 - No. Virginia Juvenile Detention Home Services
 - System of Care/Project BEST
 - School-Age Prevention Team
 - Fatherhood Program
 - CATCH
 - Child Advocacy Center
 - Preschool Prevention Team
 - Parent Infant Education



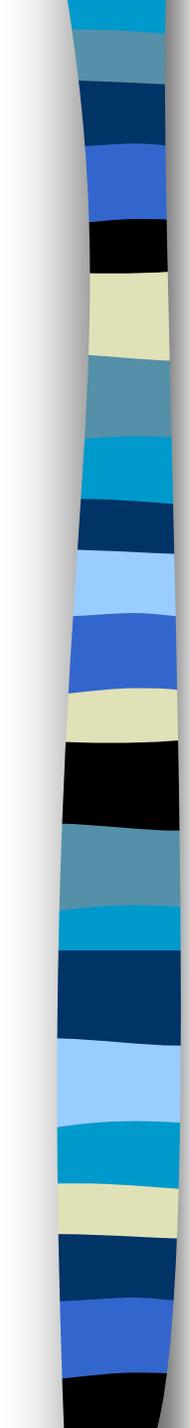
Emergency Services

- Provides 24-hour crisis intervention on the phone or in person, and as needed, places persons in the hospital
- Is available to consult with service providers, parents and/or youth when there is concern about youth harming him/herself and/or others or if a youth is disorganized or out of control
- Call 703-838-6400; after office hours the answering service will page an emergency services clinician
- Supervisor is Dottie McCarron, LCSW



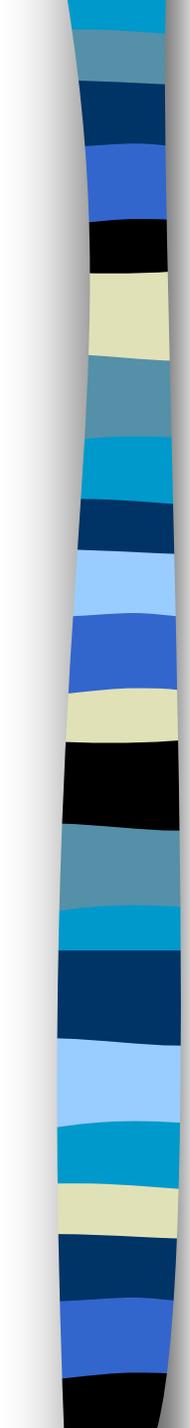
Intensive In-Home Services

- Team of clinicians intensively assists families who are in crisis and/or at risk of having child removed – services are home/community based
- Services include: clinical assessment, ongoing review of treatment plan, medical examination, psychiatric consultation, medication management, therapy, case management, access to emergency services, psychological testing, other agency collaboration & consultation, and discharge planning



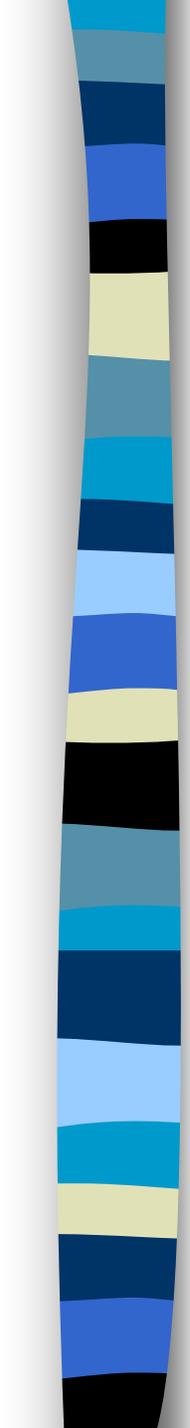
Accessing Intensive In-Home Services

- Youth must have serious emotional or behavior problems that meet certain criteria and be facing impending or actual out-of-home placement
- All referrals go through program team leader, Laurie Meyer, LCSW, 703-838-6400



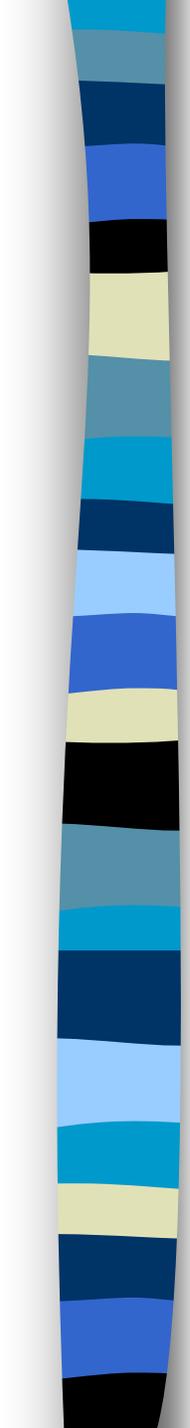
Outpatient Services

- Provides therapeutic services to families where a youth has an emotional, behavioral and/or substance abuse problems – this work is done with the youth, their family and community
- Services provided: assessment, therapy, case management, psychological and psychiatric evaluations, medication management, hospital discharge planning and consultation
- Team is led by Mercedes Wilson Dallas, Ph.D., 703-838-6400



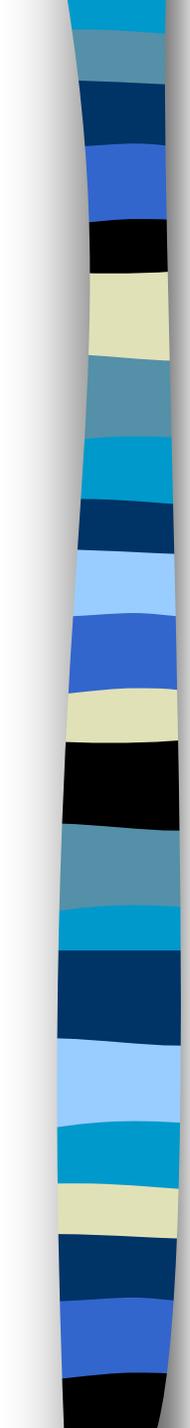
Outpatient: Center-Based Services

- Located at 720 North Saint Asaph Street in Alexandria
- Access services through intake department: 703-838-6400
- Staff includes a child psychiatrist, three licensed clinicians, a case manager and two social work interns



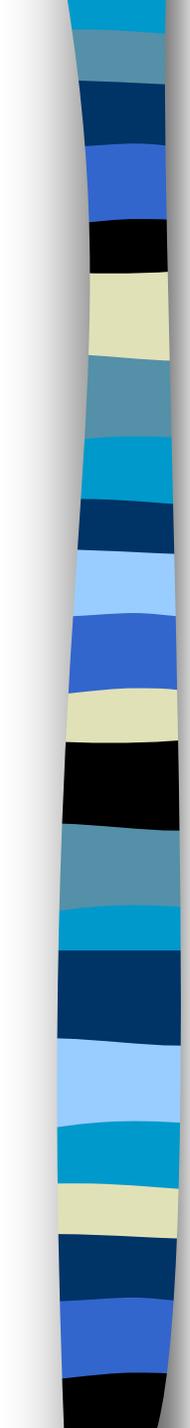
Outpatient: Outpost Services

- Giordana De Altin Popiolek, Ph.D., is based at TC Williams High School, 703-824-6800
- Tara Cordel, LCSW, is based at Minnie Howard 9th Grade Center, 703-824-6755
- Margaret Kirk, MA, and Sompaa Adhya-Taylor, LCSW, are based at the Adolescent Health Clinic 703-519-6006
- Margaret Kirk, MA, is based at Hammond Middle School one day a week, 703-519-6006
- Referrals are accepted through individual clinicians



Services Based in NVJDH – coming soon

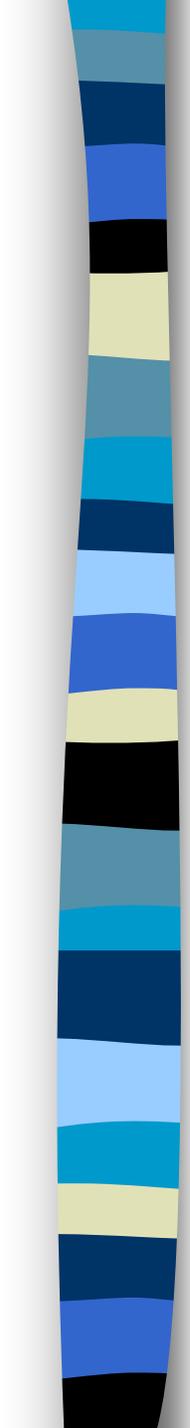
- The CSB was recently awarded a state grant to permanently fund 1.5 positions within the Northern Virginia Juvenile Detention Home
- Projected start date: October 2006
- Contact: Mercedes Wilson Dallas, Ph.D., 703-838-6400



Services Based in NVJDH continued ...

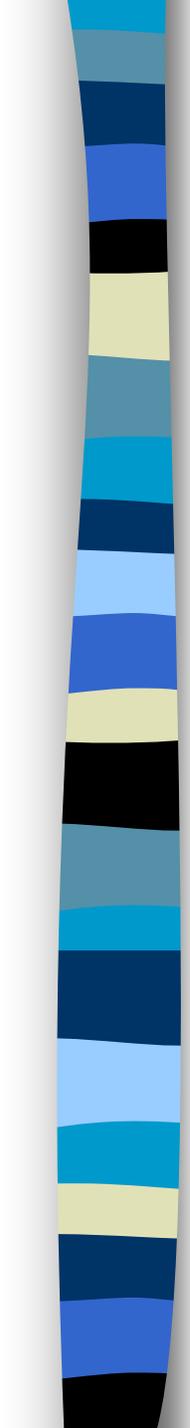
Services will include

- Intensive service coordination & linkage to services
- Individual & family therapy
- Parent support programming
- Crisis management
- Staff training
- Life Skills Training



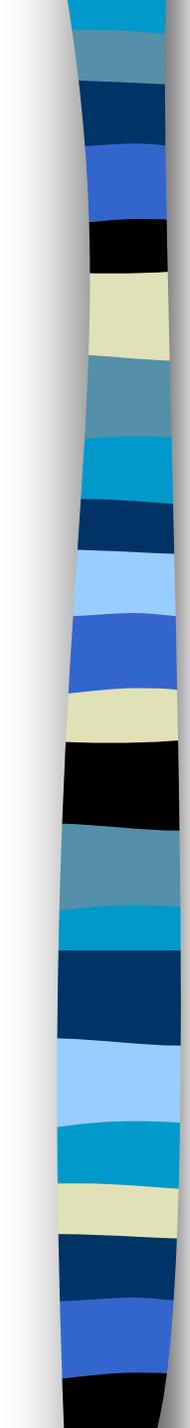
System of Care Services – Coming Soon

- The CSB was recently awarded a state grant to permanently fund *Project BEST* (Bringing Everyone's Strength's Together) which will work to:
 - Prevent youth at risk for residential placement from entering residential placement
 - Support youth who are returning from residential treatment to remain in the community
- Collaborative effort between DHS, Court Services and the CSB
- Projected start date: October 2006



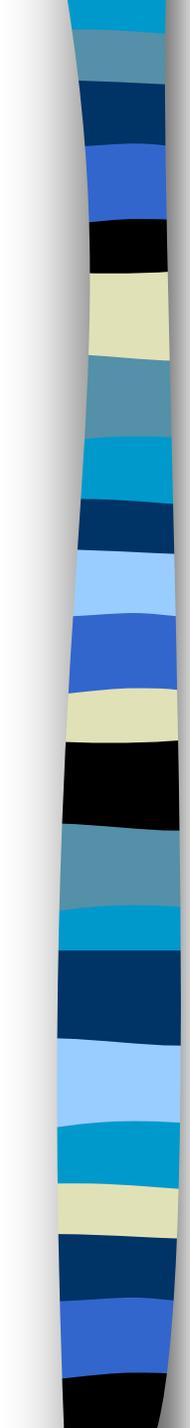
Project BEST continued ...

- Brings five new youth-serving FTE positions
- Includes implementation of two nationally recognized science based programs: Wraparound and Functional Family Therapy
- Includes parent advocacy component
- Contact: Deborah Warren, DCSW, 703-838-6400



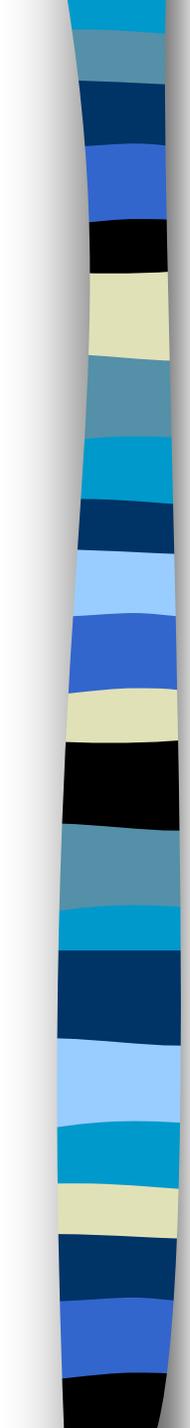
School-Age Prevention Services

- Offers science-based programs, individual and group activities to help youth stay emotionally strong and healthy by building positive life skills
- A sample of current programming: *LifeSkills Training; Al's Pals; Get Real About Violence; Too Good For Drugs; Project Alert; Untouchables; Kids are Terrific Camp; GW Step Team; Decisions 101; Hablamos en Confianza, Peer Advisors*, parenting workshops; peer pressure skills training; anger management workshops; drug, alcohol and tobacco education
- Team is led by Tricia Bassing, LCSW, 703-838-6400 ext 155



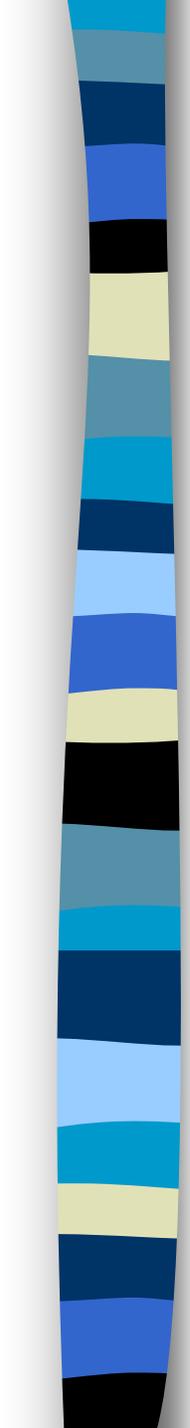
Location of School-Age Prevention Services (see handout for details)

- TC Williams High School
- Secondary Training & Education Program
- Minnie Howard 9th Grade Center
- Hammond Middle School
- George Washington Middle School
- Cora Kelly Elementary School
- Ramsay Elementary School
- Tucker Elementary School
- Charles Houston Recreation Center
- Essex House Apartments
- Community Lodgings Learning Center
- Arlandria Health Clinic Family Center



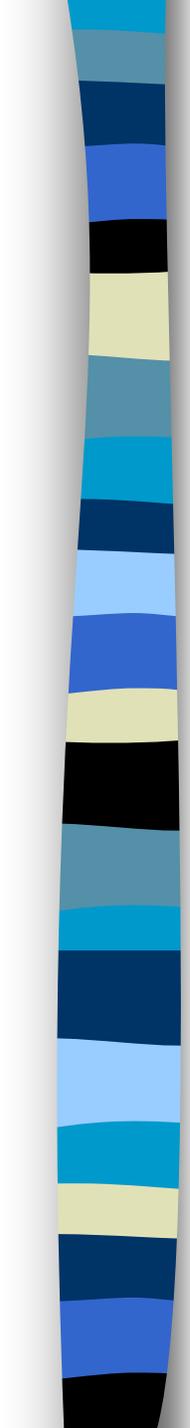
Fatherhood Program

- Classes and individual sessions with teen/young adult fathers in Juvenile Detention and Alexandria Jail
- Purpose is to improve parent/child bonding through teaching infant and early childhood development with emphasis on the crucial role parents play in these early years
- Outreach to at-risk parents in shelters
- Structured parent-child playgroups in community
- Contact: Marge Barrales, 703-838-5066



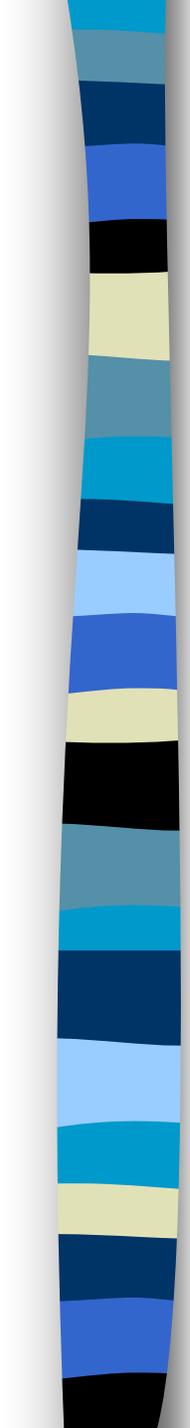
Preschool Prevention Team

- For children ages 3-6, their families and caregivers
- Services include:
 - Parent training and consultation
 - Staff training and consultation
 - Parent and child mental health services
 - AI's Pals, a science-based prevention program
- For consult or referral, contact Lib Gillam, LCSW, 703-838-6400



Location of Preschool Prevention Team Services

- Carpenter's Shelter
- Children's International School
- Almost Home
- Happy Home Child Learning Center
- Creative Playschool – Howard
- Creative Playschool – Windsor
- Child & Family Network Center – Charles Houston
- Child & Family Network Center – Cora Birchmere
- Child and Family Network Center – Cora Kelly
- Hopkins House
- All Head Start Locations



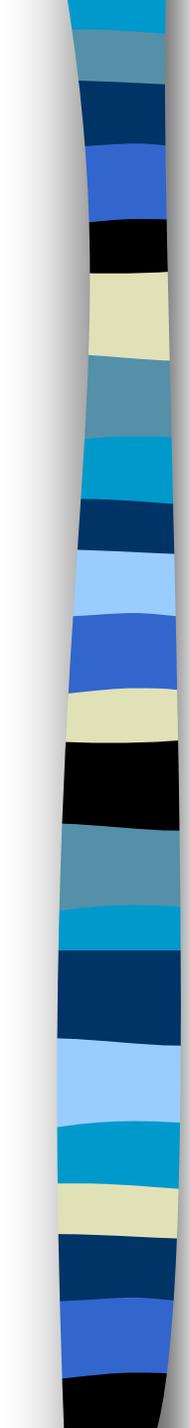
Parent Infant Education

- Provides early intervention services for infants and toddlers, 0-3, including developmental evaluations, service coordination, therapy and educational group activities
- For consultation/referral, contact Robin Crawly, LCSW, at 703-838-5067
- Services are provided in the community and at the office
- Office location is 4480 King Street (same building as Health Department)



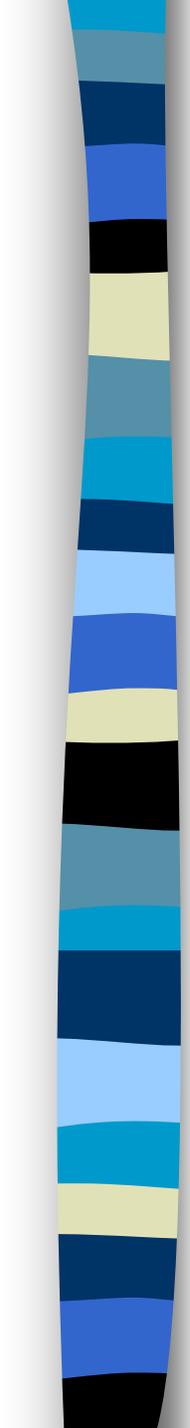
CATCH

- Child Assessment & Treatment Center for Healthy Kids (CATCH) is a new **integrated** service developed in partnership with DHS, Health Dept, CSB & ACPS
- Provides developmental screenings, mental health assessment & treatment, pediatric health evaluations, case management & other services to children aged 0-5 whose families have been involved in a founded abuse, neglect and/or exploitation case
- Located at 4480 King Street
- CATCH Coordinator is Peggy Stypula, 703.838.4708, ext. 339



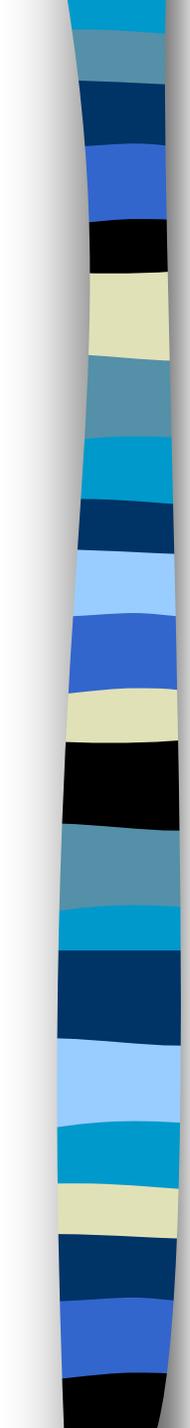
Gang Prevention

- The CSB collaborates closely with multiple city agencies and the City Council's Task Force on Gangs in development of a Citywide gang prevention plan - CSB contact: Deborah Warren, DCSW, 703-838-6400



Coming Soon - CAC

- The Center for Alexandria's Children (CAC) is being developed by a consortium of public and private non-profit agencies and the Alexandria Community Trust
- CAC will be a child-friendly environment where children who are victims of sexual abuse, physical abuse, severe neglect, and witnesses to domestic violence can receive counseling, medical exams, support services, courtroom preparation



Coming Soon - CAC

- Parents will be able to receive family and non-offending caregiver counseling and education
- A site has been located that will serve as a hub for these services
- Projected start date: November 2006
- Contact is Deborah Warren, DCSW, 703-838-6400

Questions?



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